Personal Reflection #4

What was something that really connected with you last week on work and gender? Have you experienced any of the issues discussed? Or watched your family do so? What is one thing you think **you** could do to change these gendered norms and dynamics?

OR

What gendered experiences, if any, have you had with the healthcare system? Do you know family or friends who have experienced the struggles discussed? What steps or actions could we take as an individual, community, and society to change the healthcare system for the betterment of access and care for **all**?

These should be 3 to 5 minutes, or creative media that would equate to that length of presentation

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