

POLDING



Polding Basketball Trials

Sports Dome Tamworth
Friday, 7th February 2025

 POLDING 		
DIOCESAN COORDINATOR	DIOCESE & COLOURS	LOGO
Heidi Hardaker	Armidale <i>Petrol Blue, Earthy Orange & Gold</i>	
Steve Maguire	Bathurst <i>Bottle Green & White</i>	
Liz Reakes	Broken Bay <i>Navy, White, Cyan and Gold</i>	
John Cocciola	Lismore <i>Black & White</i>	
Bernadette Duggan	Maitland Newcastle <i>Emerald Green & White</i>	
Pamela Burke	Wilcannia Forbes <i>Green & Gold</i>	
POLDING GIRLS TEAM MANAGER: Charles Lynch (Lismore) POLDING BOYS TEAM MANAGER: Jeff Arkinstall (Lismore) TRIAL CONVENORS: Greg O'Toole (Boys) and Craig Long (Girls) DEVELOPMENT OFFICERS: Emily Tudman & Jess Murphy (Boys) and Julian Wood (Girls). REFEREE COORDINATOR: Carol Rickard		

WELCOME

On behalf of the Diocese of Armidale, it is my pleasure to extend a warm welcome to Tamworth for the 2025 Polding Basketball Trials.

We look forward to a day of positive participation, sportsmanship and friendship.

The Polding trials are the pathway through which the students are able to access the NSWPSA carnival and onto state representation.

At the conclusion of today's trial, 10 students will be selected in the Polding team to participate in the NSWPSA Championships.

NSWPSSA Girls Basketball - 17th June - 19th June 2025 (Sutherland)

NSWPSSA Boys Basketball - 13th May - 15th May 2025 (Minto)

ACKNOWLEDGEMENT OF COUNTRY

I would like to acknowledge the traditional custodians of the country on which we gather today. I would like to pay my respects to Elders past, present and emerging. I would like to acknowledge any and all Aboriginal and Torres Strait Islander people here today. The land we are on now, the land we live, work, breathe, eat and sleep; always was and always will be Aboriginal Land. May we walk alongside the custodians of this country as we seek Voice, Treaty and Truth.

PRAYER

Let us pray -

Strong and faithful God, As we come together for this gathering, we ask you to
bless these athletes. Keep them safe from injury and harm,
instil in them respect for each other, and reward them for their perseverance.
Lead us all to the rewards of your kingdom where you live and reign forever and ever.
Amen.

St Sebastian, patron saint of athletes, pray for us

St Mary MacKillop, pray for us.

Mary, Help of Christians, pray for us.

PLAYER RESPONSIBILITIES

Each participant at these trials is to be considered a genuine candidate for selection- (the age, grade and location/area the participant comes from are irrelevant - we are picking the best).

1. First and foremost, demonstrate good sportsmanship skills
2. Be attentive at all times and listen to instructions
3. Stay in the stadium at all times
4. No bouncing basketballs whilst instructions are being given
5. No Shooting during breaks
6. Remove all jewellery and check your nails are cut short
7. First Aid personnel are available if you feel unwell or suspect an injury
8. Make sure you approach your Diocese Manager if there are any issues

GENERAL RULES

- The Polding Selections will be conducted according to Rules of Basketball except where stated otherwise. The games will be run as follows round-robin games.
- Use of a size 6 ball
- The games will be 15 minutes in duration.
- Please ensure Diocese Teams are ready to start at the given time.
- One clock will run and Diocese Managers will sub on and off students during that 15 minute period ensuring all athletes have equal time on the court.
- A 10-minute break between games will occur. Managers to comment on the opposing team.
- The Manager with the bye is to comment on all 4 teams.
- Games will begin and end on the sound of the hooter
- Scores will not be kept
- Students are to wear diocesan uniforms and remain in the same number all-day
- No representative (including Polding) playing uniform to be worn in games.
- Please ensure students drink plenty of fluids and wear sun protection
- Ice and bags are available from first aid for players' needs.

SELECTION PROCESS

- A student's participation at a selection trial is necessary for the selection
- Selection will be on demonstrated ability on the day
- Polding Team Managers and selectors will select the basketball team based on the positional criteria set by the NSWPSA
- The selection panel must liaise with Diocesan Team Managers to assist with the selection, recommendations, and nominations of outstanding players on their side and opposing teams at Team Manager selection meetings and at the conclusion of the day
- All participants are to be given due consideration in the selection process
- Selection trials are not conducted as championships and no point scores shall be kept.
- Team trials will conclude with a Possibles V Probables game (approximately 18 players)
- At the completion of the Possible V Probables, a girls and boys team NSWPSA State Basketball Carnival will be announced
- The Polding Team, consisting of 10 players will be selected.

2025 POLDING BASKETBALL TIMELINE

8:15 am	Diocese Managers and Development Officers meet for an outline of the day. Please ensure your lunch orders have been completed and returned to the canteen prior to 9:00 am.
8:30 am	Students commence arriving, and the numbering of athletes occurs.
8:45 am	Welcome Prayer, facilities overview, player responsibilities, 10 players to make the Polding Team.
9:00 am	Session 1 Tamworth Basketball Association Representatives - warm-up and stretch, drills - footwork, dribbling, passing, shooting, layups and competitive 1 on 1, 2 on 2, 1 on 2, 2 on 3 situations.
10:00 - 10:30 am	Break / Selection meeting
10:30 am	Session 2 Girls & Boys commence (Diocesan Team Games - see draw)
12:15 - 12:45 pm	Break / Selection meeting
12:45 pm	Session 3 Girls & Boys commence (Mixed Games - Possibles V Probables matches)
1:30 pm	Final selection process meeting A total of 10 students will be selected for each Polding Team. (10 Girls & 10 Boys)
1:50 pm	Conclusion & Team announcement made. Polding team meeting.

2025 POLDING BASKETBALL DRAW

Girls Draw	Boys Draw
15-minute games with a 10-minute break.	
<i>Round 1 - 10:30 am</i> Court 4 - Lismore V Armidale Court 5 - Broken Bay V Bathurst Bye - Newcastle	<i>Round 1 - 10:30 am</i> Court 1 - Lismore V Armidale Court 2 - Broken Bay V Bathurst Bye - Newcastle
<i>Round 2 - 10:55am</i> Court 4 - Bathurst V Lismore Court 5 -Armidale V Newcastle Bye - Broken Bay	<i>Round 2 - 10:55am</i> Court 1 - Bathurst V Lismore Court 2 -Armidale V Newcastle Bye - Broken Bay
<i>Round 3 - 11:20am</i> Court 4 -Newcastle V Bathurst Court 5 -Lismore V Broken Bay Bye - Armidale	<i>Round 3 - 11:20am</i> Court 1 -Newcastle V Bathurst Court 2 -Lismore V Broken Bay Bye - Armidale
<i>Round 4 - 11:45 am</i> Court 4 - Broken Bay V Newcastle Court 5 - Armidale V Bathurst Bye - Lismore	<i>Round 4 - 11:45 am</i> Court 1 - Broken Bay V Newcastle Court 2 - Armidale V Bathurst Bye - Lismore
<i>Round 5 - 12:10pm</i> Court 4 - Armidale V Broken Bay Court 5 - Newcastle V Lismore Bye - Bathurst	<i>Round 5 - 12:10pm</i> Court 1 - Armidale V Broken Bay Court 2 - Newcastle V Lismore Bye - Bathurst

ADVERSE WEATHER GUIDELINES:

With the duty of care and safety of all participants in mind, CSNSW Sport offers the following guidance to organisers for dealing with various adverse weather conditions. The safety of players, staff, and spectators shall be the primary concern of any officials. Events should not commence or continue if a foreseeable risk occurs to any player, official or spectator. Checks on the day will be completed at the convenor's discretion.

1. Physically monitor the surroundings for indications of the onset of adverse weather conditions. These checks are particularly important when planning and undertaking activities involving large numbers of people.
2. Where there is a forecast or sighting of adverse weather conditions, increased awareness and monitoring of risk should continue until the event has finished.
3. The decision to delay or suspend an event as well as resume play will be made by the ground manager/convenor based on
 - (a) information obtained from the BOM website
 - (b) physical observations
 - (c) discussions with, in the first instance, CSNSW Sport representative then the match officials
4. It should also be noted that at all times, the ground manager/convenor retains the authority to stop an event.

CODE OF CONDUCT

As a member of my team-	As a parent of a team member-
■ I will always play by the rules ■ I will never argue with an official. If I disagree with a decision I will inform the captain, coach or manager during a break or after the competition, ■ I will control my temper. I understand that verbal abuse of officials and sledging other players and deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport ■ I will work equally hard for myself and/or my team ■ I will be a good sport and applaud all good plays whether they are made by my team or the opposition ■ I will treat all players in my sport as I like to be treated. I will not bully or take unfair advantage of another competitor ■ I will cooperate with my coach, teammates and opponents ■ I will display modesty in victory and graciousness in defeat ■ I will participate for my own enjoyment and benefit, not just to please parents and coaches ■ I will respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion ■ I will thank the opposition and officials at the end of the game	■ I won't pressure my child in any way – I know that this is their game not mine ■ I will not use bad language, nor will I harass players, coaches, officials or other spectators ■ I will encourage my child to play within the rules and respect officials' and coaches' decisions – no matter what ■ I will teach my child to respect the efforts of their opponents ■ I will remember that children learn best by example so I will applaud good plays/performances by both my child's team and their opponents ■ I will give positive comments that motivate and encourage continued effort ■ I will focus on my child's efforts and performance – not the score ■ I will thank the coaches, officials and other volunteers who give their time to conduct the event for my child ■ I will help when asked by a coach or official ■ I won't criticise or ridicule my child's performance after the game ■ I will not arrive at the venue intoxicated or drink alcohol at junior matches ■ I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background.

EMERGENCY EVACUATION PROCEDURE

Before an Emergency

All occupants should make themselves familiar with the Emergency Evacuation Procedures for their section of the complex, location of fire exits, location and operation of firefighting equipment and all designated Assembly areas

In case of a Fire and Emergency if you discover a Fire or Emergency you should:

- Sound the fire alarm or raise the alarm verbally
- Notify the Emergency services from the nearest phone and advise the Ground Manager and Council Staff –
- Relay details of location, type and scale of the emergency and name and location of the caller
- Alert other personnel in the vicinity
- If it is safe to do so, use the appropriate fire extinguisher to put out any fire (DO NOT attempt if the fire is too large or if you are not familiar with use of the equipment).

If you hear an alarm raised in relation to Fire or are requested by the Ground Manager or Ground Announcer to evacuate you should:

- Walk quietly but quickly to the nearest safe exit and proceed to the assembly point – in the middle of the pitch as designated by the Ground Manager and await further instructions.
- Listen and follow the instructions from the Ground Manager
- In order to prevent injury and possible panic during evacuation: - Do not run, push or overtake - Use stairs with caution - Do not enter buildings until the “All clear” is given by the Ground Manager or Emergency Services Personnel

A SPECIAL THANK YOU TO:

- Tamworth Sports Dome
- Tamworth Basketball Association, in particular Craig Long, Greg O’Toole, Julian Woods and Emily Tudman.
- Carol Rickard (Referee Convenor) and referees; Olivia, Chelsea, Chloe and Bronte, who have given their time to support the students.
- Tamworth Regional Council
- Parents and friends for transporting and supporting the students.
- Managers, coaches and officials for supporting the children and ensuring each child have an opportunity to display their talents.
- Tamworth First Aid
- NSWCPs and CSNSW Sport colleagues.