ASWM Conference 2025

90-minute workshop

Land Acknowledgement

My Intro

Hello everyone, I'm Dr. Vivien Monroe, and I'm honored to be here with you today. I'm a scholar, diviner, and teacher specializing in divination, women's spirituality, and ancient oracular traditions. My work bridges scholarship with spiritual practice, blending rigorous study with lived experience to help us reconnect with the unseen forces that shape our world.

I've spent years exploring how divination is not just a tool for insight, but a means of relationship, especially with elemental beings, who are the living consciousness of earth, air, fire, and water. These beings are not separate from us; they are interwoven with our very existence. And today, I want to guide you in reawakening that connection.

This presentation isn't just about knowledge—it's about experiencing and remembering our place in the greater web of life. Let's begin.

Guided Journey

"We are surrounded by elemental energies—earth, air, fire, water, and ether. In this moment, we open ourselves to their wisdom."

"Imagine standing in a natural place—by a river, in a forest, atop a mountain, near a flame, or in the vast sky."

"A presence emerges—a whisper in the wind, a stirring in the water, a shimmer in the fire, a pulse in the earth."

"Ask this being: What message do you have for me? Listen. Feel. Sense."

Reflect & Share

- Ask them to open their eyes and jot down a word, phrase, or image that came to them.
- Invite a few people to share. If time is short, simply ask:
  "How did that feel? What surprised you?"

"Whispers of the Unseen: Rekindling Our Elemental Kinship"

We are not alone. We never have been.

All around us, unseen intelligences move through the world—some in distinct forms, others as vast, collective consciousness. The ones I am introducing to you today are known as **elemental beings**—keepers of the forces that shape our existence.

But this is not just about them. It is about **us**.

We often forget that we are not separate from the elements—we *are* them. Our bodies are woven from earth, sustained by water, animated by air, and warmed by fire. And yet, in our modern world, we have become disconnected from the very sources that birthed us, forgetting our lineage, our place in the great web of life.

Divination is the bridge back. It restores our awareness, renews our connection, and rekindles the ancient dialogue between human and elemental being. But this relationship is not just about remembering who we are—it is about **co-creation and healing**.

When we step into **partnership** with elemental beings, we do more than receive guidance. We become participants in the restoration of balance—**healing the planet, tending to the wounds of our ancestors, and awakening wholeness within ourselves.**

And so, today, we listen. Today, we remember. Today, we begin again—together.

Divination is Communication

- Divination is not **prediction**—it is **communication**. It is a process that uses **tools** to facilitate dialogue with beings from various realms, offering insight and guidance rather than fixed outcomes.
- At its core, divination clarifies the **present**, unveiling the forces that led to current circumstances and revealing what actions can be taken to navigate challenges or sustain good fortune. As an **epistemological practice**, it affirms **personal agency**, empowering individuals to understand the root causes of their experiences and take meaningful steps to shape their path forward.
- Through these methods, divination offers a way to **listen, understand, and respond**—not only for personal insight but as a means of collaboration with the unseen world.

How Elemental Beings Speak Through Divination:

- Signs, synchronicities, dreams, ritual messages.

Hands-on Divination Practice

Hold your divination items, breathe deeply, and say:

"I call upon the Elemental Beings of Earth, Air, Fire, Water, and Spirit.

May your wisdom guide me as I seek understanding and healing.

Show me the messages I need to receive today."

Group Share

- Is this something new to you? Either the tools or the process of divination?
- What surprised you?
- Any information you want to share?

Partnered Divination Practice

- **Pair up**: One person asks a question; the other reads for them using the mini divination kit or their own divination tools. You may re-invoke the elements to ask for their guidance.
- Possible questions:
    - *What does the Earth need from me right now?*
    - *How can I help restore balance to the natural world?*
    - *What message do the land spirits have for me?*
    - *How can I cultivate a stronger relationship with the elements?*
    - *What element do I need to work with more in my life right now?*
    - *How can I better honor the unseen world?*
- Rotate partners so each person both **gives and receives** a divination.
- Journal reflections: **What insights arose? What messages felt strongest?**

Integration: Group Reflection & Discussion

- What was surprising or meaningful?
- How did working with elemental beings change the experience of divination?
- How can we continue building relationships with these beings?

Taking Action: Co-Creation for Healing

- **Why This Matters Now**:
    - Climate crisis, disconnection from nature, spiritual fragmentation
- **Practical Ways to Engage**:
    - **Listen**: Regular divinatory practice with elemental spirits.
    - **Act**: Ritual offerings, ecological restoration guided by divination.
    - **Integrate**: Bringing their wisdom into personal and collective healing.