



*Crying Pen
Productions*
will be heard

ADAM DID IT FIRST

But That Didn't Stop You

They say Adam did it first.
As if first means forced.
As if sequence equals sentence.

Adam ate the fruit.
That part is true.

But no one held his hand.
No one moved his jaw.
No one told him he had no choice.

Still, people point to him like a shield.
Like his reach made their reach inevitable.
Like his failure installed a lock in their will.

It didn't.

Adam didn't invent disobedience.
He exercised it.

That's the part people avoid.

They talk about inheritance.
Bloodlines.
Fallen nature.
Ancient damage.

They say we're born sinners.
But that explanation skips something important.

We're born with the ability to choose.
And we learn quickly what we're capable of.

The serpent didn't speak the first lie.
It was spoken after the act.

Adam hid.

Not because he didn't know what he did.
But because he did.

That instinct didn't come from a curse.
It came from awareness.

The moment you know better, you also know when you didn't do better.

Adam blamed.

Not because he was confused.
But because blame feels lighter than ownership.

And people have been perfecting that skill ever since.

We say,
"This is how I was raised."
"This is just my nature."
"This runs in my family."
"This goes back to Adam."

All true in pieces.
None of them removes choice.

Adam didn't wake up programmed to fall.
He stood in a place where nothing was missing.
And still chose himself.

That's the connection.
Not the fruit.

Not the garden.
The decision.

Every generation retells the story and edits the language.

We don't say "forbidden tree."
We say "just this once."

We don't say "serpent."
We say, "I deserve it."

We don't say "hid from God."
We say, "He understands."

Adam reached when he didn't need to.
So do we.

Adam knew the boundary.
So do we.

Adam crossed it anyway.
So do we.

Not because he did it first.
But because choice keeps presenting itself.

There's comfort in blaming Adam.
It keeps the mirror covered.
It turns responsibility into history rather than a habit.

But history doesn't make decisions.

People do.

Adam shows us what happens when desire outruns trust.
When curiosity outruns obedience.
When self-outruns surrender.

That isn't a curse passed down.
It's a warning handed forward.

If Adam were here now, people would still blame him.
They'd say he broke the system.
Ruined the design.
Set the trap.

But Adam didn't force anyone to keep stepping into it.

Every time someone sins and says,
"This is just who I am," they repeat, Adam's mistake without his
honesty.

Because Adam knew he heard the voice.
Adam knew where the line was.
Adam knew he crossed it.

What followed wasn't confusion.
It was consequence.

And consequences don't ask who did it first.
They only ask who did it.

Reflection

Blaming Adam feels safer than looking inward.
It turns choice into inheritance and habit into excuse.

But the question has never been who sinned first.
The question is who is choosing now.

Boundaries still exist.
Voices are still heard.
Lines are still crossed.

Not because Adam did it first, but because choice keeps showing up, and it always asks the same thing.

What will you do with it?

