



KELLER MIDDLE SCHOOL

Counseling & Student Support

EMPOWERING STUDENTS, PROMOTING SUCCESS



AUGUST–SEPTEMBER

OBSERVANCES

ACTIVITY

Day/Week:

Mondays:

Morning Mayhem

Tues-Thurs: SEL

Fri: Assembly

Campus Events:

8/11 (1-3p)

Meet the Teacher

8/21

Boot Camp Assembly

8/27(6-7pm)

Open House

9/2

Fall Picture Day

9/25

School Assembly

SEL Focus:

Community, Connection &
Goal Setting

Start with Hello
September

Suicide Prevention Week

Portrait of a Graduate:
[Self-Directed Learner](#)

Digital Citizenship:
Caring for devices

GUIDANCE CURRICULUM:

Get to Know Your Counselor. Counselors will introduce themselves to the school community and share counseling services offered on campus: (visit classrooms, announcements, parent night, staff meetings, school website)

- ★ Something

Get to Know Students Activities: Opportunities to learn the needs of your students and gauge additional resources needed to support campus. Coordinate activities to foster relationships among students.

- ★ [Startw/HELLO.](#)

College and Career Readiness:

- ★ Operations Manual: These manuals are for students to keep track of their learning and school activities. The different sections of the operations manual includes Goals, Data, Celebrations, Leadership and Reflections.

Digital Citizenship:

- ★ [Care of Devices](#)

INDIVIDUAL PLANNING

504/RTI Planning: Follow district 504 monthly guidelines.

Goal Setting/Behavior: [Conscious Discipline](#), [PBIS World](#), [SMART Goals](#)

RESPONSIVE SERVICES

Group Counseling Planning:

- ★ [Small Group Counseling](#)

Individual Counseling: As per needs assessments and referrals

- ★ [Counseling Referral](#)
- ★ [7 Habits of Highly Effective Teens](#), [One Minute Interventions](#)

Crisis Planning: Crisis documents are available

SYSTEM SUPPORT:

Support Activities: Set Up School Counseling Advisory Council: [CREST](#)

Program Management: Student and staff needs assessment ([Needs](#)

[Assessment](#)). Organize your calendar, ensure training dates are documented.

Register in Eduphoria for all necessary training for counselors.

Month:
Hispanic Heritage Month

OCTOBER

OBSERVANCES

ACTIVITY

Day/Week:

Mondays:

Morning Mayhem

Tues-Thurs: SEL

Fri: Assembly

Campus Events:

10/8

End of Grading Period

10/15 (5:30-7p)

Family Muster Night

10/16

Keller Games

10/23

Family Assembly

10/30

Halloween Dance

SEL Focus:

Well-Being & Self-Care

Personal Health & Safety

Portrait of a Graduate:

Self-Directed Learner

Digital Citizenship:

Cyberbullying, Digital

Drama & Hate Speech

Month:

Drug Prevention, Bullying
and CyberSafety

Principal Appreciation

GUIDANCE CURRICULUM:

Drug Prevention, Bullying and CyberSafety Awareness

- ★ [Kid Videos | StopBullying.gov](#), [Stop Bullying Day](#), [Unity Day](#), [No Place for Hate](#), [Crime Stoppers](#)

Red Ribbon Week: Celebrate Life. Live Drug Free.

- ★ [Red Ribbon Week Theme](#), [Ask. Listen. Learn](#)

Digital Citizenship:

- ★ [Cyberbullying. Digital Drama](#)

Post-Secondary Planning & Career Exploration:

- ★ [Mindsets & Behaviors for Student Success](#)

INDIVIDUAL PLANNING

504/Rtl Planning: Follow district 504 monthly guidelines.

Goal Setting/Behavior:

- ★ [SEL Lessons](#), [Conscious Discipline](#), [PBIS World](#)

Holiday Help: Begin identifying and taking referrals for holiday assistance.

RESPONSIVE SERVICES

Group Counseling: Begin 1st cycle of group counseling per needs assessments, referrals, etc. (after school, lunch time, elective classes)

- ★ [Scheduling Small Group Counseling](#)
- ★ [Small Group Counseling Activities](#), [Elementary Group Counseling](#)

Individual Counseling: Individual counseling as per Needs Assessments, referrals, etc. *Review student outcome goals, action plans and results.*

- ★ [5 Key Routines for Individual School Counseling Sessions](#),
- ★ [Short Term Individual School Counseling](#)
- ★ [Solution Focused](#), [One Minute Interventions](#),

SYSTEM SUPPORT

Support Activities: Meet with campus threat team to review cases and documentation

Program Management: District Wide Staff Development, program newsletter sent to parents by this month, review guidance schedule, group plans, and individual session goals.

Program Accountability: Campus Counselors use data to set goals to support student achievement, attendance and behavior. Use data to create your counseling goal in Strive to meet appraisal expectations. [Using Schoolwide Data](#)

NOVEMBER

OBSERVANCES

ACTIVITY

Day/Week:

Mondays:

Morning Mayhem

Tues-Thurs: SEL

Fri: Assembly

Campus Events:

11/11

School Assembly &
Veteran's Day

11/13

5th Grade Hobby Center
Trip

11/20

Career Day & Spelling Bee

SEL Focus:

Relationships &
Communication

World Kindness Day

Interpersonal Effectiveness:
Kindness

Personal Health & Safety:

Portrait of a Graduate:

[Engaged Collaborator](#)

Digital Citizenship:

Media Balance &
Well-Being

Month:

Native American Heritage
Month

GUIDANCE CURRICULUM:

Kindness: Small Acts of Kindness

- ★ [World Kindness Day](#)

Abuse Prevention: Building Assertiveness Skills: (Parent Opt-In Required)

- ★ [Stand Strong Stay Safe](#)
- ★ [QuaverEd Health and PE](#)

Digital Citizenship:

- ★ [Media Balance & Well-Being | Common Sense Education](#)

INDIVIDUAL PLANNING:

504/Rtl Planning: Follow district 504 monthly guidelines.

Goal Setting/Behavior:

- ★ [SEL Lessons](#), [Conscious Discipline](#), [PBIS World](#)

Holiday Help: Identify and collect referrals for Christmas assistance.

RESPONSIVE SERVICES

Group Counseling: 1st cycle of group counseling has started as per needs assessments, referrals, etc. (after school, lunch time, elective classes)

- ★ [Scheduling Small Group Counseling](#)
- ★ [Small Group Counseling Activities](#), [Elementary Group Counseling](#)

Individual Counseling: Begin 1st cycle of individual counseling as needed per Needs Assessments, referrals, etc. (after school, lunch time, elective classes)

- ★ [5 Key Routines for Individual School Counseling Sessions](#),
- ★ [Short Term Individual School Counseling](#)
- ★ [Solution Focused](#), [One Minute Interventions](#),

SYSTEM SUPPORT

Support Activities: School Counseling Advisory Council: [CREST](#). Meet with campus threat team to review cases and documentation

Program Management: Counselor meeting this month, review guidance schedule, group plans, and individual session goals.

Program Accountability: Campus Counselors use data to set goals to support student achievement, attendance and behavior. Use data to create your

	counseling goal in Strive to meet appraisal expectations. Using Schoolwide Data
--	---

DECEMBER

OBSERVANCES

ACTIVITY

Day/Week:

Mondays:

Morning Mayhem

Tues-Thurs: SEL

Fri: Assembly

Campus Events:

12/14

Santa & Mrs. Claus Pics

12/18

School Assembly &

End of Grading Period

Early Release

SEL Focus:

Relationships &

Communication

Portrait of a Graduate:

[Engaged Collaborator](#)

Digital Citizenship:

Privacy & Security

Month:

Community Outreach

[GUIDANCE CURRICULUM](#)

Monthly Guidance Topic:

Caring, community service and standing up for the rights and dignity of all individuals.

Volunteering/Community Service Project: Campus Food/Coat Drive,

★ [VolunteerHouston.](#)

Abuse Prevention Building Assertiveness Skills:

★ [Stand Strong Stay Safe](#)

★ [QuaverEd Health and PE](#)

Digital Citizenship:

★ [Privacy & Security | Common Sense Education](#)

[INDIVIDUAL PLANNING](#)

504/Rtl Planning: Follow district 504 monthly guidelines.

Goal Setting/Behavior: Review goals set by students, mark accomplishments/setbacks, and plan goals for the upcoming semester.

★ [SEL Lessons](#), [Conscious Discipline](#), [PBIS World](#)

[RESPONSIVE SERVICES](#)

Group Counseling: Group counseling closes this semester, prep for next semester groups per needs assessments, referrals, etc. (after school, lunch time, elective classes)

★ [Scheduling Small Group Counseling](#)

★ [Small Group Counseling Activities](#), [Elementary Group Counseling](#)

Individual Counseling: Individual counseling continues as needed per Needs Assessments, referrals, etc.)

★ [5 Key Routines for Individual School Counseling Sessions](#),

★ [Short Term Individual School Counseling](#)

★ [Solution Focused](#), [One Minute Interventions](#),

[SYSTEM SUPPORT](#)

Support Activities: School Counseling Advisory Council: [CREST](#), Meet with campus Threat Assessment Team to review cases, case notes, review training materials, upcoming conferences, and guidance plans.

Program Management: Plan guidance lessons and schedule, groups, and individual sessions for next semester.

Program Accountability: Campus counselors use data to set goals to support student achievement, attendance and behavior. Use data to create your counseling goal in Strive to meet appraisal expectations and students needs.

[Using Schoolwide Data](#)

JANUARY

OBSERVANCES

ACTIVITY

Day/Week:

Mondays:

Morning Mayhem

Tues-Thurs: SEL

Fri: Assembly

Campus Events:

1/21 (6-7p)

4th Grade Parent Night

1/22

School Assembly

SEL Focus:

Responsible Decision-Making

Portrait of a Graduate:

Effective Communicator

Digital Citizenship:

Privacy & Security

Month:

School Board

Appreciation Month

GUIDANCE CURRICULUM

Monthly Guidance Topic: Test Taking, Stress Management and Anti-Victimization

Time and Stress Management: Focus on test-taking strategies and managing test anxiety (stress-management for students/staff, positive morning announcements, etc.)

★ [Test Anxiety](#)

Abuse Prevention: Building Assertiveness Skills:

★ [Stand Strong Stay Safe](#)

★ [QuaverEd Health and PE](#)

Digital Citizenship:

★ [Privacy & Security | Common Sense Education](#)

INDIVIDUAL PLANNING

504/Rtl Planning: Follow district 504 monthly guidelines, and prepare for testing accommodations. Review student IEPs, modifications, accommodations, and behavioral plans.

Goal Setting: Course discussions and selections for Middle School.

★ [SEL Lessons](#), [Conscious Discipline](#), [PBIS World](#)

RESPONSIVE SERVICES

Group Counseling: Begin preparing for 2nd cycle of group counseling as needed per Needs Assessment:

★ [Scheduling Small Group Counseling](#)

★ [Small Group Counseling Activities](#), [Elementary Group Counseling](#)

Individual Counseling Begin 2nd cycle of individual counseling as needed per Needs Assessments, referrals, etc. (after school, lunch time, elective classes)

★ [Short Term Individual School Counseling](#)

★ [Solution Focused](#), [One Minute Interventions](#),

SYSTEM SUPPORT

Support Activities: School Counseling Advisory Council: [CREST](#), Meet with campus Threat Assessment Team to review cases and documentation.

Program Management: Plan guidance lessons and schedule for the semester. Plan for groups and individual sessions. Create and prepare to send out the school counselor spring/monthly newsletter.

Program Accountability: Campus counselors use data to set goals to support student achievement, attendance and behavior. Use data to create your counseling goal in Strive to meet appraisal expectations and student needs. [Using Schoolwide Data](#)

FEBRUARY–MARCH

OBSERVANCES

ACTIVITY

Week:

School Counseling Week

National Random Acts of Kindness Week

SEL Focus:

Relationship Skills

Interpersonal Effectiveness: Kindness

Post-secondary Planning and Career Readiness and Exploration

[K-12 College Readiness Standards ASCA](#)

POG:

[Effective Communicator \(Feb\)](#)

[Innovative Thinker \(March\)](#)

Digital Citizenship:

Digital Footprint & Identity

Month:

Digital Citizen Footprint

African American History Month

Youth Art Month

GUIDANCE CURRICULUM

Monthly Guidance Topic: Celebrate your Counseling Program.

National School Counseling Week:

- ★ [National School Counseling Week Activities.](#)

College and Career Activities: Begin planning or have students complete college and career activities in preparation for college/career fairs/tours:

- ★ [Knowitall.org](#), [MyCareerShinesforKids](#), [Career Awareness Lesson Plans](#), [College and Career Readiness Guide](#).

College/Career Fair: Attend/host in Spring semester

- ★ [CareerDayToolkit](#), [Make it Movement](#)

Digital Citizenship:

- ★ [\[Resource\] March Digital Citizenship and Identity](#)

INDIVIDUAL PLANNING

504/Rtl Planning: Follow district 504 monthly guidelines, and prepare for testing accommodations.

Goal Setting: Course discussions and selections for Middle School.

RESPONSIVE SERVICES

Group Counseling: Begin 2nd cycle of group counseling as needed per Needs Assessment:

- ★ [Scheduling Small Group Counseling](#)
- ★ [Elementary Group Counseling](#)

Individual Counseling: Begin 2nd cycle of individual counseling as needed per Needs Assessments, referrals, etc. (after school, lunch time, elective classes)

- ★ [Short Term Individual School Counseling](#)
- ★ [Solution Focused](#), [One Minute Interventions](#)

SYSTEM SUPPORT

Support Activities: School Counseling Advisory Council: [CREST](#), Send out end of year surveys and share out highlights.

- ★ [Survey of School Counseling Program](#)
- ★ [End of Year School Counseling Program Resources](#)

Meet with the campus Threat Assessment Team to review cases and follow up on students.

Program Management: District Wide Staff Development , plan guidance lessons, threat team cases and documentation

Program Accountability: Campus counselors use data to set goals to support student achievement, attendance and behavior. Use data to

	create your counseling goal in Strive to meet appraisal expectations. Using Schoolwide Data
--	---

APRIL-MAY

OBSERVANCES

ACTIVITY

Day: National Children's Mental Health Awareness Day School Librarian Day Week: National Assistant Principal Week Public School Volunteer Week Teacher Appreciation SEL Focus: Self Awareness Interpersonal Effectiveness: Kindness POG: Innovative Thinker (April) Global Citizen (May) Digital Citizenship: News & Media Month: Mental Health Awareness Month Asian American/Pacific Islander Heritage National Physical Fitness and Sports Month	<u>GUIDANCE CURRICULUM:</u> Monthly Guidance Topic: Career Exploration & Mental Health <i>Mental Health Awareness:</i> ★ KIDZ BOP Celebrates Mental Health Awareness Month ★ 5 Ways to Promote Mental Health Awareness Month ★ Tools for Supporting Emotional Wellbeing in Children and Youth, <i>National Children's Mental Health Awareness Day</i> / SAMHSA <i>Transition Elementary to Middle:</i> Offer activities and guidance lessons to support elementary to middle school transition. ★ 6 Strategies for a Smooth and Successful Transition to Middle School ★ Middle School Transition <i>College and Career Activities:</i> Have students complete college and career activities in preparation for college/career fairs/tours; ★ Make it Movement, MyCareerShinesforKids, VirtualJobShadow <i>Digital Citizenship:</i> ★ News & Media Literacy Common Sense Education <u>INDIVIDUAL PLANNING</u> 504/Rtl Planning: Follow district 504 monthly guidelines, and prepare folders for transition. Goal Setting: Complete course selections for Middle School. Career Exploration: Students use a variety of lessons and online tools to help explore career options. <u>RESPONSIVE SERVICES</u> Group Counseling: Closing 2nd cycle of group counseling as <u>needed</u> per Needs Assessment: ★ Scheduling Small Group Counseling, ★ Small Group Counseling Activities, Elementary Group Counseling Individual Counseling: Closing 2nd cycle of individual counseling as needed per Needs Assessments, referrals, etc. (after school, lunch time, elective classes) and collecting referrals for next school year. ★ 20 Closure Activities - Mrs. Bell The Crafty Counselor ★ 5 Closing Rituals for Group Counseling <u>SYSTEM SUPPORT</u> Support Activities: Close out School Counseling Advisory Council: CREST, Meet with campus Threat Assessment Team to review cases. Program Management: April is last Counselor meeting Program Accountability: Campus counselors review the data used to set goals to support student achievement, attendance and behavior; submit to campus leadership during performance review evaluation. Using Schoolwide Data Summer Resources: Provide students and families with summer resources for social services, academic enrichment and counseling services. PasadenaParks&Rec, BakerRipleyYouthPrograms, Pasadena ISD CTE Summer Programs TBD
--	--

--	--