



School Counselors toured colleges for our November 5th PD!

Dates to Remember		Location	Additional Information
Now-12/11	FLHS Compassion Committee Annual Gift Card & Cash Drive	FLHS Main Office	Click HERE
12/4	Thriving in College & Beyond	Virtual	2 PM Register HERE
12/4	Completing the FAFSA	Virtual	7 PM Register HERE
12/4	Linking Your Student's Strengths to Career Exploration	Virtual	8 PM Register HERE
12/10	6 Ways You Can Help Your Child Succeed at Time Management	Virtual	7 PM Register HERE
12/11	Demystifying the College Financial Aid & Scholarship Process	Virtual	8 PM Register HERE
12/11	Mini-Military Fair	FLHS College & Career Center	10:30 AM-11:30 AM
12/12	Top 5 Time Management Strategies for Busy Students	Virtual	7 PM Register HERE

1/8	Junior Parent Night-Four Year College Planning	FLHS Auditorium	More information will be sent in late December.
1/9	GAP Year Fair	Warde Front Entry Hall	6PM-8:30PM Register HERE
1/29	Course Selection Night	FLHS Auditorium	More information will be sent in January.

10th
Grade

Grade 10 students will meet **individually** with their school counselor during a scheduled English class this month to review the results of the ***Find Your Path*** (FYP) survey they completed on [SchoolLinks](#) last month. This conversation will help students understand their strengths and interests, providing a solid foundation for exploring college and career options. It will also assist counselors in working with students to plan their course schedules for the next school year. Course selection meetings will take place from **February through March**.

FLHS Compassion Committee

11th Annual Gift Card and Cash Drive



to support FLHS
families facing
challenging
circumstances
during the
holidays

Collection Dates:

Wednesday, November 27:
7:00 AM - 10:30 AM

• **Friday, December 6:**
7:00 AM - 7:30 AM

• **Wednesday, December 11:**
7:00 AM - 7:30 AM

Drop-off Location:

Representatives will be at all three
entrances of FLHS during drop-off.

Can't Make These Dates?

Donations can also be dropped off at:

- MAIN OFFICE
- PUPIL SERVICES (RM 266)

Any time during school hours, through
Wednesday, December 11.





+ GO BEYOND THE CLASSROOM + TAKE A GAP YEAR! +



Photo credit: Gill Shark Conservation Project

\$5,000 Scholarship ✨

🤔 Earn a bonus point by attending a fair!

Register today!

✓ Meet gap year experts & alum while exploring program options.



**FAIRFIELD
GAP YEAR FAIR**

Thu, Jan 9, 2025



PUBLIC EVENT HOSTED BY
Fairfield Warde High School
6-6:45 PM Gap Year 101
6:45-8:30 PM Gap Year Fair

Learn more at usagapyearfairs.org

FLHS PRESENTS

★ ★ ★

MINI MILITARY FAIR

WEDNESDAY, DECEMBER 11

10:30 - 11:30AM

★

COLLEGE & CAREER
CENTER

YOUR CHANCE TO CONNECT WITH:

ARMY

NAVY

COAST GUARD

MARINE CORPS

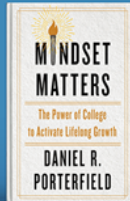
AIR NATIONAL GUARD



UPCOMING WEBINARS

Thriving in College and Beyond

FREE VIRTUAL EVENT:
Wednesday, December 4
2 pm ET / 11 am PT



Mindset Matters
AUTHOR
Dan Porterfield
President and CEO
Aspen Institute

Next | Office Hour HOSTED BY Jeff Selinger

WITH SUPPORT FROM THE GATES FOUNDATION **Gf**

Thriving in College & Beyond

December 4

2 PM

Register [HERE](#)

In today's rapidly evolving economy where always-on learning is critical, developing a growth mindset isn't just about academic success—it's about preparing for a future where adaptability and resilience are essential. Traditional approaches to

motivation and achievement aren't connecting with today's students. At the same time, research shows that mindset—more than ever—shapes how students approach challenges, handle setbacks, and ultimately thrive in their academic journeys.

Completing the FAFSA

December 4

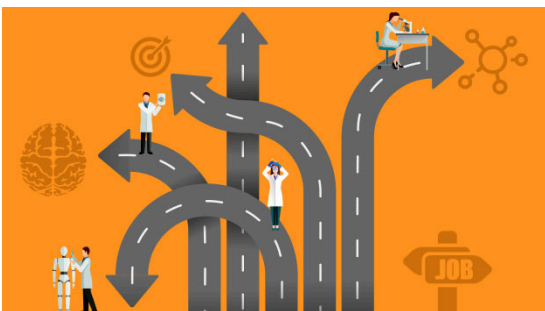
7 PM

Register [HERE](#)



The Free Application for Federal Student Aid, or FAFSA®, is the key to students unlocking as much free money as they can. We know that the FAFSA® can be intimidating, but it doesn't have to be. Join our free webinar where we'll review how users get started, what key changes went into effect last year, and what students can expect after they complete it.

Space is limited, so please register early to guarantee your spot.



Linking Your Student's Strengths to Career Exploration

December 4

8 PM

Register [HERE](#)

Join us to guide your student in identifying their strengths and kickstarting their career exploration. We'll break down the differences between career clusters, pathways, and individual careers, helping you start with a broad search before narrowing down to specific options. Learn how to connect your child's skills and interests to a range of potential career opportunities and uncover paths you may not have considered before.



6 Ways You Can Help Your Child Succeed at Time Management

December 10
7 PM

Register [HERE](#)

In this engaging 90-minute parent workshop, we will explore essential time management strategies, focusing on task prioritization and the effective use of time. Developed in

collaboration with Rush Neurobehavioral Center, this session offers parents actionable techniques to help their students stay focused and manage their time more effectively.

Demystifying the College Financial Aid & Scholarship Process

December 11
8 PM

Register [HERE](#)

Perry Kalmus, Co-Founder of AKALA will take you through a live action experience step-by-step of the FAFSA, CSS Profile, Net Price Calculator, and Scholarship Resources. This presentation will help make the overwhelming nature of college financing a little less stressful for parents and students.



Top 5 Time Management Strategies for Busy Students

December 12
7 PM

Register [HERE](#)

As the school year progresses, your student may struggle with balancing schoolwork and extracurriculars. Join us to learn time management tips, including creating effective to-do lists, setting goals, and using productivity tools, to help them stay organized and reduce stress to ensure they start the new year on a positive note.





Financial Aid Night Recording

RECORDING & PRESENTATION

FAFSA Reminder & Resources

This is a reminder that grade 12 families can begin completing the Free Application for Federal Student Aid (FAFSA) starting this December. This is a critical step in securing financial aid for college.



- [FAFSA Website](#)
- [Why the FAFSA is Important](#)
- [A step-by-step guide to completing the 2025-26 FAFSA questions](#)

The NCAA Eligibility Center logo, featuring the word "NCAA" in a blue circle followed by "ELIGIBILITY CENTER" in blue text.

NCAA INITIAL ELIGIBILITY

For College-Bound Student-Athletes

A circular portrait of Amber Viles, a woman with long brown hair and glasses, smiling.

Amber Viles
Assistant Director
of Communications

A circular portrait of Ivory Long, a woman with long dark hair, smiling.

Ivory Long
Assistant Director
of Outreach and
Strategic Partnerships

A circular portrait of Jantzen Raymond, a man with short dark hair, smiling.

Jantzen Raymond
Assistant Director
of Outreach and
Strategic Partnerships

NCAA INITIAL ELIGIBILITY FOR COLLEGE-BOUND STUDENT-ATHLETES

RECORDING & PRESENTATION

[Guide for the College-Bound Student-Athlete](#)



Did you know you can start a career in dental assisting without higher education?



Dental assistants are high in demand! 72% of dentists reported difficulty hiring dental assistants, the biggest challenge being a **shortage of qualified applicants**. **The Smile Success Center** is an opportunity to prepare you with pre-job training so you can walk into your first dental assisting job with confidence.

8 Hours In-Person
4 Hour At-Home
Module

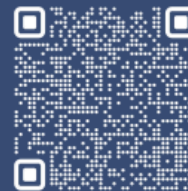


**CT State Dental
Association wants
YOUR resume to
stand out!**

\$449
Package Price



Scan the QR Code and/or take a tab!



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Interesting Reads

[The FAFSA Is Live, Tested, and 'Already Working'](#)

[A Trend Colleges Might not want Applicants to notice: It's Becoming Easier to Get in](#)








FAIRFIELD LUDLOWE HIGH SCHOOL

B.I.N.G.O HUB

Be Informed Now to Go Onward!



AP Information Parent Letter 2024 Total Registration - Click here to pay for your AP Exam	Course Selection Presentation Elective Virtual Tour Course Selection Website (course syllabi, sample tasks, student work samples of advanced courses) Graduation Requirements 5 credit "Arts" Courses	ECE Sacred Heart Letter UConn Letter	NCAA NCAA Eligibility Center Division I & Division II Eligibility Requirements NCAA Guide for the College-Bound Athlete	SchoolLinks Manage College Applications on SchoolLinks School links info SchoolLinks Log In
9th & 10th Grade How to Make the Best of Your Resources 24-25 Organization Station Worksheets	11th Grade Post High School Planning Book & Resources 4 Year College Planning Presentation Video Part 1 + Video Part 2	12th Grade Click HERE to access: Transcript Request Form, Permission to Release Records, Student Brag Sheet, Parent Brag Sheet & Student Activity Sheet Senior Application Checklist	8th Grade & Incoming 8th Grade Night Handout Slideshow FLHS Virtual Visit Website	Regional Programs Bridgeport Regional Aquaculture School Connecticut Technical Education and Career System (CTECS) Regional Center for the Arts
Program of Studies 	School Profile 	 <p>School Counseling & Pupil Services Website</p>	Student Handbook 	Monthly Newsletter 
PSAT Grade 9 Letter Grade 10 Letter Grade 11 Letter PSAT 8/9 Guide PSAT/NMSQT Guide Student Information for PSAT Scores	SAT SAT Practice and Preparation Understanding Scores Send or Cancel SAT Scores	ACT Register for the ACT ACT Test Questions	College & Career Center Common Application Gap Year Career/Technical Schools Military Info	Financial Aid CSS Profile FAFSA Scholarship Info Grants for College CT Dept of Higher Ed Easweb
School Counseling & Pupil Services Phone: (203) 255-7232 Vanessa Montorsi Director of Pupil Services and Counseling	Warner Counseling Phone: (203) 255-7223 Counselors: Paula Cordery Danielle Marseglia Courtenay Ruggieri	Webster Counseling Phone: (203) 255-7238 Counselors: Christina Caron Joanna Gelinas Brian Sutcliffe	Wright Counseling Phone: (203) 255-7242 Counselors: Bridget McHugh Allison Ofir Matthew Sutton	Counseling Center Fairfield Cares: Mental Health & Prevention Resources