

The difference between winners and losers is that winners realize there is no escape from insecurity and failure. If you're trying to be a trader, approach women, or get clients for a business, you have to endure rejection and losing. Rejection will cause you to constantly rethink if you're truly capable.

Every successful person has gone through the phase of self-hatred, self-doubt, and losing all hope many times. Do you know what it's like to tell your family and friends that you are leaving school or your job to pursue your dream, only for nothing to work out? You look like an idiot and waste a year of your life trying to build something that feels like it was all for nothing.

This will kill most people's confidence. I've seen a lot of people give up on their dreams because losing was too much to endure. But I believe this is where winners are separated from losers. It's when you lose all your confidence and money that you are given the opportunity to still say, "Fuck it, I'm going to keep pushing forward regardless."

As soon as you make this decision, the universe begins to respect you. The gods start to assist you after they see the strength of your heart. This world will test your heart, your belief in yourself, and your love for your passions. This is why you'll see people who are less capable than you being more successful. The universe is assisting them because they don't lack heart. They never quit, and the universe can't help but say, "I like this dude."

I also think that if you can survive the phase of repeated failure, you will build a level of mental and emotional strength that can't be broken. Success is hard. You have to deliver value every day to people who rely on you. There is a lot of pressure that comes with being an important person or leader. The times you went through hell are what prepare you for this role.

Stop thinking about how much money you're making. Realize that you have to be molded into a winner on the mental and emotional level before the financial one. I felt worthless and like there was no point in trying again after relationships or business ideas failed. But for some reason, I just kept going. I was a loser to everyone around me, but two years later, I was free from a 9-5, living my dream life. I stayed loyal to myself, and it all worked out.

What is real will always prosper. Don't let your dreams be just dreams. Don't turn your back on yourself. You will lose the respect you have for yourself, and you won't be able to gain it back easily. The inner boy within you is watching, looking to you to lead. Don't fade yourself, brother. Keep pushing even when nothing seems to work. Born into hell so you can learn how to turn it into heaven. Turn water into wine; this is the path of becoming divine.

 The Law of Attraction isn't woo-woo magic. It's quantum physics in action.

If you want to truly manifest, you need to understand how reality works at the atomic level. Let's break it down.  

1/ Everything in this universe is made of atoms—me, you, your phone, the camera I recorded this on. Atoms are 99% empty space, meaning your physical reality is more like a high-definition illusion. 

2/ The universe isn't outside of you—it IS you.

They call it the universe because it's the “inverse” of you. Your inner world is mirrored externally. Nothing is separate.

3/ You don't “attract” things. You shift into the version of reality where what you desire already exists.

It's like tuning into a different radio station. You don't create the station; you just align with it.

4/ Your thoughts aren't just random. Consciousness is a field we all tap into. The same place my thoughts come from is the same place yours do.

That's why “manifestation” works—it's about aligning your frequency, not pulling something out of thin air.

5/ Physical reality is just a different state of frequency. Think of ice, water, and steam. Same substance, different forms.

Your consciousness shifts reality the same way.

6/ Death? It's just changing states. You go from solid (body) to gas (spirit).

Matter isn't created or destroyed—only transformed. Just like water evaporates and comes back as rain.

7/ So how do you *actually* manifest?

Stop seeing things as separate from you. The relationship, the money, the life you want—it's YOU. You just need to step into alignment with it.

8/ Here's a challenge:

See every person you meet today as a reflection of you. Treat them like they *are* you.

Watch how reality responds.

9/ The reason my videos and posts resonate? Because I'm speaking to you as if you're an aspect of my own consciousness.

And you are. That's why you feel it.

10/ Reality is your playground. Stop begging. Stop hoping. Command it. You don't *attract*—you shift.

Now go test it. 



Success isn't about talent. It's about managing your own mind.

If you can control your emotions—fear, stress, insecurity—you unlock a whole new level of life. Let's talk about it. 🧵👉

1/ Every path to success—trading, business, dating, content creation—is a battle with your own self-doubt.

You post a video. It flops. You trade. You lose money. You take a risk. You fail.

What separates winners? How they respond.

2/ The reason most guys quit isn't because they aren't capable.

It's because their ego can't handle failure.

Rejection stings. Losses feel personal. But the truth? Failure is just part of the game.

3/ You want to start a business? Cool.

But your first few months will feel like running into a wall. No traction. No clients. No money.

Most guys tap out. Winners adapt.

4/ Society trained us to think that if we lose, we aren't good enough.

But look at any pro athlete, trader, or businessman—losing is just data. A necessary step.

Success is just losing without losing confidence.

5/ The “Entrepreneur Gods” will haze you before they let you win.

You'll feel insane, broke, exhausted. You'll doubt everything.

But if you can hold your frame, rewire your mind, and keep moving? You level up.

6/ The higher you climb, the more pressure builds.

More money = more expectations. More success = more judgment. More status = more responsibility.

Most guys set a mental ceiling because they're afraid of this pressure.

7/ That's why managing your emotions is the ultimate skill.

Success isn't about how smart you are.

It's about how well you can handle stress, fear, and failure—without breaking.

8/ Stop overanalyzing. Stop waiting for the perfect moment. Stop fearing rejection.

You want to win? You need to shoot.

Shooters shoot. Winners win. And winners learn to miss without losing confidence.

9/ Think of race car drivers. They accept the risk of crashing.

They know the danger is always there, but they focus on driving.

That's how you need to approach success. Accept the risk. Keep going.

10/ The world rewards the ones who push forward despite the fear.

So stop hesitating. Take action. Keep climbing. Let the pressure shape you—not break you.



Confidence isn't something you're born with. It's something you earn.

If you want to be confident in anything—business, dating, public speaking—you have to go through the reps. Let's break it down. 🧵👉

1/ Confidence is built through repetition.

Think about learning to drive. At first, you overthink every move. A year later? You're driving without even thinking.

It's the same with anything in life.

2/ We fear the unknown. The first time you do something is when the fear is strongest.

The trick? Do it so many times that it becomes familiar. Fear fades. Confidence builds.

3/ Every time you step out of your comfort zone, your mind runs a test:

"Did this kill me?" No? Then you expand your limits.

Repeat this process enough, and suddenly, nothing feels out of reach.

4/ Hesitation kills confidence.

In motocross, if you hit a jump with fear, you crash.

Same in life—hesitation leads to overthinking, anxiety, and failure. You have to commit.

5/ The mind spirals fast:

Hesitation → Doubt → Anxiety → Fear → Paralysis.

Break the cycle. Don't think—just move. Take action before fear has time to settle in.

6/ The hard truth: You don't deserve confidence if you haven't earned it.

Confidence comes from skill, effort, and facing fear head-on. It's not something you're gifted. You have to build it.

7/ Most people quit after one failure. Winners don't.

Falling off the bike? Get back on.

Getting rejected? Try again.

Losing money? Keep learning.

You develop a tolerance for failure, and failure stops affecting you.

8/ The highest levels of confidence come from not giving a f*.**

You stop caring about failure, rejection, or setbacks—because you know you'll get back on the horse every time.

9/ Want to be more confident? Pick something uncomfortable. Do it over and over until fear disappears.

That's the secret. No hacks. No shortcuts. Just reps.

 Discipline is self-sabotage in reverse.

You want to be disciplined, but something inside keeps stopping you. The truth? Discipline isn't about motivation—it's about control. Let's break it down.  

1/ You don't think your way into discipline.

No amount of motivation videos or deep reflection will make you take action.

It's about forcing yourself to do what needs to be done—like a coach screaming at his team.

2/ Your inner child fears success.

Because success means no more excuses. No more hiding. No more comfort zone.

You know that once you step up, the pressure never stops growing.

3/ The higher you climb, the more expectations stack up.

Your family starts looking at you differently. Your friends expect more. Your girl sees you as Superman.

That's why most guys choose not to be disciplined. They fear the weight of responsibility.

4/ Discipline is a choice.

You are choosing to suffer. You are choosing pressure. You are choosing to be uncomfortable every single day.

And that's why most people don't have it.

5/ The best athletes still get nervous. The best performers still feel fear.

The difference? They use it.

They have two ways of overcoming fear:

Self-compassion: Talking yourself down, realizing it's not that serious.

Inner Beast Mode: Getting pissed off and obliterating the weak voice in your head.

6/ You ever notice how athletes scream, slap themselves, yell mid-game?

That's them overpowering their fear.

Sometimes, you need to get hyped. You need to get intense. You need to crush the weak version of yourself.

7/ Other times? You need to be gentle with yourself.

That inner voice isn't always the enemy. Sometimes, it's just scared.

Talk to it. Tell it: "You're overthinking. You're afraid of success. But we're built for this."

8/ You have two weapons:

Fire – Yell, push, dominate.

Logic – Calm, comfort, encourage.

Use the right one at the right time.

9/ You're either controlling your mind, or it's controlling you.

Stop waiting. Choose to suffer. Choose to rise. Choose to win.



Addiction isn't about the substance. It's about avoiding your potential.

Most people aren't addicted to drugs, porn, or social media. They're addicted to escaping the pressure of becoming who they could be. Let's break it down. 🧵👉

1/ Addiction happens when your hunger for progress gets hijacked.

If you're not building, learning, and growing, your mind will find something else to obsess over.

Drugs, food, sex, video games—anything to fill the void.

2/ An addictive personality isn't a curse. It's a superpower—if you learn how to direct it.

The same intensity you put into your vices can be redirected into your craft, business, or purpose.

The question is: What are you feeding?

3/ You're not weak. You're just bored.

The smarter and more capable you are, the more stimulation you need.

If your reality isn't challenging enough, your brain will chase dopamine elsewhere.

4/ If you're feeling anxious, restless, or lost—it's because you're not progressing.

Your spirit is starving for the next level.

But instead of leveling up, you sedate yourself.

5/ The worst part? The deeper you sink into addiction, the more you convince yourself you need it.

You don't. You're just using it to numb the fact that you aren't stepping up.

6/ Your mind is a supercomputer constantly running calculations.

But if you don't feed it new information, new experiences, new challenges—it turns against you.

You start overthinking. You spiral. You get stuck in your own head.

7/ Addiction is a war with boredom.

You're not really addicted to porn, drugs, or social media. You're addicted to avoiding the hard, uncomfortable work of becoming who you should be.

8/ Want to beat addiction? Make life feel like a sport.

Train. Build. Create. Pursue goals that demand your full attention.

When you're in the game, you won't even think about distractions.

9/ Your vices aren't evil. Sometimes, they even keep you afloat.

But eventually, you have to outgrow them.

Like a child letting go of old toys—at some point, you realize you don't need them anymore.

10/ The first step? Momentum.

Force yourself into action for 21 days. Reprogram your mind. Let your hunger for progress take over.

Every day you choose growth, your old addictions lose their grip.

 Your ego isn't your enemy. It's your tool.

Most people think ego is negative—something to destroy. But in reality, your ego is what will make or break you. Here's why.  

1/ People love to say “kill your ego.”

But your ego is just your identity. Your character in this game of life.

The real question isn't should you have an ego—it's how you use it.

2/ A weak ego blames others. It's insecure. It attacks what it doesn't understand.

A strong ego takes responsibility. It refuses to be a victim. It builds instead of destroys.

Your ego isn't the problem—your relationship with it is.

3/ People will call you arrogant when you're just confident.

They project their own insecurities onto you. They hate what they don't have.

When they can't elevate themselves, they try to drag you down.

4/ The healthy ego says:

“I am in control. No one can stop me but me.”

The unhealthy ego says:

“I am this way because of them.”

Same ego. Different energy.

5/ Your ego is constantly evolving.

The problem isn't ego itself—it's when you get stuck in an identity that no longer serves you.

Growth means letting go of the old versions of yourself.

6/ The biggest trap? Living the identity others expect of you.

Your friends, family, and audience want you to stay the same. Your growth forces them to confront their own stagnation.

That's why they resist it.

7/ Every time you level up, people will try to keep you where they're comfortable seeing you.

You have two choices:

Let them hold you back.

Keep climbing, no matter who falls away.

8/ The ego isn't just about building up.

Sometimes, you need to shift down gears.

In racing, you slow down before sharp turns. In life, you step back before major breakthroughs.

Growth isn't just acceleration—it's strategy.

9/ If you're too zoomed in on yourself, your insecurities feel bigger than they are.

Zoom out. Look at your life from a distance. You're probably doing better than you think.

Most suffering comes from over-focusing on the wrong things.

10/ Your ego is your fuel.

Used right, it gives you confidence, drive, and purpose. Used wrong, it traps you in fear, insecurity, and stagnation.

Master your ego, and you master yourself.

Discipline is a gauge of how loyal you are to your goals, but even when your goals are all you desire, something inside of you still won't let you be disciplined. I'm sure there are times you've been disciplined, but you didn't maintain it, and you wonder why you couldn't.

Well, it's because you started to actually get close to success, but then the fear of all the stress and responsibility that comes with success starts to set in. What you have desired most now becomes what you fear most. As you ascend higher in life, the air at the top gets thinner. It gets harder to breathe. Friends, family, and others become dependent on you; you have to lead, manage, and delegate—all while keeping your own sanity.

You need to understand that you don't have a discipline problem; you have a fear of success. This is where the term "more money, more problems" comes from. Yes, the things we desire have their benefits, but every blessing comes with its curse. The closer we come to success, the more aware we simultaneously become of these hardships that come with it.

With success comes pressure; you have to ask yourself if you're willing to endure that pressure. Because it will never get easier—it only gets harder the more you climb the ladder of success.

So, stop trying to fix your discipline, and instead, have a conversation with yourself about whether or not you're ready to bear the weight of the crown.