



		Autumn A	Autumn B	Spring		Summer A	Summer B
Nursery	K N O W L E D G E & U N D E R S T A N D I N G	Locomotion Games to develop listening skills & working with others	Dance - Festivals Manipulation & coordination	Balls Skills - Hands & Feet	Dance - linked to stories Parachute Games	Balance Bikes Sports Day Activities	
Reception		Locomotion	Ball Skills - Hands & Feet	Body Management		Balance Bikes Playground Games Yoga	Balance Bikes Team Games Sports Day Activities
Year 1		Gymnastics Locomotion: Running & Jumping	Gymnastics Dance	Ball skills: Hands Ball skills: Feet	Ball skills Games for Attack & Defence	Dance (Country Dancing) Racket skills	Athletics Racket skills
Year 2		Ball skills: Hands Locomotion: Jumping	Dance Locomotion: Dodging	Gymnastics Ball skills: Feet	Gymnastics Games for Attack & Defence	Athletics Racket skills	Dance (The Seaside)
Year 3		Dance Football	Tag Rugby Netball	Gymnastics OAA	Gymnastics Hockey	Target games Basketball	Athletics Tennis
Year 4		Cricket Tennis	Dodgeball OAA	Swimming Gymnastics		Swimming Dance (The Vikings)	Swimming Athletics
Year 5		Swimming Tag rugby	Swimming Dance (Stone Age)	Netball	Gymnastics OAA	Cricket/rounders Tennis	Cricket/rounders Athletics
Year 6		Basketball Dodgeball	Dance (WWII) Football	Gymnastics Hockey	OAA Health Related Exercise	Athletics Rounders	