



WĀHINE PŌ'AI RETREAT

Thursday August 29 – Friday August 30 2024 @ Ala Kukui, Hāna

WEDNESDAY AUGUST 28

- anytime
- Optional arrival at Ala Kukui
 - holoholo, hang out time, dinner on your own

THURSDAY AUGUST 29

- morning
- DIY breakfast / shared stuff
 - We'll have yogurt, granola, fruit and eggs and toast, and coffee of course!
- 8:30 AM
- Ma Ka Hana Ka 'Ike @ Hāna School
 - visit with Lipoa Kahaleuahi
 - afterwards meet at walk point or Ala Kukui - TBD!
- 10:30 AM
- Walk and lunch
 - We're thinking of the short but steep walk to the cross for the mauka views of Hāna, but we'll pick that morning based on weather and how folks are feeling.
 - We'll pick up food truck lunch after!
- 1:30 PM
- Space to share and reflect
 - To open our space, please bring a story, poem, quote, image - any source of inspiration that has spoken to you in the last year. (Please don't stress or spend a ton of time on this – there is a reason I gave 3 days! It can literally be an Instagram meme or a photo of your dog! And yes, showing it on your phone is totally fine!)
- 4:30 PM
- Lei making with Moani - Lei Wili + Lei Hilo
- 6:30 PM
- Dinner by Chef Ryan O'Connor of Chef Minded Farms
 - Bring a beverage to share if you'd like

FRIDAY AUGUST 30

- morning
- DIY breakfast / shared stuff / dinner leftovers plus
 - Same as yesterday + last night's dinners
- 9:00 AM
- 10:30 AM
- Our future as Pō'ai
 - What principles and values defined our group? What should we carry forward?
 - How do you want to continue your pō'ai? How can we support?
- 12:00 PM
- Pizza lunch
- 1:30 PM
- Pau and optional, weather permitting beach trip

TRAVELERS - feel free to update your info if you like!

NAME	ARRIVAL	DEPARTURE	NOTES
Nicole	drive out Wed	Friday afternoon	
Chelsey	fly in Wed 11:44 am	fly out Fri evening	sharing rental car
Michelle	fly in Wed 10:55 am	fly out Fri evening	sharing rental car
Kelley	Wed am, traveling w ohana	traveling w ohana	
Emma	fly in Wed 11:44 am	fly out Fri evening	sharing rental car