



*This is a living Google Doc, an on-going collection of Purity Culture resources that we will add to as we engage with this work. In here, you'll find several headings - content we have produced, books we have read, media we have covered and watched, articles we have read, Twitter and Instagrams that we follow, and resources from others that we trust.*

## Content We've Produced:

- [Explaining Purity Culture](#) || Hot(ish) Takes

## Books We've Read:

- [Damaged Goods: New Perspectives on Christian Purity](#) by Dianna Anderson
  - *Dianna is a friend of Abbey Research, and this book is an excellent starting point if you've never considered purity culture before.* - Dr. Kristen
- [Pure: Inside the Evangelical Movement that Shamed a Generation of Young Women and How I Broke Free](#) by Linda Kay Klein
  - *I had to read this book in several chunks - it was so visceral to my experience that I had to take breaks. So, yeah, I recommend this book.* - Dr. Kristen
- [The Purity Myth: How America's Obsession with Virginity is Hurting Young Women](#) by Jessica Valenti
  - *A great primer on the overall purity culture in the U.S., Valenti is one of our favorite feminist thinkers. An older read, but a foundational one.* - Dr. Kristen
- [Shameless: A Sexual Reformation](#) by Nadia Boltz-Weber
  - *Nadia is... I trust her with my soul, and I trust her with yours.* - Dr. Kristen

## Media We've Covered:

## Media We've Watched:

## Articles We've Read:

- [Josh Duggar](#) | Thriving Forward
- [The Flaw at the Center of Purity Culture](#) | Atlantic
- [Their Generation Was Shamed by Purity Culture. Here's What They're Building in Its Place](#) | Sojourners
- [What is Purity Culture?](#) | Linda Kay Klein

## Instagrams We Follow:

- [Erica Smith, M.Ed.](#): ▼ S\*x Educator since '00 🚫 Purity Culture Dropout™ Program  
👤 1:1 sessions 🗣️ Speaker • Writer • Consultant 🏳️‍🌈 Femme PHL
- [Talk Purity to Me](#): Unlearning the shame that purity culture taught us. No duct tape or free milk metaphors allowed. She/her

## Twitters We Follow:

## Other Resources We Trust:

- [15 Books on Recovering from Purity Culture](#) | Shameless