Draft Schedule for 2027 BIPOC retreat with Kritee Kanko

Belonging to Each Other: Falling in Love with Mother Earth Together

Work That Reconnects		Gratitude	Trust building	Honoring our pain	Seeing with new eyes	Integrate & Going Forward	Re-entry into the world
Date	**Mon, May 17**	**Tue, May 18**	**Wed, May 19**	**Thu, May 20**	**Fri, May 21 SOLO**	**Sat, May 22**	**Sun, May 23**
6:30		**Meditation**	Yoga/Movement			Yoga/Movement	
6:45-7:30			Morning Meditation		Pack meal Blessings	Morning Meditation	
8-9:30		Silent Breakfast and cleanup	Silent Breakfast + Cleanup	Silent Breakfast + Cleanup		Silent Breakfast + Cleanup	Breakfast + Cleanup
9:30-10:30		Practice of resting, listening, building trust & vulnerability	Four layers of belonging amidst chaos	Grief Ceremony Somatic share in small groups		Dharma talk: Climate & justice movement	Review of healing practices + Feedback
10:45 – 12:00		Walk to meadow + Outdoor intro to kinning + mirroring	Walk to Rockpile + Dharma sharing in groups about our work	Break Guidelines 1.5 hour Grief/Rage ceremony in full group	Solo practice in nature	Dharma sharing in small affinity groups OR Individual support (15 minute sessions, slots for 12 people)	Closing ceremony to call in ancestors for going into the world
12:30-2		Silent Lunch (except on Aug 21) + cleanup				Lunch (15 min silent) + cleanup	Early leftover lunch at noon + community cleaning
2 – 3:30		Movement & Ecstatic dance (with Ramon Parish)	Song and Movement session (with Nii Armah)	Cleansing ceremony (with Bianca Acosta)		Going forth: Seven generations practice	Blessings and Departures no earlier than 2 pm.
3:30-6	3:30 Intros, songs Ice breakers Orientation to lodge and land Opening ceremony	Talk: Arc of retreat, Polycrisis + Conflict during retreat + Block Build Be 5 pm Small affinity groups	Large group: work in the world in context of BBB 5pm Yoga/ Movement	Debrief Intro to Solos (Our fears) Selection of spots	5 pm Welcome Back		Teachers and retreat managers leave
6:30 - 8	Silent Dinner + Cleanup						
8:15 -9:45	Orient to Silence, Altar bowls + Meditation	Stories of our grandmothers	Rest/ optional relaxation at 8:30	Rest/Prep for Solo	8pm Solo integration time by portal	Collaboration Dreams for Movement building	
9:45	Noble Silence (please maintain complete silence till after breakfast the following day)						