

## **The McMaster Marauder Invitational XC Meet**

**Tuesday, September 30, 2014**

**Dear Cross Country Coach:**

**Please accept this invitation to take part in the Marauder Invitational Cross Country Meet at Churchill Park in Hamilton on Tuesday, Sept. 30, 2014.**

**The course is mostly flat and fast, covering grassy terrain within the perimeter of Churchill Park. Athletes will run loops of 1000m and 2000m.**

**We sincerely hope to see you on the 30<sup>th</sup> of September.**

**Convener: Paula Schnurr (905)525-9140 ext. 23689**

**Location: Churchill Park - Hamilton, Ontario**

**(on Parkside Dr. west of Bond St. N., north of Cline Ave. N., near Marion Ave. and Princess Point) THIS LOCATION IS NOT ON MCMASTER'S CAMPUS.**

**Entry Fees: \$10.00 per competitor to a maximum of \$300.00 per school.**

**All cheques should be made payable to MCMASTER UNIVERSITY.**

**The cut off for entries will be Friday, September 26<sup>th</sup> at 6:00 p.m. There is the possibility of an earlier time if numbers exceed capacity. Please direct your entries to [www.xcrunner.ca](http://www.xcrunner.ca)**

**If you have any questions please contact [schnurr@mcmaster.ca](mailto:schnurr@mcmaster.ca)**

<b>Schedule:</b>	<b>Coaches Meeting:</b>	<b>10:00</b>
	<b>MG- 3000 m:</b>	<b>10:15</b>
	<b>MB- 5000 m:</b>	<b>10:45</b>
	<b>JG- 4000 m:</b>	<b>11:25</b>
	<b>JB- 5000 m:</b>	<b>12:00</b>
	<b>SG- 5000 m:</b>	<b>12:35</b>
	<b>SB- 5000 m:</b>	<b>1:20</b>

**Scoring: the placing of the top four runners will determine each team's score. In the event of a tie, the team whose 4<sup>th</sup> runner finishes nearer to first will decide the issue.**

**Individual Awards: Hooded sweatshirts to top 3 individuals in each race.**

**T- shirts will be given to the TOP 10 in each race. (placers 4-5-6-7-8-9-10)**

**Team Awards: T-shirts will be awarded to the first place team in each race. (5)**