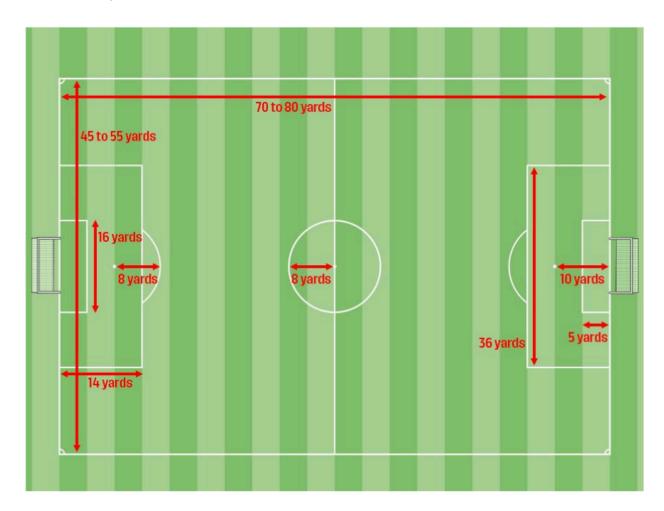
The IFAB/FIFA Laws of the Game will be followed for all games except as modified in this document. The FIFA Laws of the Game can be found at http://www.theifab.com/laws.

We are also adopting modifications mandated by the US Soccer Player Development Initiatives (PDI) and the AYSO National Rules and Regulations. Where they differ, we Have documented what we will be following here.

The following are the modifications being used by the Honolulu Region.

A. THE FIELD:

Approximately 80 yards long and 55 yards wide with 7 x 21 foot goals. Markings for Touch Lines, Goal Lines, the Halfway Line, Center Circle, Goal Area, Penalty Area, Penalty Arc, and Corner Arcs.



B. THE BALL:

Size four (4).

C. PLAYERS:

- 1. The minimum number of players per team on the field at any time is six (6). The maximum number of players per team on the field at any time is nine (9).
- 2. Substitutions: At quarters and halftime.
- 3. Playing time: Minimum of 50% of the total playing time for each player and 75% when possible. No one should play four quarters until everyone has played three. Players who play Goalkeeper position (maximum 2 quarters) must play at least 1 quarter in a field position.

D. PLAYERS' EQUIPMENT:

- 1. Footwear: Safe cleated soccer shoes, tennis shoes, gym shoes or other safe shoes.
- 2. Shinguards are MANDATORY for both practices and games.
- Jewelry is not permitted except for glasses, medical bracelets or necklaces that are taped in place so they are covered and do not swing free, and soft elastic bands to hold long hair in place.

E. REFEREE:

- 1. One center referee and two assistant referees.
- 2. Referees should emphasize SAFETY, FUN, FAIRNESS and LEARNING.
- Referees who have questions or who would like assistance are encouraged to contact our Regional Referee Administrator (contact information is on our web site at www.AYSOHonolulu.org). The Region would like to provide a REFEREE MENTOR (an experienced referee) to support and assist each referee requesting the same.

F. DURATION OF GAME:

Games are sixty five (65) minutes running time. The entire game should end at the expiration of running time.

- 1. Thirty (30) minute halves with running time. Quarter break at about halfway through half for water and substitution. Stoppage for quarter is when ball is out of play and before restart. Stoppage for half and for end of game is when time runs out even if ball is in play.
- 3. Five (5) minute halftime break.
- 4. Referee should shorten halves and/or halftime break as necessary to end game at the scheduled ending time.

G. FREE KICKS:

The required distance for opponents is eight (8) yards from the spot of the free kick.

H. FOULS & MISCONDUCT:

- Referees must enforce all the Laws of the Game including both penal and non-penal fouls and must penalize the offending team appropriately (direct free kick or indirect free kick).
- 2. Referees should be particularly cognizant of players who are playing in a manner that is dangerous to other players or to themselves. This dangerous play must be immediately stopped and appropriately penalized (indirect free kick to the opposing team).
- 3. A yellow card or a red card may be issued to a player if his/her actions (foul or misconduct) warrant this action. The referee should try to work with the coach as much as possible, including coordinating the voluntary removal from the field for time out and counseling, to avoid having to publicly caution (yellow card) or send off (red card) a player.
- 4. However, a tackle, regardless of direction, which endangers the safety of an opponent must be sanctioned as serious foul play. The player must be sent off from the field (red card) immediately.

I. HEADING:

Deliberate heading of the ball is not permitted. Deliberate heading by a player shall result in an Indirect Free Kick for the opponents from the spot of the violation. An Indirect Free Kick awarded to the attacking team inside the opposing team's goal area, must be taken on the goal area line at the point nearest to where the violation occurred.

L. GOALKEEPER PUNTING:

Punting is allowed.

M. COACHES AND SPECTATORS:

- 1. Spectators, players not on the field, equipment, etc. should be at least three (3) yards from the touch line. No spectators should be behind the goal or the goal line.
- 2. Coaches shall remain one yard from the touch line and within a few yards of the half way line.
- 3. No individual should be allowed to run the length of the field except players in the
- 4. Coaches and spectators should encourage players ON BOTH TEAMS in a positive manner.
- 5. Spectators may cheer and encourage, but should not coach. Only coaches should coach. Coaches should not be constantly yelling instructions or shouting during the game but should moderate the volume and frequency of their vocal coaching and shouting to promote an enjoyable experience for players and

- spectators from both teams. Coaches should not coach players during the quarter breaks. Quarter breaks should be used for drinking water and substitution only.
- 6. Coaches, parents and players should NOT direct any dissent or criticism of referee performance or decision toward a referee or exhibit any such dissent or criticism in presence of a referee. Any criticism of referee performance should be made to the Age Group Commissioner in charge of the game or to the Regional Referee Administrator.