

## MVCAC SOCIAL MEDIA CONTENT CALENDAR

National Mosquito Control Awareness Week - #NationalMosquitoControlWeek  
June 18 - 24, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Launch of National Mosquito Control Awareness Week	Mosquito-borne diseases	Importance of Wearing Insect Repellent	Did You Know...?	Protect Yourself
Posts	<p><a href="#">[LINK TO GRAPHIC]</a> It's National Mosquito Control Awareness Week! According to @CDCgov, people in every U.S. state experience mosquito-transmitted diseases. Together, we need to #FightTheBite #MosquitoWeek</p>	<p><a href="#">[LINK TO GRAPHIC]</a> One mosquito bite can cause West Nile virus which can lead to meningitis and even death. Apply insect repellent after putting on sunscreen to keep you and your loved ones safe. #FightTheBite #MosquitoWeek</p>	<p><a href="#">[LINK TO GRAPHIC]</a> If it's too hot to wear long sleeves and pants, be sure to apply insect repellent containing EPA-registered active ingredients! FightTheBite #NationalMosquitoControlWeek <a href="https://bit.ly/2t1JyLI">https://bit.ly/2t1JyLI</a></p>	<p><a href="#">[LINK TO GRAPHIC]</a> #DYK: West Nile virus is the leading cause of mosquito-borne disease in the continental U.S. Make sure you #FightTheBite #NationalMosquitoControlWeek <a href="https://bit.ly/2uLtHxd">https://bit.ly/2uLtHxd</a></p>	<p><a href="#">[LINK TO VIDEO]</a> Get rid of ALL sources of stagnant water. Even a plant saucer can attract mosquitoes! We need to TIP, TOSS, TAKE ACTION #NationalMosquitoControlWeek <a href="https://bit.ly/1rguy1L">https://bit.ly/1rguy1L</a></p>

<p><a href="#">[LINK TO GRAPHIC]</a>  According to @CDC while there are more than 200 types of mosquitoes in the U.S. Only about 12 types spread germs that can make people sick. #NationalMosquitoControlWeek <a href="https://bit.ly/3aOad0D">https://bit.ly/3aOad0D</a></p>	<p><a href="#">[LINK TO VIDEO]</a>  Invasive Aedes mosquitoes continue to spread throughout CA. Mosquito experts are working hard to control these mosquitoes that can transmit dengue, Zika, chikungunya, and animal heartworm. #FightTheBite <a href="https://bit.ly/3MyGuJx">https://bit.ly/3MyGuJx</a></p>	<p><a href="#">[LINK TO AMCA #PasstheRepellent Video]</a>  Don't forget to #PasstheRepellent this mosquito season and make sure your family and friends are protected from mosquito bites. #MosquitoWeek</p>	<p><a href="#">[LINK TO GRAPHIC]</a>  #DYK: Mosquitoes go through four life stages? A majority of their life stages occur in water! #FightTheBite #MosquitoWeek <a href="https://bit.ly/30uJcZ1">https://bit.ly/30uJcZ1</a></p>	<p><a href="#">[LINK TO GRAPHIC]</a>  Make sure to eliminate standing water in buckets, flowerpots, trash cans, and other containers where mosquitoes can develop from egg to adult. #FightTheBite #MosquitoWeek</p>
<p><a href="#">[LINK TO GRAPHIC]</a>  Thank you @RepJoshHarder for helping raise awareness about how residents can protect themselves from mosquitoes. We appreciate you being a champion of this important public health issue! #MosquitoWeek <a href="https://bit.ly/1t1yHsj">https://bit.ly/1t1yHsj</a></p>	<p><a href="#">[LINK TO GRAPHIC]</a>  Mosquito-borne diseases kill up to 1 million people every year. #NationalMosquitoControlWeek educates people about the world's deadliest animal. <a href="https://bit.ly/3H2inhZ">https://bit.ly/3H2inhZ</a></p>	<p><a href="#">[LINK TO GRAPHIC]</a>  #WestNileVirus is widespread in California. Be sure to dress to protect and use repellent when outdoors! #NationalMosquitoControlWeek <a href="https://bit.ly/2KtqzE6">https://bit.ly/2KtqzE6</a></p>	<p><a href="#">[LINK TO GIF]</a>  Mosquito-borne diseases not only affect humans – they also kill countless birds, reptiles, dogs, horses and endangered species each year. #MosquitoWeek <a href="https://bit.ly/3heM6Xv">https://bit.ly/3heM6Xv</a></p>	<p><a href="#">[LINK TO GRAPHIC]</a>  Make your yard a mosquito-free zone by disposing of discarded tires -- water in tires can produce thousands of mosquitoes. #FightTheBite</p>

Spanish	<p><a href="#">[LINK TO GRAPHIC]</a>          ¡Es la Semana Nacional para Crear Conciencia sobre los Mosquitos! De acuerdo con @CDCgov, hay personas en todo el país que sufren por enfermedades transmitidas por mosquitos.          #SemanadelosMosquitos  <a href="https://bit.ly/2YIKEdx">https://bit.ly/2YIKEdx</a></p>	<p><a href="#">[LINK TO GRAPHIC]</a>          Las enfermedades transmitidas por mosquitos matan hasta a un millón de personas cada año. La Semana Nacional para Crear Conciencia sobre los Mosquitos educa a las personas acerca del insecto más peligroso del mundo          #SemanadelosMosquitos  <a href="https://bit.ly/3fJLwCQ">https://bit.ly/3fJLwCQ</a></p>	<p>#FightTheBite si está haciendo demasiada calor para usar pantalones y mangas largas, asegúrese de usar un buen repelente.          #SemanadelosMosquitos  <a href="https://bit.ly/3rRtS2z">https://bit.ly/3rRtS2z</a></p>	<p>¿Sabías que el Virus del Nilo Occidental es la causa principal de enfermedades transmitidas por mosquitos en Estados Unidos?          #SemanadelosMosquitos</p>	<p><a href="#">[LINK TO GRAPHIC]</a>          Elimina TODOS los criaderos de mosquitos. ¡Incluso el platillo debajo de las plantas puede atraer a los mosquitos! Necesitas: TIRAR, ELIMINAR y TOMAR ACCIÓN          #SemanadelosMosquitos</p>

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