

2025 CHS Cross Country Team Code of Conduct

Being a member of the Chanute High School Cross Country team will be a rewarding and enjoyable experience, as well as a privilege. As a member of this team, you will be expected to be at practice every day with the desire to work hard, follow team rules and expectations, and participate with and contribute to the team in a positive manner. Please review the following code of conduct with your parent(s) and/or guardian(s) and return the signed bottom portion.

- Student-athletes must meet all district and KSHSAA eligibility requirements.
- Student-athletes will show good sportsmanship and treat coaches, team members, officials, and opponents with respect at all times.
- Absences must be excused by the coaches. An unexcused absence will result in exclusion from the next meet (competing and traveling) and three unexcused absences will result in dismissal from the team. Direct communication is expected beforehand by the student-athlete if he/she is going to be late or needs to miss practice. Contact information for both coaches can be found on the back of this document.
- After the 5th day of practice, the roster will be set and no new additions will be accepted. This does not apply to transfer students who move in after this deadline.
- Student-athletes will be expected to be on time to practice, meets, and other team functions.
- Daily practices will begin at 3:30 pm and will be done by 5:30 pm. On some weekends, there will be a required Saturday morning practice for varsity athletes. Weekly practice schedules will be sent out on the Friday before each week. Student-athletes with jobs are expected to communicate their practice and meet schedules with their employers, as work will not be accepted as an excused absence.
- The use of alcohol, tobacco, steroids, and drugs will be strictly prohibited. Student-athletes found to be in violation will be subject to the policies set forth in the Chanute High School Student Handbook.
- Student-athletes will be expected to uphold their responsibilities in the classroom. There will be weekly grade checks and any student-athlete with an 'F' will have one week to bring that grade above failing. After that, the student will not be allowed to compete or travel until grade is passing.
- The rules and policies within the CHS handbook will be followed. Violation of those rules may lead to additional disciplinary action by the coaching staff.
- Any actions that are deemed to be detrimental to the team and/or school may result in dismissal from the team.
- Student-athletes must travel to competitions with the team and stay for the duration of the event. After completion, if parents wish to take their child home, they may sign their child out with one of the coaches. In order to travel home with any other family members, a notarized letter needs to be delivered to the office 24 hours before the event.
- Student-athletes will earn a varsity letter by meeting any of the following requirements:
 - o Compete on the varsity team for a total of four meets.
 - o Medal in a varsity race.
 - o Compete on the varsity squad at SEK and/or regionals.

As a member of the 2025 Chanute High School Cross Country team, I have read, and agree to abide by, the team code of conduct. Parent(s) and student-athlete have read and agreed to abide by all policies set forth in the Athletic Handbook found in the student agenda.

Student Athlete: _____ Parent/Guardian: _____ Date: _____

It is your responsibility to contact one of the coaches if you are going to be late or miss a practice. Do not have a friend tell us and expect it to be excused.

Message us through the Ballfrog app, tell us in person, send us an email; but do not just not show up and then come with an excuse the next day.

Coach Rinehart

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Coach Walker

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