

# Mosman Church of England Preparatory School

May, 2025

Dear Parents and Guardians,

The Senior Primary Athletics Carnival will be held in conjunction with Queenwood Junior School at the **Sydney Olympic Park Athletic Centre Warm Up Track** (Edwin Flack Avenue, Sydney Olympic Park) on Thursday 29 May **from 9:00am to 2:00pm.** 

#### **Important Points for Parents**

• **Designated viewing areas for parents:** Please could parents spectate from the signed/allocated areas in the grandstand and surrounds. Link to venue map **HERE** 

### Parking:

Parking is available in P1, P2, P3 and P4 parking areas at Sydney Olympic Park. Parking tickets can be validated at the Athletics Centre and parents will receive four (4) hours free parking. Please note, the P2 parking area is the closest to the SOPAC Warm Up Track. Link to parking map **HERE**.

#### **Arrival and Dismissal Arrangements**

All Senior Primary Parents must complete this **linked form** by Monday 19 May.

- **Boys wishing to take part in the 800m** (optional event), starting earlier at 9:00am, must be:
  - 1. Dropped directly at the SOPAC Warm-Up Track by 8:30am or
  - 2. Be at school by 7:30am to catch the early Mosman Prep mini-bus with Mr Frost departing Shadforth Street.
- Boys not running the 800m, must be:
  - 1. Dropped directly at the SOPAC Warm-Up Track by 9:00am or
  - 2. Be at school by 8:00am to be transported by bus to SOPAC
- No boys will be permitted to leave the Carnival prior to its conclusion.
- Parents attending the Carnival can take their sons from the Athletics Centre at its conclusion at 2:00pm.
- Buses will bring back to school all remaining boys for normal pick-up times: Year 3/4 at 3:00pm, Year 5/6 at 3:10pm.
- There will be NO after-school Year 5/6 Winter Sport Training on this day.
- There will be a food van/canteen available for parents, open from 9:00am. The food van there does coffee, sandwiches, salads, pies, chips, beverages, etc.
- No students will be permitted to buy food from the Centre's food van/canteen.



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### What to wear and bring

- All boys are to wear their MCEPS tracksuit and House sports uniform, including sun hat.
- As this is an inter-house Carnival, all boys must compete in their House shirt, not in their athletics or basketball singlet.
- The MCEPS white PE or navy blue basketball/soccer/athletics shorts may be worn.
- Shoes with extra grip are recommended. Running spikes may be worn for track events up to 200 metres only. Spikes are not permitted in the 800 metre (optional event) and 1500 metre (by invitation) events.
- Bring a packed recess, lunch and drinks in a bag.
- It is recommended that boys apply sunscreen at home. Sunscreen will also be available.

#### **Events** (Venue Map linked **HERE**)

- The Program of Events are linked <u>HERE</u>.
- Age groupings are based on the age each student turns this year.
- All boys will compete in 100 metre and 200 metre running races.
- Events for stronger distance runners are the 800 metre (all ages) and 1500 metre (by invitation only). No nomination for these events is required prior to the carnival.
- There will be a Year 6 400m Fun Run/'Lap of Honour' towards the end of the carnival.
- Field events (high jump, long jump, shot put, discus, vortex throw and tug o war) will take place for all boys.
- In high jump and long jump, these events will include finals for those boys who have qualified from PE lessons this term, and also participation events for all other boys.
- In shot put and discus, these events will include finals and then vortex throw and 30m relays respectively for remaining boys.
- 4 x 100m Relays will take place and involve the fastest boys from each house in each age group.

We are looking forward to a fabulous day celebrating athletics and community.

Kind regards,

Steve Riddett

**Director of Sport**