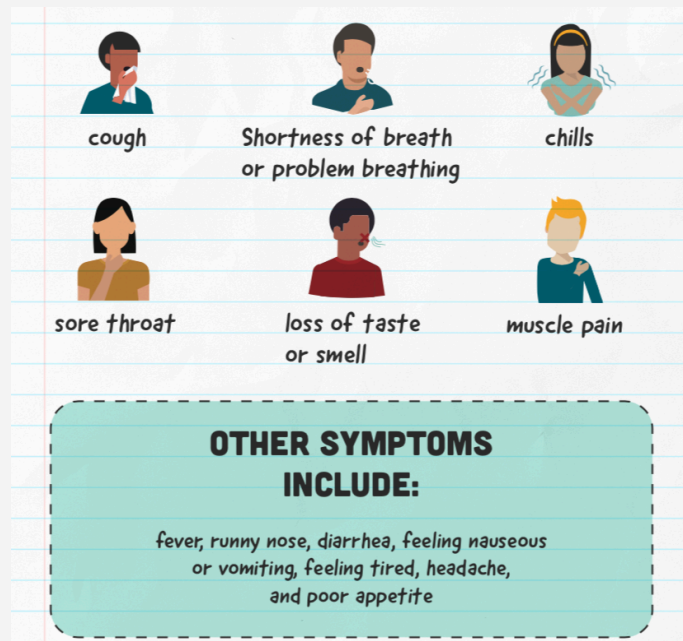


Health and Hygiene Guidelines for SCSD Parents and Families Visiting School Sites

We are so excited to see you on campus. Our teachers and staff have worked very hard to make this year a great learning experience for you and your child. Our SCSD Nursing Team has prepared the following health guidelines that you must follow when coming to your school site.

BEFORE COMING TO SCHOOL

- Please take your temperature and your child's temperature at home before coming to school. Stay home if it is above 100.4 degrees Fahrenheit.
- Ask your child if they are having symptoms that may be consistent with COVID-19. If your child has any of the symptoms below, please stay home and seek medical attention. Other symptoms not shown may include fever, headache, congestion or runny nose, nausea, vomiting or diarrhea.



- Plan for childcare. In order to minimize the number of individuals onsite, we ask that only one adult accompanies your child onsite and that when possible, you do not bring siblings.
- Encourage your child to use the restroom before coming to school.

Health and Hygiene Guidelines for SCSD Parents and Families Visiting School Sites

WHILE AT SCHOOL

CLASS RULES



stay home if
you feel sick



6 FT



keep 6 ft
from others



wash your
hands with
soap and water



use hand sanitizer
if you can't wash
your hands

- Maintain 6 feet of distance from people not inside your own household.
- Everyone must wear a face covering. Generally, a face shield is not an acceptable alternative for a face covering. We will have a supply of face coverings on hand for students and parents who need them.
 - Per San Mateo County's Health Officer, a Face Covering means "a covering made of cloth, fabric, or other soft or permeable material, without holes, that covers only the nose and mouth and surrounding areas of the lower face. A face covering may include a scarf or bandana or a homemade covering made from a t-shirt, sweatshirt, or towel, held on with rubber bands or otherwise. A face covering should not be medical-grade or use a valve device." It cannot be made of mesh material.
 - A formal waiver, including documentation from your child's healthcare provider, is required for students who cannot wear a face covering due to health or sensory processing concerns. Please contact nurse@scsdk8.org for more information.
- Practice hand hygiene. Hand sanitizer will be available.

Health and Hygiene Guidelines for SCSD Parents and Families Visiting School Sites



STAFF TRAINING

All staff coming onsite have received training on the following:

- COVID-19 signs and symptoms screening; instruction to stay home if feeling sick; safe use of face coverings; hand hygiene; coughing and sneezing etiquette; cleaning and disinfecting community spaces; importance of physical distancing; and Multisystem Inflammatory Syndrome in Children (MIS-C).

Health and Hygiene Guidelines for SCSD Parents and Families Visiting School Sites

WHAT TO DO IF YOU OR SOMEONE CLOSE TO YOU IS CONCERNED ABOUT COVID-19 EXPOSURE?

If anyone in the SCSD community who interacts with individuals on campus (staff, students, household family members, or anyone in close proximity) tests positive for COVID-19, the infected or exposed individual should isolate at home and immediately notify our District COVID-19 Point of Contact. The SCSD point of contact is our District Nurse Terri. If any other staff member becomes aware of a positive COVID-19 case in the school community, they must immediately forward this information.

Nurse Terri
District Nurse, San Carlos School District
nurse@scsdk8.org

**If after coming to your school campus, you find out that
someone in your household or someone you have been in
close contact with has tested positive for COVID-19, please
let us know right away.**