Attendees (21):

Name	Agency	Name	Agency
Amanda Davis Scott	Children's Advocacy Center of MI	Amy Gilhouse	ProMedica Farms
Becky Selenko	Lenawee County Health Department	Beth Deakins	YMCA
Dr. Bill Doherty	Doherty Family Dentistry	Brian Elliot	disAbility Connections Inc.
Brook Habay	Lenawee Community Mental Health Authority	Frank Nagle	ProMedica
Jackie Bradley	Lenawee Community Mental Health Authority	Jennifer Ferrari	Family Medical Center of MI
Julianna Moore	Care Pregnancy Center ProMedica Diabetes Edu.	Kara Dominique	Lenawee Medical Care Facility
Kelly Bredeson	Head Start, Adrian Public Schools	Laura Covey	Thome PACE
Laura Schultz Pipis	United Way Monroe/Lenawee Counties	Martha York	Wellwise Services Area Agency on Aging
Megan DeBrabander	Boys & Girls Club of Lenawee	Monica Hunt	Lenawee County Health Department
Sue Lewis	Catholic Charities	Tim Kelly	Cradle to Career
Vickie Pfeifer	Michigan State University Extension		

Frank Nagle called the meeting to order at 8:04 a.m.

Agenda: Motion: JF; Support: BE – motion carries to approve agenda as presented.

Minutes: Motion: TK; Support: MY – motion carriers to approve minutes as presented.

Leadership Updates

Inspiration & Appreciation:

- "New Year's Day. A fresh start. A new chapter in life waiting to be written. New questions to be asked, embraced, and loved. Answers to be discovered and then lived in this transformative year of delight and self-discovery. Today carve out a quite interlude for yourself in which you dream, pen in hand. Only dreams give birth to change" Sarah Ban Breathnach.
- Please submit quotes of inspiration or notes of appreciation please send to <u>frank.nagle@promedica.org</u> by the 4th Friday of each month.

Community Health Updates & Trends: Lenawee County Health Department

- The Health Department reports that there has been an increase in COVID cases in November, which is presumed to follow holiday gatherings. 173 confirmed cases and 61 suspected.
- The Health Department now has plenty of COVID vaccines and is continuing to offer their clinics Monday, Wednesday, and Friday by appointment.
- There have been 35 cases of influenza.

Schools are seeing an increasing trend in sickness with students. It is recommended to practice good hand and overall hygiene.

<u>Collective Impact Core</u> – Trauma & Resilience Common Agenda

- 11 LHN members submitted a temperature check survey to support the network in assessing its current state of being Trauma Aware -> Trauma Sensitive -> Trauma Responsive -> Trauma Informed.
- The PowerPoint slide deck has been updated to include the graphic of responses on slides 10 and 11.
- Based on responses, the LHN appears to primarily be Trauma Sensitive with opportunity to become more Trauma Responsive and Trauma Informed.

Annual LHN Member Survey

- The annual LHN member survey will be completed and distributed to participants in January 2024. In this annual survey, questions will be included to gauge if the meeting date and time should be changed to better accommodate schedules or if meetings will resume the 2nd Thursday of each month from 8-9 am.

2024 LHN Meeting Schedule

- The LHN membership guide packet has been updated for 2024 and will be uploaded to the LHN Google Drive. A meeting invitation will be sent via Outlook for all meetings in 2024.
- It is targeted to resume hybrid meetings in February or March of 2024 and confirmation will be provided at the January meeting.

Webinar Opportunities

- Institute for Public Strategies: Creating Healthy Communities Through Cultural Appreciation

CHIP Strategy & Collaborations

Agency Updates & Emerging Issues

<u>Tim Kelly – Cradle to Career provided the following update(s):</u>

- Families Against Narcotics is working on implementing the Hope Not Handcuffs program in Lenawee County. They are seeking volunteers who are interested in supporting individuals who are seeking treatment for substance and or opioid use disorder. There is a two-hour training for volunteers. For more information, please contact the Lenawee Substance Abuse Prevention Coalition.

<u>Vickie Pfeifer – Michigan State University Extension provided the following update(s):</u>

- Hunger Free Lenawee meetings have identified from food pantries that there has been a significant increase in the demand for food distribution resources.
- Hunger Free Lenawee is focusing on opportunities to provide grant writing resources to pantries and to support opportunities to secure grant funding for Lenawee County.
- -___If you or your organization are interested in volunteering at local food pantries, please contact Hunger Free Lenawee or food pantries directly to coordinate.

Amy Gilhouse – ProMedica Farms provided the following update(s):

- Next week in observance of the Holidays, ProMedica Farms & Veggie Mobile would like to invite all their volunteers, friends and family to join Thursday December 21, 2023 from 3-5 pm in decorating Christmas Cookies and doing a tour of the Farm campus. Please let the Farm team know if you can stop

by. The Veggie Mobile will be open for sales from 3-5 pm, weather permitting. Amy.Gilhouse@ProMedica.org

____The updated Veggie Mobile schedule will be posted to the Facebook page and shared as an attachment in the LHN follow-up email.

<u>Julie Moore – Care Pregnancy Center of Lenawee & ProMedica Diabetes Education provided the following update(s):</u>

- Care Pregnancy Center of Lenawee has two classes available for their Raising Highly Capable KIDS. This evidence-based program provides parents with an interactive, practical and hands-on tools to engage and build community with other parents over the course of 13 weeks. Through relevant stories and exercises, parents will learn about Search Institute's 40 Developmental Assets—essential building blocks that can maximize their child's potential and empower the whole family. Preregistration is required.
- For more information or to register: Contact: Brenda Rinck (517) 263-5701 or email: clientservices@cpclenawee.com

<u>Laura Schultz Pipis – United Way of Monroe & Lenawee Counties provided the following update(s):</u>

- Beginning January 15th (Martin Luther King, Jr. Day) and running through June 19th (Juneteenth), join us for the United Way of Monroe/Lenawee Counties 21-Week Racial Equity Challenge.

This self-guided learning journey is a great way to learn about the history and impacts of racism and how it has shaped the lives of people in Monroe and Lenawee Counties. Participants will be inspired with resources and tools to build racial equity in their work and lives.

Individuals from all over our region are invited to join in the Challenge, coordinated by the United Way of Monroe/Lenawee Counties, to:

- o Raise awareness,
- o Shift attitudes, and
- o Change outcomes.
- January is Human Trafficking awareness month. The Lenawee Anti-Human Trafficking Coalition will be hosting a listen and learn workshop on January 30th, 2024.

<u>Sue Lewis – Catholic Charities provided the following update(s):</u>

- Catholic Charities received a grant and is teaming up with First Methodist Church in Hudson. The team will be providing wrap around resources for community members served by the Church's backpack buddy program that ensures students have food for the weekend.

Jennifer Ferrari – Family Medical Center of MI provided the following update(s):

- Family Medical Center was awarded the Million Hearts Award for having at least 80% of its patient population compliant with blood pressure maintenance.
- Family Medical Center was awarded a grant that will allow them to open 3 student health clinics in the spring of 2024. The clinics will be located in Carlton, Springbrook in Adrian, and Hudson, MI.

Martha York – WellWise Services Area Agency on Aging provided the following update(s):

- Connection Café's continue and will be offered in collaboration with the ProMedica Adrian Ebeid Neighborhood Promise at the Adult Early Education Building, formerly known as Comstock Elementary.
- January 31, 2024 a Bucket List workshop will be held at the Adrian Senior Center. Lunch is provided.
- Diabetes Personal Action Toward Health (PATH) taking place January 22, 2024.
- Cancer Personal Action Toward Health (PATH) taking place January 17, 2024.
- Matter of Balance workshop offered at Tecumseh Senior Center Tuesdays & Thursdays at the end of January.
- For more information on workshops and resources available, please contact Martha York, livingwellprograms@wellwiseservices.org, or call 517-592-1974

Brian Elliot – disAbility Connections Inc provided the following update(s):

The Access for All program is seeking volunteers to support going to local businesses to assess the accessibility within their facilities. Please contact disAbility Connections for more information.

<u>Frank Nagle – ProMedica Adrian Ebeid Neighborhood Promise provided the following update(s):</u>

- Adrian ENP has released a December schedule of collaborative programming that is offered by community partners. The workshops and resources are offered at the Adrian Community Education Center
- Please share the schedule with your networks and organizations.
- For more information or for support registering for offerings, please contact us at:
 - o 517-577-0509 or email Adrian ENP@ProMedica.org

December Advocacy:

- o World AIDS Day: Rock the Ribbon Campaign (12/1)
- o National Influenza Vaccination Week (12/5-12/9)
- o National Handwashing Week
- o International Sharps Injury Prevention Awareness Month
 - o International Sharps Injury Prevention Society

January Advocacy:

- o National Radon Action Month
- o National Blood Donor Month
- o National Cervical Health Month
- o National Birth Defects Prevention Month
- o National Glaucoma Awareness Month

LHN's next meeting is scheduled for January 11, 2024. LHN Leadership meeting is TBD.

Respectfully Submitted,

Frank Nagle Chairperson, Lenawee Health Network Director Community Impact, MI ProMedica