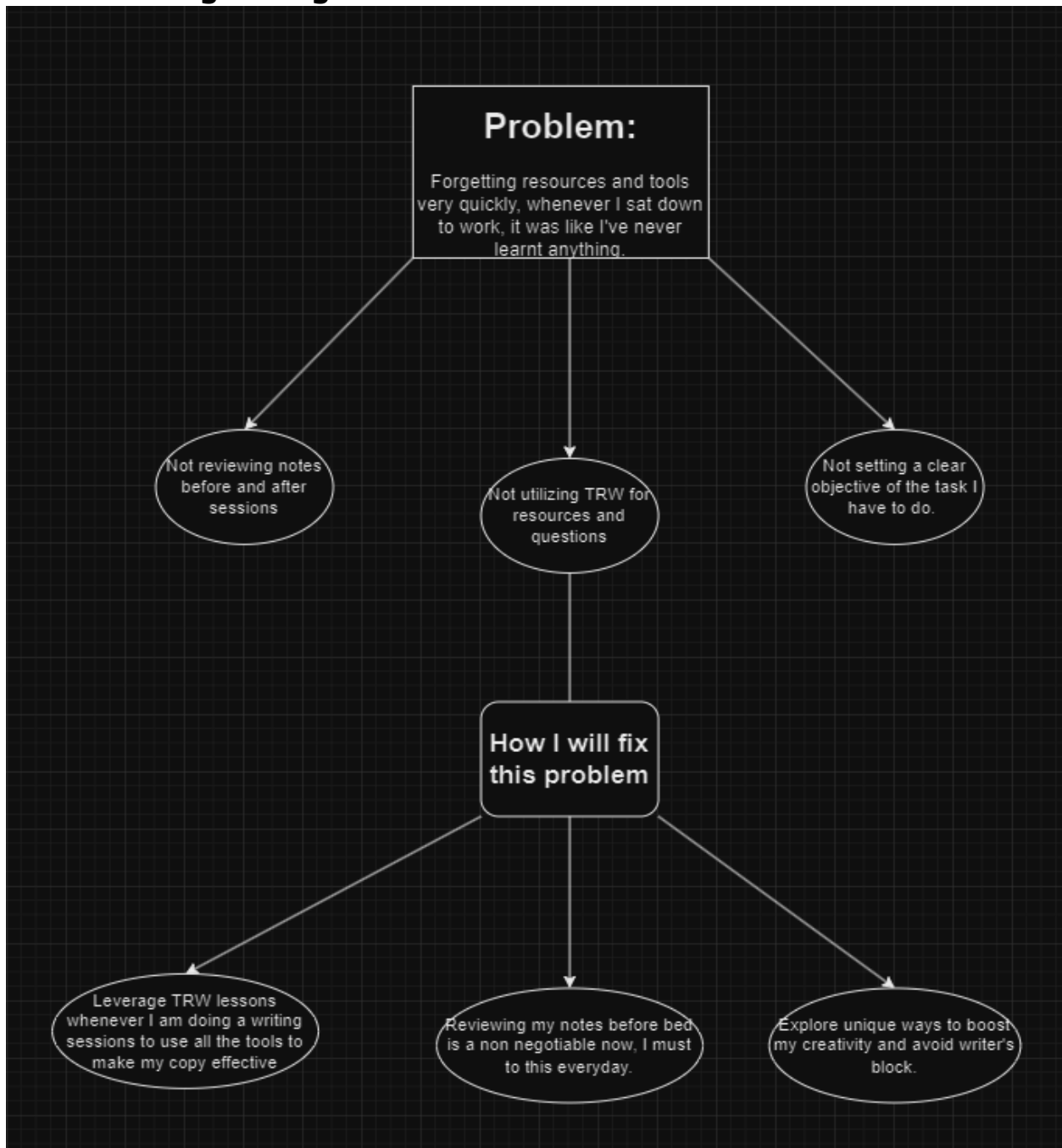


Problem → I have always struggled with remembering stuff, every time I sit down to write and work, I tend to forget the lessons and everything I have learnt. I am stuck, I don't know the checklist or tasks I have to complete and why.

Bad ideas → Go over the notes later, schedule the work for later and not using the chats or resources.

Good ideas → Always go over my notes, get feedback on how I can fix my problem, do a self-analysis session and identify the root cause.

Brainstorming strategies:



Realist and critic process:

Solution: Take notes like A G

1. Write down the notes from every important lesson→ make it easy to understand
2. Go over the notes by using a whiteboard to write the definition and an example
3. Repeat the process twice for modules 1 and 3
4. Keep strengthening my mind and treat it like a muscle

Realist Phase

Solution 1 Analysis - Write simple notes down

- This method is to take notes effectively to boost my understanding of each lesson, cause when I sit down, I tend to forget what I've learnt,

Solution 2 Analysis - Arrange my calendar accordingly

- Arrange the tasks in my calendar each day and identify the sub-tasks, what I must do to achieve that objective and why.
- Testing this method will allow me to find the right path and work on my tasks with a purpose.

Critic Phase

- ❖ Starting the plan off as stated above is not a bad idea, however, I have to dig deeper and identify the root cause of why I feel stuck and why I can't seem to find a rhythm. I will dig deep at each problem and task and identify the objective I need to achieve.