



Basic Needs Center

Basic Needs Center Break Resources

Hello Basic Needs Center (BNC) community,

Below you will see the BNC's closure dates, as well as information about our services. For community resources and support while the BNC is closed, please visit [here](#).

BASIC NEEDS CENTER SERVICE DATES

SERVICE DATES

- [CalFresh Assistance](#): Closed: 12/11 at 3:00pm | Reopens: Monday, 1/26 at 1pm
- [BNC Welcome Center](#): Closed: 12/11 at 4:30pm | Reopens: Monday, 1/26 at 1pm
- [Basic Needs Food Pantry](#): Closed: 12/11 at 4:30pm | Reopens: Tuesday, 1/27 at 1pm
- [Basic Needs Assistance Form](#): Closed: 12/11 at 5pm | Reopens: Monday, 1/26 at 9am

FOOD & CALFRESH SUPPORT

- **Food:** For [local food pantries](#), meals and other community emergency resources
- **CalFresh:** To [apply on your own](#) or for more information, please visit [our website](#). For questions or support with your CalFresh case, email calfreshsupport@berkeley.edu, please note there will be a delay in response time. If you would like to schedule an appointment, please check our [Calendly](#) for availability.

FINANCIAL/RENT SUPPORT

- [Short-Term Emergency Loans](#): An interest-free/fee-free option to consider for financial support through the Financial Aid Office
- Please talk to your landlord if you think your rent payment may be late

HOUSING SUPPORT

- Emergency Housing Support
 - [Shelters and Housing Resource Centers](#)
- Short-Term, Temporary, or Transitional Housing
 - Please review these [Short-Term Housing Options](#)
 - Please consider options such as staying with family, friends, or using motels/Airbnb, sharing hotels with others in a similar situation etc.
- Housing Search: See our comprehensive [Housing Search Resource List](#)

ADDITIONAL RESOURCES

- See below and our [website](#) for additional Community & Emergency Resources
- For updates about our offerings, you can access our [social media here](#).

OTHER EMERGENCY RESOURCES

- **Health & Wellness**

- Call (510) 643-7197 to speak to a [24/7 Advice Nurse](#) through UHS. The [Advice Nurse](#) line connects to [After Hours Assistance](#) when the Tang Center is closed
- Find a local [Urgent Care Center](#) or a [local emergency room](#)
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255) or Call 988
- Crisis Text Line: Text "START" to 741-741 (24/7)

- **[Counseling and Psychological Services \(CAPS\)](#)**

- Offers counseling for academic, personal, and career concerns. For questions or to set up a phone triage, please visit the [FAQ page](#), call (510) 642-9494, or the after hours support line at 855-817-5667

- **[PATH to Care](#)**

- Confidential, free, campus-based resource for urgent support around sexual assault, sexual harassment, interpersonal violence, stalking, and invasion of sexual privacy. Call 510-642-1988 or email ptcadvocates@berkeley.edu
- National Sexual Assault Hotline (24/7): 800-656-4673