



Sexual Health Education

District 92 will not be making any changes to the Sexual Health Education curriculum for the 2022-2023 school year.

Below are the standards D92 currently covers for each of the grade bands.

[K - 2nd Grade Illinois Learning Standards for Sexual Health Education](#)

[3rd - 5th Grade Illinois Learning Standards for Sexual Health Education](#)

[6th - 8th Grade Illinois Learning Standards for Sexual Health Education](#)

Which programs will students have the opportunity to attend?

Erin's Law* (Grades K-8)

The Comprehensive Health Education Act, often referred to as "[Erin's Law](#)", was passed in the Illinois state legislature on January 24, 2013. [Erin's Law](#) is named after childhood sexual assault survivor, Erin Merryn. This law requires that age-appropriate sexual abuse and assault prevention education is included in grades pre-kindergarten through 12.

The social worker at Walsh School provides the instruction for grades Pre K - 1. All kindergarten parents and new 1st-grade parents get a parent guide at their Parent Teacher Conference as well as the opportunity to attend the orientation presented during PTC time prior to the opt-out letter going home. Here is the website: <https://childluresprevention.com/>.

[Guardian Angel Community Services](#) provides this instruction for District 92 students in grades 2-5 in our schools. "***Do You Have a Secret?***," by Jennifer Moore-Mallinos will be read to students in grades 2-3. The 4th/5th-grade book is "***Matilda Learns a Valuable Lesson***," by Holly-ann Martin.

Oak Prairie Jr. High's health teacher provides instruction for grades 6-8.

For students grades K-5:

- How to recognize an unsafe situation
- How to respond in an unsafe situation
 - How to say no
 - How to report
- Identify private body parts
- Touches - safe, unsafe, confusing (mixed)
- Safety Rule for Touching
- 3 Safety Steps (Say "No!", Get Away, Tell Someone)
- Secrets (good vs. bad)

For students grades 6-8:

- Empowerment and Personal Body Safety
- Sexual Harassment
- Resisting negative peer pressure
- Recognizing manipulative behavior
- Healthy vs. Unhealthy Relationships
- ACT (Acknowledge, Care, Tell) in response to friends in need

*If families choose to opt their child out of the Erin's Law program, forms will be sent home before the scheduled presentation date. Here are copies of the forms from the 2021-2022 school year.

[Walsh School](#)

[Reed School](#)

[Ludwig School](#)

[Oak Prairie Jr. High](#)

Reed's One Book, One School title for 2022-2023:

Just Ask Be Brave Be Different Be You by Sonia Sotomayor

Candor Health* (Grade 5)

[Candor Health Education](#) program is a gender-specific format (female-only and male-only) for puberty education. This class compares female and male reproductive anatomy and introduces the physiological changes that occur during adolescence. Educators address secondary physical changes students will experience. In addition, students will increase their comfort in discussing and caring for their changing bodies.

[Puberty Parent Page](#)

[Understanding Changes FAQ](#)

The Candor Health Puberty Presentation in 5th grade is an "in-school" field trip, therefore, a permission form must be completed for students to participate.

[2021-2022 Candor Health Permission Form](#)

Health and Hygiene Talks (Grades 4-5)

Students in grades 4 and 5 will participate in Health and Hygiene Talks led by the social worker and nurse. Students will be reminded of the importance of keeping their bodies clean, oral hygiene, wearing clean clothes, healthy eating habits, daily exercise, and getting enough sleep.

[2022 Health and Hygiene Presentation](#)

Internet Safety (Grades 4-8)

Richard Wistocki from [Be Sure Consulting](#) provides an annual presentation on how to be safe online for our students and District 92 families.

Health Classes (Grades 6-8)

The following topics will be covered in the 9-week health curriculum taught by the health teacher:

6th Grade Health

1. Understanding your health (changes during the teen years).
2. Skills for a healthy lifestyle
3. Mental & Emotional health/problems
4. Relationships/Promoting social health/Conflict resolution
5. Nutrition/fitness for health
6. [Erin's Law & Consent](#)

7th Grade Health

1. Bullying Prevention
2. Physical Activity & Fitness
3. Harmful Effects of Alcohol
4. Health Risks of Tobacco
5. Drug Awareness & Resistance
6. [Erin's Law & Consent](#)

8th Grade Health

1. Body systems
2. Growth & Development
3. Communicable Diseases
4. Non-communicable diseases
5. Environmental Health & Careers in Healthcare
6. Relationships: Healthy vs. Unhealthy
7. [Erin's Law & Consent](#)

Students in grades 6-8 utilize the **Glencoe Teen Health Course 3** textbook, McGraw-Hill. This is available for parents to preview at Oak Prairie Jr. High.

