

# - “28 Days To A Client” -




## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. /X	1	Learn from the previous day's mistakes
2. /X	1	Breaking down a copy
3. /X	1	Breaking down an outreach
4. /X	1	Outreaching / FV Creating
5. /X	1	Learn/ Revise/ADAPT WHAT I'VE TYPED DOWN BEFORE while doing TASKs
6. /X	1	Intelligent Brakes every 28 min
7. ✓/	1	Reflect every hour
8. ✓/	1	Spec work / IG / Portfolio
9. ✓/X	2	
10. ✓/X	2	
11. /X	2	Quick Stretching by the night
12. ✓/	2	Working out
13. ✓/X	2	
14. ✓/X	3	
15. ✓/	3	Talking to my friends about shit Being unprofessional in front of my family
16. ✓/	3	Check what unimportant people have text to me in dm and some gropus
17. ✓/X	3	
18. ✓/X	3	
19. ✓/X	3	
20. ✓/X	3	

**Day Number: 4/28**

**Date: 17 March**







**Start Of The Day - Time: 14:41**

	 <b>3 Things That I Am Excited To Have In The Future?</b> 
<b>1.</b>	<b>Independence of the time matrix. Nobody will tell me what to do constantly.</b> <b>So i can go to Dubai and Italy, regardless if I ll be going to school at the mommet</b>
<b>2.</b>	<b>Show my grandpa that I'm a very successful young strong man. Show him how I outstand of today's generation.</b> <b>That I'm an intelligent, caring individual able to protect his closest ones, (his loved one especially) at every moment</b>
<b>3.</b>	<b>An 79' Jaguar XJ-S Coupe. A light gold classic, elegant grand tourer as the first car that I would buy without any worries, because of the large financial backup in less than a month after my birthday</b>

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## **Hour-By-Hour** **Tracking:**

**[Track+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

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## **My War Mode Words:**

**1. I Am Acting With No Limits To My Abilities!**

**2. I Am Being All That I Can Be, Every Hour And Every Day!**

**3. Every Word I Am Saying And Thought I Am Thinking Is Positive!**

**4. I Am Being Enthusiastic About Completing Each Task!**

**5. I Am The Best Copywriter In The World!**

**(Delete Any Boxes Below That Are Before  
The Time That You Start Your Day In Your  
Own Copy)**

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**After getting up, and ready for the day**

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**I am the man in the arena  
who Embrace effort for anything.  
Have fun in investing in myself**

<b>\$ 4 am: Task \$</b>	<b>Determine good prospects Find a new 3 within 13 minutes  Start seeking in and updating an avatar  And then create fv</b>
<b>🔔 Intention 🔔</b>	<b>Will to be relevant to x and start earning from him  RESEARCH IS MOST IMPORTANT THING. MAke it clear Race the time  Find excellent prospects I will want to work with. Write an email he'll reply and make to the call  Start adapting knowledge from the woss directed for readers</b>





	<b>My bullet points I made</b>
 <b>Reflection</b> 	<b>Started watching some random boring, low-quality movies on tv</b>

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**Be optimistic, Reject the Wagie MINDSET  
REJECT THE WEAKNESS**

**ACT PROFESSIONAL**





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<b>\$ 5 am: Task \$</b>	<b>Finish it, send to review, move along</b>  <b>REVIEW FELLOW STUDENT’S COPY</b> <b>And from swipe file</b>
 <b>Intention</b> 	<b>GET THE FEEDBACK LATER</b>  <b>Start increasing PV and constantly getting better and better at writing copy.</b> <b>+How can I avoid doing this also?</b>
 <b>Reflection</b> 	

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<b>\$ 6 am: Task \$</b>	<b>Finish it and get out of da house</b>  <b>Meditate with God</b>
 <b>Intention</b> 	<b>Do not focus on listening to non-valuable tasks, listen to the radio</b>  <b>Presence</b>
 <b>Reflection</b> 	<b>Did it</b>

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<b>\$ 7 am: Task \$</b>	<b>Watch Morning Power Up Call</b>  <b>At cafeteria Break down outreach and elaborate things to do with my profiles</b>
<b>🔔 Intention 🔔</b>	<b>Get better at correctly approaching the client and</b> <b>At the end, gain more most valuable ones</b>  <b>Collect valuable wisdom to methodology</b>
<b>✍️ Reflection ✍️</b>	

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**What could have been done while being at school?**

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**Take notes of DMPUC**

**Most important for the 9-5**

**OODa LOOP WHY THEY DIDN'T REPLY**

**So I can get to sleep earlier and invest more time for my personal value as a copywriter earlier.**

**Look at how other people outreach**

**Revise the mistakes from the previous days and contemplate how I can avoid them in the future**

**Embrace mindfulness, and peace of mind**

**Living in the arena, living like a man should**  
**Infallibility**

**Pull out one of my notebooks Training / IDEAS / Ooda LOOP /Copywritng**  
**My phone**

**Follow the daily behaving and learning objective**  
**Increasing my value every day**

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**Ask myself quality questions about my way**  
**Copywriting**

**Process and work**  
**Anything valuable**

**Parts of emails**

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<b>\$ 3 pm: Task \$</b>	<b>NAP Before reaching home</b>  <b>Figure out what have to be done</b>  <b>Then look up for my solutions notes</b>
<b>🔔 Intention 🔔</b>	<b>Restore energy</b> <b>Regain indefagibility</b>
<b>✍ Reflection ✍</b>	<b>I just slept woke up 10 minutes before home but haven't woke up completly till home</b> <b>I feel like I was focusing too much on the radio while passing out</b>

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<b>\$ 4 pm: Task \$</b>	<b>Before arriving figure out what has to be done</b>  <b>Then look up for my solutions notes and eat smt</b>
<b>🔔 Intention 🔔</b>	
<b>✍ Reflection ✍</b>	<b>Did it while waiting for my dad</b>





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**RAce the time**

**Ive got only 2,5 hours/ 3 whole in this day**

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<b>\$ 5 pm: Task \$</b>	<b>OF course next break</b> <b>And then.</b>
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	<p><b>Elaborate spec work from previous outreaches FOR</b></p> <p><b>IG/ PORTFOLIO/</b></p> <p><b>Change the profile picture</b></p> <p><b>Get ready for math and go</b></p>
<p> <b>Intention</b> </p>	<p><b>Gain authority, trustworthy and show competence</b></p> <p><b>Show that Im a real guy</b></p> <p><b>Just woke up</b></p> <p><b>Have hesitation to get up and do anything</b></p> <p><b>Because I was feeling like a shit who will never make change</b></p> <p><b>and let the dreams come true</b></p>
<p> <b>Reflection</b> </p>	<p><b>Haven't finished.</b></p> <p><b>Struggle with operating program</b></p>

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**Reject weakness and unjustified laziness**  
**Get in the correct state**

### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!**
- 2. I Am Being All That I Can Be, Every Hour And Every Day!**
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!**
- 4. I Am Being Enthusiastic About Completing Each Task!**
- 5. I Am The Best Copywriter In The World!**

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<b>\$ 7 pm: Task \$</b>	<b>Finish elaborating it</b>  <b>Move up to the next one 30 past 7</b>  <b>TIME FOR IDENTIFYING NEW WAYS TO OUTREACH.</b> <b>OODA loop the previous mistakes</b>
<b>🔔 Intention 🔔</b>	<b>If I didn't finish</b> <b>Profile Picture</b>  <b>First series of contents</b>  <b>Be better at approaching valuable people who I'll work with</b>  <b>Get the client finally</b>
<b>✍ Reflection ✍</b>	<b>Haven't finished.</b> <b>Haven't started</b>  <b>I was shopping with my dad and had a walk to home</b>

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<b>\$ 8 pm: Task \$</b>	<b>Determine good prospects</b> <b>Find a new 3 within 13 minutes</b>  <b>Start seeking in and updating an avatar</b>  <b>And then create fv</b>
<b>🔔 Intention 🔔</b>	<b>Will to be relevant to x and start earning from him</b>  <b>RESEARCH IS MOST IMPORTANT THING. Make it clear</b> <b>Race the time</b>  <b>Find excellent prospects I will want to work with.</b> <b>Write an email he'll reply and make to the call</b>







	<b>Start adapting knowledge from the woss directed for readers</b> <b>My bullet points I made</b>
 <b>Reflection</b> 	<b>Started watching some random boring, low-quality movies on tv</b>  <b>Started too late</b>

**–+15 minutes**

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**Race the time. I won;t delay next things**



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<b>\$ 9 pm: Task \$</b>	<b>Train</b> <b>Isometrics, Shadow boxing (getting the fluidity and non-telegraphy, think about next combos. DO Slowly</b> <b>HANG.</b> <b>WASH Myself</b>
 <b>Intention</b> 	
 <b>Reflection</b> 	<b>With no real intention</b>  <b>I didnt do anything complex because I didn't want to wear out myself.</b> <b>Just was a bimbo screwing around</b>

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**I want to go to bed earlier**

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<b>\$ 10 pm: Task</b> <b>\$</b>	<b>Start seeking in and updating an avatar</b>  <b>And then create fv</b>   <b>AND rush to the next one</b>
 <b>Intention</b> 	<b>Will to be relevant to x and start earning from him</b>  <b>RESEARCH IS MOST IMPORTANT THING. Make it clear</b> <b>Race the time</b>

	<p><b>Find excellent prospects I will want to work with.</b> Write an email he'll reply and make to the call</p> <p><b>Start adapting knowledge from the woss directed for readers</b> <b>My bullet points I made</b></p>
✍️ <b>Reflection</b> ✍️	<p><b>Had a problem with an avatar.</b> <b>I didn;t know the state for being relevant to the prospect</b> <b>I found in faqs how to find it.</b></p>

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**LIFE and time is in front of me, just make sure I won't dig myself up.**  
**Limit with irrational fears, believes. LIMITATIONS**

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💰 <b>11 pm: Task</b>	<p><b>Finish it, send to review, move along</b></p> <p><b>REVIEW FELLOW STUDENT" S COPY</b></p> <p><b>And from swipe file</b></p>
🔔 <b>Intention</b> 🔔	<p><b>GET THE FEEDBACK LATER</b></p> <p><b>Start increasing PV and constantly getting better and better at writing copy.</b> <b>+How can I avoid doing this also?</b></p>
✍️ <b>Reflection</b> ✍️	<p><b>Nah, I focused on getting know what they need and will they accept my fv</b></p>

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💰 <b>12 pm: Task</b>	<p><b>Till the</b> <b>Plan fully the next day and</b> <b>Read the Bible and pray</b></p> <p><b>Go sleep</b></p>
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 <b>Intention</b> 	<b>move towards my spirituality, God</b> <b>Have a schedule for the next day I cannot miss</b>
 <b>Reflection</b> 	



# End-Of-The-Day Report:



 <b>What Did I Learn Today?</b> 
<b>That I have tendency to sabotage myself by thinking. I see only loss instead of opportunities. If I dont know how to do something then Im just getting sad and sad.</b>
<b>Instead of taking action, learning. ADOPTIONG. OODA LOOPING</b>
<b>My mind needs to change, in the context of eating, hardworking/exercising</b>
<b>Because it wants to leave the struggle and be lazy.</b>

 <b>What Do I Plan To Do Differently Tomorrow?</b> 
<b>Fix the mistakes and adopt new knowledge I've just discovered</b>
<b>OODA Loop the sadness, laziness. STRUGGLE</b>
<b>Instantly adapt things I'll learn in a moment</b>

 <b>What Do I Plan To Do Same Tomorrow?</b> 
<b>I don;t know. Nothing</b>

 <b>Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?</b> 
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<b>ODDA looping by my mind and reality</b>
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 <b>What Tasks Were Left Undone?</b> 
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<b>ALL</b>
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**Brain Dump:**