# **ATTN: Rogaine Participants**

# **UsynligO Guidelines: (ew-sin-le-o)**

- Open UsynligO and choose "Last 7 days" and "Within 50km"
- Use default settings: "Control radius = 15m"
- Make sure UsynligO has GPS access all the time
- Select the correct loop
- Turn up volume of phoneTap "start" at the beginning of the loop
- Tap "Switch to ScoreO"
- If there's a delay with app alerts:
  - Wake up phone and position it for better signal
  - See if it has recorded your control by looking at the bottom of the list of controls. To use this you will need to know how many controls you have found.
  - Try exiting and re-entering radius
  - Use app's distance/direction hints as often as you like
    The # of hints you use will be published!
- Select "Share Route Tracking"

## LiveLox Recorder:

### While still at registration

- o Sign into your LiveLox app
- Tap "Event"
- o Choose "Select Class by six-character code"
- o Loop 1 SQNFGU
- o Loop 2 83XCTZ

#### When you get to the start

- o Tap "Start Recording" when you start your loop
- o Tap "Stop recording" when you finish each loop
- You can view the routes using the following QR Codes



