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*Please be aware that this is a broad listing that may not be an entirely comprehensive list, and that names and affiliations can change. Providers are encouraged to check directly with insurance plans to clarify or confirm this information.*

- **Aetna**
- **BCBS**
  - HMO and PPO plans with a variety of names
  - Blue Benefits Administrators (BBA)
- **Carelon (previously Beacon)** - connected with the following plans
  - Wellpoint through GIC (previously UniCare)
    - connected to Carelon, but claims through Wellpoint
  - WellSense (previously BMC Healthnet)
    - MassHealth or commercial
  - Fallon
    - MassHealth or commercial
  - MBHP
    - MassHealth only
- **Cigna - now uses name Evernorth for BH**
- **Harvard Pilgrim Health Care (HPHC)** - merged with Tufts and part of Point32Health
  - includes/connected to Health Plans Inc (HPI)
- **Optum** - connected with the following plans
  - United Behavioral Health
  - United Healthcare
  - Mass General Brigham Health Plan / formerly AllWays
    - Commercial or MassHealth
  - UMR
- **Point32Health** - encompasses the following
  - Tufts Health Plan - commercial plans
  - Tufts Health Public Plan
    - Tufts Health Together (MassHealth)
    - Tufts Health Direct (MA Health Connector)
    - Tufts Health One Care (Medicare/MassHealth)
  - Harvard Pilgrim Health Plan (HPHC)

- Health Plans Inc (HPI)

- **MassHealth**

- *Note that LICSW's enrollment as "non-billing provider" with MassHealth does **not** affect being able to contract with the managed care plans below in order to treat MassHealth recipients.*
- Almost all recipients are assigned to a plan that uses one of the following for BH
  - MBHP
  - WellSense / formerly BMC Healthnet
  - Fallon
    - All 3 of the above are connected with Carelon (WellSense will be separating from Carelon and insourcing BH in 2026)
  - Tufts Health Together - Point32Health
  - Mass General Brigham Health Plan - Optum
- Direct MassHealth
  - Some very few MassHealth plans are billed directly through MassHealth
    - This includes MassHealth plans secondary to commercial insurance
    - Providers can now contract as fee-for-service (FFS) with MassHealth
- MassHealth secondary to Medicare
  - Therapists can contract with Medicare and as "QMB provider" to accept this type
  - Some have specialized versions through OneCare - providers contract directly with these plans
    - Commonwealth Care Alliance
    - Tufts One Care (formerly Tufts
    - United Healthcare Connected

- **Medicare**

- includes many versions of Supplemental, Advantage, etc.
- It is generally required to be contracted with Medicare and the secondary/supplemental insurance type
- Must enroll or officially opt out in order to see Medicare clients