TROOP 401 AND CREW 401 EQUIPMENT LIST

July 2013 (Revised) May 1995 (Original)

Car Camping and Day Hikes:

Clothing items can vary depending on time of year, location of outing, etc.

Backpacks

Warm Clothing is important at any time of year!

EXAMPLES: 50 degrees at sea level = 35 degrees at 6000', add 15mph wind = 20 degrees at 6000' 70 degrees at sea level = 55 degrees at 4000', add 25 mph wind = 30 degrees at 4000'

Ten Essentials Plus									
	Car	Day Hike	2-3 Day	4+ Day	Comments				
	Camp	,	Backpack	Backpack					
Мар	•	*	*	*	supplied by the troop or crew				
Compass	*	*	*	*	Preferably base plate type				
Flashlight	*	*	*	*	Extra battery if not LED type				
First Aid Kit									
Band aids	*	*	*	*					
moleskin		*	and molefoam						
Fire starter	*	*	*	*	Also suggest: Storm candles				
Extra Matches	*	*	*	*	In waterproof container				
Pocket Knife	*	*	*	*	•				
Extra Clothing									
Raingear	*	*	Recommen	nd pants too	water proof rain jacket/hood				
Space Blanket	*	*	*	*	"emergency blanket"				
Extra Food					Survival Food, not snacks				
Food	*	*	+ 1day	+ 1 day	e.g. Sports bars or trail mix				
Water	1 Qt. +	2 Qt. +	2 Qt. +	2 Qt. +	depends on hike location				
Sun Protection				3					
Sunglasses	*	*	*	*					
Sunscreen	*	*	*	*	at least SPF 15				
Lip Balm	optional	optional	*	*	at least SPF 15				
Brimmed Hat	*	*	*	*	Baseball caps OK				
Extra items					•				
Whistle	*	*	*	*					
Insect repellent	*	*	*	*					
Bread Bags	4	if snow	4	4	or small plastic grocery bags				
Snack Foods	optional	*	*	*	Not all junk food				
Sport Drink Mix	optional	*	*	*	Mix ½ strength				
Small Mirror	•	*	*	*	or compass w/mirror				
50 feet rope & duct tape	*	*	*	*	"parachute" cord,1/8" or3/16"				
KITCHEN									
	Car	Day Hike	2-3 day	4 + Day	Comments				
	Camp		Backpack	Backpack					
fork	*								
spoon	*	*	Suggest 2	Suggest 2					
mug	*	*	*	*					
bowl	*		optional	optional					
plate	*								
large trash bag	1	1	1	2					
quart & gallon Ziplocs	1 each	1 each	2 each	3 each					
matches	*	*	*	*	In zip-loc bag				

BATHROOM									
	Car Camp	Day	2-3 Day	4+ Day	Comments				
		Hike	Backpack	Backpack					
Toilet paper	*	*	*	*	Kleenex packets OK				
Washcloth	*		*	*	or bandanna				
Hand Towel	*		small	small					
Deodorant	*				Unless in bear country				
Toothbrush	*		*	*	Also toothpaste				
Soap	*		*	*	Campsuds work great				
CLOTHES									
Underwear	*		1-2	2+					
Night clothes	*		*	*	T-shirt or long underwear depending on time of year				
Short sleeved shirt	*		1	2	not cotton				
Shorts	D	epending or		synthetic					
Stocking Cap	*	*	*	*	Wool or synthetic fleece				
Gloves	*	*	*	*	not cotton				
Long Underwear	*		*	*	not cotton				
Long Pants	D	epending or	wool or synthetic fleece						
Long Pants		epending or		lightweight non-cotton					
Long Sleeve Shirt or	*	*	*	*	synthetic,				
Light Jacket					rain jacket OK				
Warm Jacket or	*	*	*	*	wool or synthetic fleece or				
Sweater					synthetic down				
Extra Layer	D	epending or	wool or synthetic fleece or synthetic down						
Воотѕ									
	Car Camp	Day Hike	2-3 day Backpack	4 + Day Backpack	Comments				
Hiking Boots	Preferably	*	*	*	treat with water sealer				
Camp Shoes			Opti	onal	lightweight				
Socks	*				non-cotton				
Liner Socks	Recommended	*	2	2+	lightweight synthetic				
Outer Socks	Recommended	*	2	2	wool, fleece or midweight/ heavyweight synthetic				
		BED	ROOM						
	Car Camp	Day Hike	2-3 day Backpack	4 + Day Backpack	Comments				
Sleeping pad	*		*	*	closed cell				
Sleeping Bag	*		*	*	Preferably 20 degree rating or lower				
House									
	Car Camp	Day Hike	2-3 day Backpack	4 + Day Backpack	Comments				
Day Pack	*	*							
Backpack	*		*	*					

Questions???

ASK THE YOUTH OR ADULT LEADERS