

Abortion Resources

- [Planned Parenthood](#) can help you determine the best type of abortion for you. Under “Find a health center”, select “abortion” under “services”, enter your zip code (Chicago, IL 60637), your age and the first day of your last period, and click “find abortion provider”. You will see the types of abortion you can get and a list of abortion providers near you with the types of abortion they offer.
- Beware of “crisis pregnancy centers”!!! These are fake abortion clinics, often religiously affiliated, posing as reliable medical providers to dissuade you from getting the abortion or contraception you need/want via scare tactics, guilt tripping, withholding information on your comprehensive contraception/abortion options, etc. You can use [this website](#) to check if the abortion provider of your choice is a verified provider and not a so-called “crisis pregnancy center”.
- Your parent/guardian does not have to know about your abortion. If you share an insurance plan with your parent/guardian and do not want them to know about your abortion or any contraceptives under insurance, call your insurance provider and explicitly request that your coverage be hidden from your parent/guardian and that the EOB (Explanation of benefits, a document stating the service you got under insurance, the date, insurance coverage, and out of pocket costs for that service) be sent only to you (your email) and that it is not visible to your parent/guardian on their insurance portal. Don't be afraid to advocate for yourself!