Movement Calendar – 101

Voice and Movement – Section 101 (M/W 11:00-12:15)

Day	Date	Class Focus	Assignment- due ON THE DAY it is listed
Wed	8-Oct	Introduction Telling Stories with Movement	
Mon	13-Oct	FALL BREAK	
Wed	15-Oct	How do I warm up? Laban MM- Network (bring your laptop)	**Homework 1:** Choose a poem AND MM Workbook: Preface (1-2), A Series of Essays (3-8) Actor Prep (190)
Mon	20-Oct	Margolis Method - Direction and Meaning	**Homework 2:** MM Network: Introducing Five Foundational Concepts (watch 7 videos) [To get there: MM Network --> Building the Actor Instrument-->Introducing…]
Wed	22-Oct	MM- Directional Meaning Upper body anatomy	
Mon	27-Oct	Developing Project 1 - Will of the character	**Homework 3:** MM Network: Absorb, Barrel, Base, Core, Form vs. Shape, Receiving Leg, Working Leg [To get there: MM Network --> The Actor's Dictionary --> View Full List of Theatrical Vocabulary--> (terms listed above)]
Wed	29-Oct	Dress Rehearsal Project 1	**Homework 4:** 1. Margolis Method Overview Excerpt I, 2. PULLING STRINGS - "I Wish" scene - Margolis Brown 3. PULLING STRINGS - "I Want To Be Just Like You!" 4. Hairy Ape- Combustible Company
Mon	3-Nov	**Share Poem Project**	**QUIZ:** Anatomy Quiz
Wed	5-Nov	Viewpoints of Space	**Homework 5:** Viewpoints Book: Ch 1 and Ch 2
Mon	10-Nov	Viewpoints of Time	**Homework 6:** 1. The theater is a blank page, 2. SITI Company / Bang on a Can All-Stars, 3. Steel Hammer - Julia Wolfe, SITI Company, (content disclosure- discusses a story of slavery) 4. Excerpt from SITI Company's bobrauschenbergamerica
Wed	12-Nov	Work on Ensemble Project	
Mon	17-Nov	Work on Ensemble Project	**Homework 7:** Viewpoints Book: Ch 16 and Ch 17
Wed	19-Nov	Rehearse and Share Project	
Mon	24-Nov	Body Wisdom and Resilience	**Homework 8:** Body Wisdom: Ch1 Moving beyond Wildness and Ch 3 Body Esthetics (pdf's on AsULearn)
Wed	26-Nov	THANKSGIVING BREAK	
Mon	1- Dec	Rehearse and Share Project	

Wed	3-Dec	***Share Ensemble Project***	
Fri	5-Dec	***Final Exam*** **11:00am**	*Time for reflection and gathering the fruit of our work.*