

Article I - BASKETBALL

100. STARTING DATES

- a. Organized practice for all levels may not begin prior to a date established by the CCS. CCS Bylaws: [Article V Approved Sports, Section 3 Season of Sport, F Practice, 6 Starting Dates for Practice.](#)

101. PRACTICE

- a. "Organized Practice" is defined as a practice which is attended by the players and a coach, and at which the coach directs, instructs and drills the players, players and/or the whole team.
- b. The WBAL will reflect the CCS By-Laws ([Article V, Section 3, F-Practices](#))

102. SCHEDULE

- a. A double round robin League schedule shall be played each year by the varsity, jv and freshman teams.

103. SCRIMMAGES

- a. CCS Bylaws: Article V Approved Sports, Section 3 Season of Sport, G Scrimmages
- b. A scrimmage is considered a contest per all CIF and CCS bylaws and is defined as (1) an activity involving teams or individual student-athletes from two or more different schools in a CIF-approved sport; AND (2) where no score is kept; AND (3) where regulation time is not kept; AND (4) where substitute rules are set aside; AND (5) where coaches are stopping play for instructional purposes, (6) where officials are allowed to paid, and (7) where admission may be charge to spectators.
- c. All scrimmages must be listed on a school's official sports schedule if they are scheduled before the season begins.

104. GAMES

- a. All games shall be played according to the current National Federation Basketball Rule Book published by the National Federation of State High School Association including California Modifications.
- b. The length of quarters for League games shall be: Varsity - 8 Minutes; JV/Freshman - 7 Minutes
- c. Recommended start times 3:30 Frosh/ 5:00 JV/ 6:30 Varsity, recommended unless mutually agreed upon by both schools.
- d. If a quad game then game times are 3:00 JV Boys/ 4:30 JV Girls/ 6:00 Var Girls/ 7:30 Var Boys. JV Boys and girls will flip time slots each year.
- e. The official game ball for league games shall be any ball accepted in the National Federation Rule Book.
- f. Artificial noise makers are not permitted at league games.
- g. The WBAL has adopted the CCS's rule of playing ONLY INSTRUMENTAL warmup music. No lyrics are allowed in the warmup music.

105. OFFICIALS

- a. Officials for all varsity, jv and freshman League games shall be obtained by the host school.
- b. There should be two referees, an official timer and an official scorer for all games.
- c. Referees for all varsity and junior varsity games shall be members of a recognized officials association.
- d. If a home team would like to use three officials they must first get permission from their opponent.
- e. The official scorer and timer should be qualified and experienced in their respective duties.

106. GAME CONDUCT

- a. Coach ejections - While sitting out, the coach may not communicate during a game in any way, including all digital formats, with their coaching staff or players.
- b. Crowd control - the home school has every right to ask any home or visiting spectator to leave due to inappropriate behavior. If an incident does occur, fill out the CCS incident form and send it to the league commissioner.

107. LEAGUE CHAMPION

- a. League Champions will be determined based on league win-loss record and if two teams tie, League Co-Champions will be determined.

108. CCS ADVANCEMENT

- a. Girls: The top four places from the Foothill Division will receive the CCS berths.
- b. Boys: First and second place will receive the CCS berths.
- c. CCS at large qualifiers: .500 record in league, .500 record out of league or .500 overall record
- d. Methods for breaking ties in league standings:
 - i. Head to Head competition (win vs. loss)
 - ii. Second Round Record
 - iii. Head to Head Competition With the next highest finishing team (2nd, 3rd, 4th)
 - iv. Winner of originally scheduled second-round game
 - v. Coin toss

109. MVP & All LEAGUE SELECTIONS:

- a. Most Valuable Player: Each coach can nominate (put on the board) who they believe has earned the MVP honor. Coaches are not required to nominate.
- b. Each coach will take a few minutes and discuss the merit of their respective nomination(s). If schools are not represented at the meeting, other league coaches can propose players from that missing school. Only statistics pertaining to league contests will be discussed.
- c. Upon discussion, coaches will determine if there is a need for co-MVP prior to voting.
- d. Voting procedure: Athletic Director rep will call upon each coach for the player they are voting for. The player with the most votes will be elected MVP.
- e. **All League selections:** Once the League MVP has been determined by the coaches present in the postseason league meeting; the all league selection process will begin.
 - i. Each coach can nominate (put on the board) their team members who they believe have earned all league consideration. Depending on round robin league finish, each team will be able to nominate up to the following maximum for all league consideration:
 - ii. If there are seven teams in the division: 1st place (5); 2nd place (4); 3rd place (4); 4th place (3); 5th place (2); 6th place (2); 7th place (2).
 - iii. If there are six teams in the division: 1st place (5); 2nd place (4); 3rd place (4); 4th place (3); 5th place (2); 6th place (2).
 - iv. If there are five teams in the division: 1st Place (5), 2nd Place (4), 3rd Place (4), 4th Place (3), 5th Place (2)
 - v. If there is a tie in any placement, go to the highest maximum (as an example, if there is a tie for second, both teams would have 4 nominations).
 - vi. Coaches are not required to nominate the maximum.
 - vii. A silent (written and submitted) vote will take place and coaches will vote for fifteen nominated players. They will weigh those votes as follows: 14-13-12-11-10-9-8-7-6-5-4-3-2-1. The fifteen points would go to who you consider to be the best player in the league.

- viii. The top six players receiving the most points will be first team all league recipients ... the next six players receiving the most points will be second team all league. There will be seven players on Honorable Mention.
- ix. In case of a two way tie for the last spot on the 1st team all-league team, both players will receive 1st team recognition. If there is a three way tie for the last spot, there will be a silent vote off (1 vote for each player, coach can vote for his own player) to determine who is a first team selection. If this vote results in a two way tie, both players will receive 1st team recognition. If there is still a three way tie, another vote off will take place until there is a maximum of two players selected. The same process will take place to break ties for 2nd team all-league as well.
- x. If there is an additional member selected to the 1st team due to a tie, it will reduce the amount of 2nd team all-league selections by one (meaning if there are eight first team all-league selections made due to a tie for the last spot, there will be six second team all-league recipients selected instead of seven).
- xi. Those players on the board but not selected as a first or second team all-league recipient will make up the honorable mention list. No additional HM recipients will be considered.
- f. Coaches are not allowed to vote for their own players for All-League voting.

109. LEAGUE REALIGNMENT (Girls Only)

- a. Coaches are allowed to decide division(s) size and movement for the following year based on league record, returning players, program strength, and/or other factors to determine which teams are placed in the Foothill and Skyline. It will need to be accompanied with a $\frac{2}{3}$ affirmative vote of the coaches in attendance at the post season league meeting. The WBAL board of managers will review the coaches approved league alignment for final vote, which also needs a $\frac{2}{3}$ affirmative vote for approval. If no consensus can be reached the last team in the Foothill will move down and the first team in the Skyline will move up. OR
- b. Division Movement (Girls Basketball) – at the conclusion of the season the highest finishing Skyline team will switch divisions with the lowest finishing Foothill team – unless both teams decide that they do not want to switch divisions.