North Star Swim Team (NSST) Parent Code of Conduct
(12 Aug 2025 update)

NSST expects all adults associated with the Team to thoroughly read the Codes of Conduct and the Code of Conduct Disciplinary Guidelines so that they understand the Codes of Conduct and the potential consequences for violations.

The Codes of Conduct exist to set expectations regarding behavior and actions, in order to best represent the purpose of North Star Swim Team, which is to support all athletes in achieving their goals, create opportunities for the development of leadership and life skills, and instill a lifelong love of the sport of swimming.

The Codes of Conduct are subject to change per the Board of Directors.

Parent/Guardian Code of Conduct

In an effort to provide a positive athletic environment and to represent North Star Swim Team to our community and the communities we visit as a guest, I agree to the following:

1. I understand the importance of embracing the values of good sportsmanship while demonstrating fairness, respect, and self-control by supporting ALL swimmers, coaches, officials, and parents.
2. I understand that it is a privilege, not a right, for my child to swim with the North Star Swim Team.
3. I will refrain from making derogatory comments about NSST swimmers. This includes comments directed at coaches, staff, volunteers, the Board of Directors, officials, and other NSST parents/guardians.
4. I will respect the coaches and their authority during practice by not coaching or instructing my child during practice.
5. I will respect the officials and their authority during the meets and will refrain from questioning, discussing or confronting officials during or immediately after a meet.

6. I will respect the locker rooms as private areas for swimmers and will not enter them per SafeSport policy.
7. I will encourage good sportsmanship by demonstrating positive support for all swimmers, coaches, fans, volunteers, building facilities workers and officials at every practice and swim meet.
8. I understand that intoxication prior to, during, or after swim meets, or while representing North Star Swim Team at post-meet events such as team dinners, is prohibited.
9. I understand that my actions are subject to the USA Swimming Rules, Safe Sport, Bylaws, Code of Conduct and Minnesota Swimming guidelines and that regardless of my knowledge of the same, I understand that my actions will be gauged by their content and agree to conduct myself accordingly.
10. I will not use social media to make inappropriate or disrespectful comments or convey disregard towards others.
11. I understand that it is my responsibility to respect all equipment, supplies, and facilities and to ensure that my child does the same.
12. I will positively reflect the association in all my actions, language, and behaviors including displaying respectful demeanor to opponents and staff while traveling/representing North Star Swim team at other pools and in other cities.

Parent Code of Conduct Disciplinary Guidelines

Violation of the Parent Code of Conduct is detrimental to the team and may be brought forward to the NSST Board of Directors by the team's coach or NSST parents/guardians. If a violation is reported, a meeting with the NSST Board will be held as soon as possible. The NSST Board may impose penalties ranging from a verbal warning up to suspending a parent/guardian from all team functions for one week to the duration of the season. Continued Code of Conduct violations may result in permanent removal of the parent/guardian's swimmer from NSST. During the sanction, the parent/guardian will not be allowed in any facility during NSST events.