



COVID-19 RESOURCES FOR FAMILIES

Click on the title, then click on the link below to access the resource or for more information.

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NATIONAL INFORMATION	STATE INFORMATION	COUNTY INFORMATION	EDUCATION RESOURCES	HEALTH RESOURCES	PARENTING RESOURCES	ACTIVITIES FOR CHILDREN & YOUTH	SELF CARE INFORMATION	MULTILINGUAL RESOURCES
	NJ DOE memo on Prohibition of Parental Waivers for the Delivery of Remote or Virtual Special Education and Related Services		Virtual IEP Meeting Tip Sheets	Hospital Visitation Policy for People with Disabilities				Grief Resources in Spanish
Learning Must Continue For All Students - US DOE Press Release	SPAN Fact Sheet: (COVID-19) and Your Child with a Disability	County Resources and Information: Atlantic Bergen Burlington Camden Cape May Cumberland Essex Gloucester Hudson Hunterdon Mercer Middlesex Monmouth Morris Ocean Passaic Salem Somerset	8 Tips for Conducting Virtual IEP meetings from Edutopia	Nasal Swab Testing for People with I/DD	Tips for parents on special education schoolwork, socializing during COVID-19	Read Aloud: "Why We Stay Home" a book for kids about Covid19 and why we should stay home	How to Cope With Coronavirus Anxiety When We Don't Know What Will Happen Next	COVID-19 Resources for Undocumented Immigrants
Coronavirus Resources from the Center for Parent Information and Resources	COVID-19 Checklist: Resources, Regulations, Testing Sites Plus What's Open or Closed		COPAA Fact Sheet on Rights of Children with Disabilities During School Closures	Autism and the Coronavirus: Resources for Families	Daily Facebook Live with Child Psychologists	Best Games Kids Can Play Virtually with Friends While Stuck at Home	Self Care Resources	FB Live in Spanish
CDC Recommendations Regarding the Use of Cloth Face Coverings	NJ Medicaid		Parents Guide to Google Classroom	Supporting Communication with Patients who have COVID-19	Social story about Coronavirus Social story about social distancing	NJTV Learning Live	Free calming music and meditations from Calm	CDC Resource Page in Spanish

Employee Rights: Paid Sick Leave and Expanded Family and Medical Leave Under the Families First Coronavirus Response Act	Families First Coronavirus Response Act- Emergency Paid Sick Leave and Expanded Family & Medical LeaveFrom the NJ Dept of Labor	Sussex Union Warren	Interactive Teaching Tools at No Cost from Learning Without Tears	Ask the Docs Webinar on COVID-19	SPAN Fact Sheet on COVID-10 and Your Child with a Disability	Audible providing free audiobooks for kids	Crisis Hotlines: You are not alone. Help is available.	Audible providing free audiobooks for kids in six different languages
	New Jersey COVID-19 Information Hub	Internet access from Comcast		Update on Access to Health Care for Immigrants and Their Families	How Should Parents Prepare for Coronavirus. School Closures, and Getting Anything Done?	Get Tips On Making the Most of Each Day While Schools Are Closed	NAMI COVID-19 Resources and Information Guide	#COVIBOOK Supporting and reassuring children around the world
	Are Child Care Centers Open?	Meal Service During School Closures		“I Will Not Apologize for My Needs” Even in a crisis, doctors should not abandon the principle of nondiscrimination.	New Knowledge Building Lessons Every Day	Fun Things To Do During the Coronavirus Shutdown	State HelpLine Offers Relief From Stress and Anxiety of COVID-19 Crisis	Hmong Resources for COVID-19
Coronavirus: What You Need To Know from the CDC (Centers for Disease Control and Prevention)	COVID-19 Jobs and Hiring Portal New System to File Unemployment Claims	NJDOE Coronavirus County Resource Sheet (3/17/2020) with the county Office of Emergency Management and Food Service Management contact information	New Jersey Department of Education Information on Coronavirus	Family Voices information for families of children with special needs	Parenting During COVID-19	Education Companies Offering Free Subscriptions Due to School Closings	Coping with Stress Self-Care Poster	Information for Assisting People with Limited English Proficiency
Infographic for Questions and Answers on Providing Services to children with Disabilities During the Coronavirus Outbreak	Updates and Frequently Asked Questions Related to COVID-19 School Closures from the NJ Department of Education		COVID-19 and Students with Disabilities from the National Center on Special Education in Charter Schools	Caring for a Loved One with COVID-19 at Home	COVID-19 Information from the American Academy of Pediatrics	20 Virtual Field Trips to Take with Your Kids	Mental Health and Coping During COVID-19 CDC	Multilingual Resources About COVID-19

Talking With Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks from SAMHSA	New Jersey Department of Health Information for the Public 24-hour hotline: 1-800-222-1222 or dial 211		Making Sure NJ's Special-Needs Students Are Served During School Closures	Navigating Coronavirus While Pregnant	Reading This video illustrates how reading to your child helps build vocabulary.	School Closure Learning Guide During COVID-19	How You and Your Kids Can De-Stress During Coronavirus	CDC Print Resources in Multiple Languages
Office for Civil Rights Coronavirus Fact Sheet from the US Department of Education Supplemental Fact Sheet dated 3/21/2020	COVID-19 Updates from the New Jersey Division of Developmental Disabilities		COPAA Statement on Student Rights under IDEA during COVID-19	Coronavirus Fact Sheet	Checklist to Plan and Prepare for a COVID-19 Outbreak	Activities to Keep Kids Busy At Home	Coronavirus: Tips for survival, shopping, and self-care	CDC Resources in Multiple Languages
Talking to Children About Covid-19 (Coronavirus): A Parent Resource from the National Association of School Psychologists	NJ Department of Health COVID-19 Quick Facts		Online Education and Website Accessibility Webinar	How to Self-Isolate What is Social Distancing?	Supporting Kids During the Coronavirus Crisis	Social Stories to Share with Children: --My Story About Pandemics and Coronavirus by Carol Gray --What is the Coronavirus? by Amanda McGuinness	COVID-19 Information by and for People with Disabilities: English Spanish	A Roundup of Multilingual Resources on COVID-19
National Down Syndrome Society COVID-19 Resource Page	NJ Department of Human Services Coronavirus Page			Doulas & COVID-19: A Toolkit for Doulas	Preparing Your Child for Online Learning	Learning Apps, Games, and Websites for Kids	Tips for Social Distancing During the Outbreak	COVID-19 Infomation in Different Languages
Autism Society COVID-19 Toolkit	New Jersey Department of Labor: Benefits and the			Outpatient Assessment and Management for Pregnant Women	Keeping Your Family Safe in the Face of a Pandemic	11 Tips for Starting to Homeschool in a Hurry	Daily Tips for Parents from the Child Mind Institute -Sign up here	Coronavirus Fact Sheet in Multiple Languages

	Coronavirus - What Employees Should Know			w/Suspected or Confirmed COVID-19				
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