

Movement Calendar – 101

Voice and Movement – Section 101 (M/W 11:00-12:15)

Day	Date	Class Focus	Assignment- due ON THE DAY it is listed
Wed	8-Oct	Introduction Telling Stories with Movement	
Mon	13-Oct	FALL BREAK	
Wed	15-Oct	How do I warm up? Laban MM- Network (bring your laptop)	<b>Homework 1:</b> <a href="#">Choose a poem</a> AND MM Workbook: Preface (1-2), A Series of Essays (3-8) Actor Prep (190)
Mon	20-Oct	Margolis Method - Direction and Meaning	<b>Homework 2:</b> MM Network: Introducing Five Foundational Concepts (watch 7 videos) [ <b>To get there:</b> MM Network --> Building the Actor Instrument-->Introducing...]
Wed	22-Oct	MM- Directional Meaning Upper body anatomy	
Mon	27-Oct	Developing Project 1 - Will of the character	<b>Homework 3:</b> MM Network: Absorb, Barrel, Base, Core, Form vs. Shape, Receiving Leg, Working Leg [ <b>To get there:</b> MM Network --> The Actor's Dictionary --> View Full List of Theatrical Vocabulary--> (terms listed above)]
Wed	29-Oct	Dress Rehearsal Project 1	<b>Homework 4:</b> 1. <a href="#">Margolis Method Overview Excerpt I</a> , 2. <a href="#">PULLING STRINGS - "I Wish" scene - Margolis Brown</a> 3. <a href="#">PULLING STRINGS - "I Want To Be Just Like You!"</a> 4. <a href="#">Hairy Ape- Combustible Company</a>
Mon	3-Nov	<b>Share Poem Project</b>	<b>QUIZ:</b> Anatomy Quiz
Wed	5-Nov	Viewpoints of Space	<b>Homework 5:</b> Viewpoints Book: Ch 1 and Ch 2
Mon	10-Nov	Viewpoints of Time	<b>Homework 6:</b> 1. <a href="#">The theater is a blank page</a> , 2. <a href="#">SITI Company / Bang on a Can All-Stars</a> , 3. <a href="#">Steel Hammer - Julia Wolfe, SITI Company</a> , (content disclosure- discusses a story of slavery) 4. <a href="#">Excerpt from SITI Company's bobrauschenbergamerica</a>
Wed	12-Nov	Work on Ensemble Project	
Mon	17-Nov	Work on Ensemble Project	<b>Homework 7:</b> Viewpoints Book: Ch 16 and Ch 17
Wed	19-Nov	Rehearse and Share Project	
Mon	24-Nov	Body Wisdom and Resilience	<b>Homework 8:</b> Body Wisdom: Ch1 Moving beyond Wildness and Ch 3 Body Esthetics (pdf's on AsUlearn)
Wed	26-Nov	THANKSGIVING BREAK	
Mon	1- Dec	Rehearse and Share Project	

Wed	3-Dec	<b><i>Share Ensemble Project</i></b>	
Fri	5-Dec	<b><i>Final Exam 11:00am</i></b>	<i>Time for reflection and gathering the fruit of our work.</i>