

Bella Vista Distance Camp 2026

Date: July 27th- July 31st (Leave 7/27 at 11AM from BV Parking Lot, Return 7/31 at 1:30PM to BV Parking Lot)

Place: Clair Tappaan Lodge: 19940 Donner Pass Rd. Norden, CA 95724 (near Donner Lake)

Cost: \$200 due immediately. \$225 due by June 30th. Payment can be made:

- on-line by pressing the donate button at BVtrack.com (include athlete's name and that it is for camp),
- bring payment to summer training and give to the coach, or
- Mail to treasurer, Amy Fear at 5164 Butterwood Cir, Orangevale, CA 95662 (preferred method)
- Checks made payable to: Bella Vista Cross Country and Track Booster Club

To sign up:

- ☐ Complete the Registration Form [Click here for the form.](#)
- ☐ Pay camp fees.

What to bring:

- ☐ Sleeping bag or blankets (a pillow and fitted bed sheet are provided)
- ☐ Running Shoes. Optional second pair.
- ☐ Water bottle. Very important!! (optional second water bottle for Gatorade)
- ☐ Bathing suit, beach towel, and sunscreen. We will go to Donner Lake beach one afternoon.
- ☐ Spending money for the Donner Lake snack bar/ice cream (optional)
- ☐ Pajamas
- ☐ Clothes to relax in.
- ☐ Large plastic bag to put your dirty clothes in
- ☐ Toiletries (don't forget sunscreen, deodorant, toothbrush/paste, bug spray and chapstick)
- ☐ Towel and washcloth
- ☐ Shorts, t-shirts, underwear, socks, hat (for 5 days)
- ☐ Jacket or sweatshirt and sweatpants (evenings, early morning can be cool)
- ☐ Pen/Paper/Journal (for goal setting)
- ☐ Book/Favorite game (for down time)
- ☐ Flashlight, or head lamp for running in tunnels
- ☐ Extra snacks
- ☐ Camp chair (optional, there will be several logs, but not enough for everyone)
- ☐ Positive attitude