

Options for UI Screening (may be done verbally, on paper, or electronically) - English

3IQ – The 3 Incontinence Questions

Can choose just the first question, or for additional details about type of urinary incontinence, can add question 2 or questions 2 and 3.

1. During the last 3 months, have you leaked urine (even a small amount)?
 - ☐ No → Stop
 - ☐ Yes → Go to next question

2. During the last 3 months, did you leak urine (check all that apply):
 - ☐ When you were performing some physical activity, such as coughing, sneezing, lifting, or exercise?
 - ☐ When you had the urge or feeling that you needed to empty your bladder, but you could not get to the toilet fast enough?
 - ☐ Without physical activity or a sense of urgency?

3. During the last 3 months, did you leak urine most often (check only one):
 - ☐ When you are performing some physical activities, such as coughing, sneezing, lifting, or exercise?
 - ☐ When you had the urge or feeling that you needed to empty your bladder, but you could not get to the toilet fast enough?
 - ☐ Without physical activity or a sense of urgency?
 - ☐ About equally as often with physical activities as with a sense of urgency?