

## **Carolina All Stars Travel Team Mission Statement**

The mission of Carolina All Stars Field Hockey Club is to provide positive and high-quality instructional and competitive youth field hockey opportunities at all levels of play that enhance character, community and love of the game.

## **Carolina All Stars Travel Team Selection Process**

Carolina All Stars Field Hockey Club will make every effort to be open and honest with communication about selections. Selections may be based on, but are not limited to, the following criteria:

1. Age and restrictions/rules as determined by USA Field Hockey and/or tournament directors
2. Number and age groups of teams participating in the event
3. Team needs and positional needs
4. Individual skills, passion, and will to win

## **Parent/Coach Communication Plan**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to children. As parents, when your daughter becomes involved in our program, you have a right to understand what expectations are placed on your daughter. This begins with clear communication from the administrators and coaches.

Communications you can expect from your daughter's coach and/or the administration of CASFH:

1. Philosophy of the coach
2. Expectations the coach has for your child and the team as a whole
3. Location and time of all practices and contests
4. Team requirements, i.e. practices, changes in schedule, etc.
5. Actions that may result in the denial of your daughter's participation

Communication coaches expect from parents:

1. Concerns expressed directly to the coach
2. Notification of any schedule conflicts in advance

As your daughter becomes involved in the Carolina All Stars Field Hockey Club, she will (hopefully) experience some of the most rewarding moments in her life. It is important to understand that there also may be a time when things do not go the way you or your daughter wishes.

Appropriate concerns to discuss with coaches:

1. The physical and mental treatment of your child
2. Strengths and weaknesses of your child's play
3. Concerns about your child's behavior

Issues not appropriate to discuss with coaches:

1. Team strategy
2. Other players
3. Playing Time

If a concern arises, the chain of command should be as follows:

1. The player is to speak with the coach directly and discuss her concerns.
2. The parent(s) and player are to speak with the coach directly and discuss their concern. This discussion however should not be held during a practice time or before/after a game. A meeting (phone or in person) will have to be scheduled at both party's convenience.
3. If the matter at hand is not resolved after completing the procedures above, the parent(s) and/or player may request a meeting with the coaching director and administrators.

### **Carolina All Stars Travel Team Rules**

1. School and academic work is priority; stay on top of your school work to allow full participation in all CASFH practices, games, and activities.
2. Athletes are expected to be on time to all CASFH practices, meetings, and sponsored activities. It is our expectation everyone will attend practices ready to work hard and have fun!
3. If you attend a tryout and are selected to a team and decide not to attend the tournament you will still be responsible for the tournament fee. You may also lose your future selection opportunity.
4. Playing time and positions are never guaranteed and are always subject to the team's need. We will do our very best to be fair about playing time during tournaments but there are likely to be times when it is not equal.
5. RESPECT: all athletes will respect their teammates, coaches, and the staff of CASFH.
  - a. Teammates: athletes will encourage teammates and work together in a positive way.
  - b. Coaches and staff: athletes will respect their coaches, no back-talking, profanity or any form of disrespect will be tolerated and are grounds for disciplinary actions.
6. Rude, disrespectful and/or inappropriate behavior will not be tolerated and are grounds for immediate removal from the practice, game, or tournament at their own expense.
7. Parents and fans will encourage and cheer in a positive and encouraging way. Please avoid coaching from the sidelines and be respectful to the officials. Rude, disrespectful and/or inappropriate behavior by parents and/or fans will not be tolerated and are grounds for immediate removal from practice, game or tournament at their own expense.

8. Any team issues/concerns will be directed first to the head coach of the team and then to the coaching director.
9. All administrative questions regarding tournament travel, fees, details, etc., should be directed to the administrative director.

## **Carolina All Stars Travel Team Code of Conduct**

This code of conduct is based on the premise that being a member (player, parent, spectator, fan) of the Carolina All Stars Field Hockey club is a privilege. This privilege of participation may be withdrawn or denied by Carolina All Stars FH Club at any time where Carolina All Stars FH Club determines that a person's behavior is inconsistent with the best interest of the sport and those who participate in it. All participants within Carolina All Stars FH Club must abide by this code of conduct as outlined by USA Field Hockey:

This Code of Conduct is based on the premise that being a player, coach, umpire, fan, spectator or participant of any kind at a USA Field Hockey event is a privilege. The privilege of participation may, therefore, be withdrawn or denied by USA Field Hockey at any time where USA Field Hockey determines that a person's conduct is inconsistent with the best interest of the sport and those who participate in it. USA Field Hockey and the Tournament Disciplinary Committee shall have the authority to take disciplinary action in case of violations of this code while at a USA Field Hockey event. All participants of USA Field Hockey must abide by this Code of Conduct.

### **General Behavior:**

- 1 Violations of the Athlete Protection Policy: Any and all violations of the Athlete Protection Policy outlined in the USA Field Hockey Safe Sport Program are not acceptable and will not be tolerated.
- 2 Alcohol and Drug Use: There will be no possession or use of alcoholic beverages at an event site by anyone under the legal drinking age; or anyone if prohibited by the event venue. There will be no possession or use of any prescription drug or USOC banned substance unless participant is currently under physician's care and the medication is required for treatment of an illness or injury (documentation may be required).
- 3 Discrimination: Discrimination of any kind including discrimination based on gender, race, ethnicity, culture, religion, sexual orientation, gender expression or mental or physical disability will not be tolerated.
- 4 Sportsmanship and Fair Play: In all tournament situations, players are expected to perform to the best of their ability, within the context of specific rules of field hockey. Sportsmanship and fair play to teammates, opponents, and umpires, should be in the forefront of a team's basic philosophy and attitude.
- 5 Unacceptable behavior will not be tolerated, including but not limited to:
  - a Any act considered to be an offense under federal, state, local and USOC laws and rules.
  - b Vandalism, damaging of property, unauthorized use of equipment or property, or theft.
  - c Inappropriate horseplay or other misbehavior which physically endangers any person or property.
  - d Verbal, physical abuse or hostility towards a teammate, opponent, umpire, administrative staff, or person of the public.

**Note:** Any person observing or having knowledge of an activity, which may result in serious bodily harm to a program participant, must immediately report such activity to a member of the USA Field Hockey staff.

### **Violation of the Code of Conduct may result in:**

1. Participant(s) responsible for property loss being liable to pay all replacement/repair costs.
2. Partial or full restriction of movement at the host site.
3. Expulsion from the event with participant being sent home at his/her own expense.
4. A written report submitted to the USA Field Hockey Ethics Committee for further action.
5. Loss of opportunity to participate in future events conducted under the auspices of USA Field Hockey.

### **Process:**

1. All Code violations shall be reported as soon as possible to a member of USA Field Hockey staff.
2. Upon notification of a code violation, the director, appropriate staff members and Tournament Disciplinary Committee may hold a hearing with the participants involved.
3. A recommendation by the Event Director that the participant be restricted from future events must be submitted in writing to the USA Field Hockey Ethics Committee, which shall make the final decision.
4. If the individual disagrees with the finding or sanction of the panel and wishes to appeal, he or she may file a written appeal with the Judicial Committee within 10 days of USA Field Hockey's finding. The appeal should include name of party, contact information, witness name and contact information, date of incident, and explanation. On appeal, the Judicial Committee will address the merits of USA Field Hockey decision *de novo*, and not the process that was utilized. A decision rendered by the Judicial Committee shall be final and binding on all parties.

#### Process for CASFH:

1. All code violations shall be reported as soon as possible to a member of the CASFH staff.
2. If the staff and/or coaches of CASFH feel there has been a code violation, the parties involved will be notified and the situation will be discussed with all parties involved, including but not limited to the athlete, parent, coaches, administrators.
  - a. The staff of CASFH will determine the level of violation. Based on the violation, the following consequences may result:
    - i. Verbal warning
    - ii. Written warning
    - iii. Removal from the practice, game or tournament at their own expense
3. If athletes and/or parents feel there is a code violation by a CASFH coach or member of the staff, they will provide written documentation on the violation. This will be reviewed by the administration of CASFH and decision will be discussed with all parties involved.

#### **Social Media Policy and Guidelines**

CASFH recognizes that social media is an important method of communication in today's world. We encourage the use of social media as a way to positively promote and support our student-athletes. With this in mind, please keep the following guidelines in mind when posting as it relates to CASFH (in uniforms, at practice, tournaments, etc.)

#### DO:

- Think before posting. Remember that whatever you post is instantly public and searchable. Anyone, anywhere can share content without your permission.
- Encourage support of our club, its student-athletes, coaches and fans.
- Be respectful and accurate.
- Encourage and share events, traditions, celebrations or experiences that positively reflect on you and the club.
- Know when to ask for help, especially if you are uncertain if you should post.

#### DON'T:

- Violate club privacy or confidentiality policies; especially with personal information (injuries, playing status, future plans, etc.)
- Use CASFH name or logo without permission from the CASFH administration.
- Post inappropriate or unsportsman-like content.  
*The use of inappropriate language, behavior, comments, pictures or videos may result in disciplinary action.*

ACKNOWLEDGEMENTS / WAIVERS / PERMISSION

I/We agree to abide by the guidelines as stated above in the Carolina All Stars Field Hockey Club Handbook. I/We acknowledge understanding and will cooperate with said guidelines. I/We also acknowledge and understand that the risk of injury and from the events of the CASFH programs is significant, including the potential for permanent disability and death, and while particular rules, equipment and personal discipline may reduce these risks, the risk of serious injury still exists. I/We knowingly assume all such risks both known and unknown, even arising from the negligence of the releases, or others and assume full responsibility for our participation. I/We agree to comply with the programs stated and customary terms and conditions for participation. If I/We observe any unusual or significant concerns in the readiness of the participant, I/We will pull the participant and alert the nearest coach and or official. I/We hereby release and hold harmless the Carolina All Stars Field Hockey Club, it's administrators, coaches, officials, agents, volunteers, other participants, sponsors, advertisers and (if applicable) owners and lessors of premises of events ("RELEASES"), with respect to any and all injuries, dismemberment, death or loss of damage to person or properties incident to our involvement, participation in these programs.

PERMISSION TO USE PHOTO'S

I/We do hereby give permission for the Carolina All Stars Field Hockey Club to use photos taken at club events or gatherings. I/We authorize CASFH assignees and transferees to copyright, use the same in print and/or electronic. I/We agree that the Carolina All Stars Field Hockey Club may use these photos without my name or any lawful purpose such as Publicity, illustrations, advertising or web content. I/We have read this form in its entirety and understand and acknowledge the terms and conditions. I We sign it freely and voluntarily without inducement.

\_\_\_\_\_ Parent Signature Date \_\_\_\_\_  
\_\_\_\_\_ Player Signature Date \_\_\_\_\_