## Chapter 10 – Lipids: Nature's Flavor Enhancer

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## Across

- 2. a complex chain reaction that starts when lipids are exposed to oxygen
- 3. Liquids that are liquid at room temperature are commonly called... (unsaturated fat)
- 4. clusters of lipid and protein molecules
- 6. a glycerol with one fatty acid attached at the site or a hydroxyl group
- 8. why fatty acids have the maximum number of hydrogen atoms (solid at room temp)
- 10. lipids that are solid at room temperature are commonly called... (saturated fat)
- 12. the temperature at which lipids will flame
- 15. complicated molecules derived or made from lipids
- 16. the temperature at which a lipid is completely liquid
- 17. if a fatty acid does not contain all the hydrogen atoms it could contain (liquid at room temp)
- 21. have a double bond between the third and fourth carbon atoms from the end with the methyl croup (CH3)
- 24. A category of organic compounds that are insoluble in water and have a greasy feel.
- 25. the process of adding hydrogen atoms to an unsaturated lipid to increase its saturation level
- 26. Have a fatty acid joined at each of the three hydroxyl sites
- 27. a carbon atom, two oxygen atoms, and a hydrogen atom
- 28. Neutral
- 29. a glycerol base with two fatty acids and a phosphorus-containing acid attached
- 30. a glycerol with two fatty acids attached

## Down

- 1. fatty acids that have one double bond in the carbon chain
- 5. the temperature at which fatty acids begin to break apart and produce smoke
- 7. the hardening of the arteries
- 9. Molecules with a glycerol base
- 11. compounds that will quickly react with oxygen to form new substances
- 13. a form of food spoilage, but poses no short-term health risks
- 14. When too much cholesterol in the blood results in lipids and cholesterol being deposited on artery walls
- 18. the temperature at which all lipids in a mixture are in a solid state
- 19. fatty acids have two or more double bonds in the carbon chain
- 20. the specks or streaks of fat in muscle tissue
- 22. fatty acids that cannon be produced by the human body

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23. organic molecules that consist of a carbon chain with a carboxyl group at one end