

# ***YOUR CALL TO FUCKING WAR***



**AGOGUE NEW IDENTITY TEMPLATE**

**🛡️ CONQUEST PLANNER 🛡️**

**🛡️ DAILY DOMINATION 🛡️**

The contents of all 3 docs are below...

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# AGOGE NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

## My Power Phrases (2-3)

- God is watching me. I must always do the right thing!
  - 
  - I am an Agoge Warrior, I am going to win!
  - I am the pillar of my family. I will conquer the world for my family.
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## My Core Values (2-3)

- Perseverent
  - Leadership
  - Humility
- 

## My Daily Non-Negotiables (2-3)the exact same

- Daily checklist
- Prayer
- All The Agoge Calls, Burpees, And Assignments.

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## My Goals Achieved

- Landing second client

As I hop in a call with a potential client, sweaty and nervous, but maintaining my confident look, I present my idea and ask a few questions. I can see my client's face with a little bit of doubt, but shortly after I manage to engage them more. With my heart beating out of my chest, I present the pitch and, after some minutes of awkward silence, they accept and I hop off the call filled with joy and pride.

- Retiring my father

As my father walks in the house, exhausted and stressed after work, sees me standing next to the door, with a huge smile on my face holding something behind my back. I nervously started showing what I was hiding. My heart was pounding so hard as I handed my father a stack of money, telling him, with a soft voice, that he didn't need to work ever again. I could see the excitement in his eyes as he hugged me hard, suffocating me.

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## My Rewards Earned

- Organize a shopping spree with my family, to upgrade my wardrobe and show the man that I am. I buy well fitting clothes that match my body and make me look masculine, sharing with everyone a level of status and respect.
- Revamping my technological setup by upgrading to a state-of-the-art laptop that promises lightning-fast processing speeds, a crystal-clear display, and cutting-edge features. This boosts my productivity and enhances my digital conquest, allowing for a seamless and exhilarating attack on my tasks.

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# My Appearance And How Others Perceive Him

- As I walk out the house, with my well-fitting, clothes that showcase my muscular body, I radiate a sweet, sexy smell, the people around me receive as a respectful, educated young man. I walk around the street with a sense of pride and confidence, transmitting it to other people. I maintain a clean shaved face, exposing my facial features, and with a fresh haircut, catching people's attention.

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## My Day In The Life Stories.

I wake up before the sun rises, ready to tackle the day with determination. As I open my eyes, I recite my power phrases, reminding myself to do the hard work, even when it feels daunting. Before anything else, I kneel beside my bed for a deep prayer, reaffirming my commitment to doing the right thing in all my endeavors.

As I walk up to the bathroom to do my morning routine I look in the mirror and see a determined and successful young man who is the pillar of his family. With a well-developed physique, ripping muscles, and attractive facial features.

With my core values as my compass, I meticulously review my daily checklist. Each task is a testament to my commitment to being a man of my word and providing for my loved ones. As I check off each item, I get one step closer to my goals.

Today presents an opportunity to excel in my career once more. I dive into a challenging project, embracing the mantra of doing the hard work even when it feels daunting. Despite any doubts, I persevere, confident in my abilities. When I finally conquer the task, a sense of pride washes over me, reaffirming the value of dedication and determination.

In the afternoon, I set aside time for personal development. Whether it's diving into a new book, attending a workshop, or engaging in introspective reflection, I prioritize growth in all aspects of my life. Each moment dedicated to self-improvement brings me closer to becoming the best version of myself.

As the day draws to a close, I reflect on the triumphs and challenges that have shaped the hours behind me. Reciting my power phrases once more, I reaffirm my commitment to perseverance and integrity, even in the face of fatigue. Before retiring for the night, I engage in a deep prayer,

expressing gratitude for the opportunities afforded to me and seeking guidance for the days ahead.

(ADD IMAGES BELOW)

# **CONQUEST PLANNER**

## **Step 1: What Is Your Target Outcome? Why is it important?**

What is your target outcome? (e.g., "Launch a successful online business within the next year")

[Insert your answers here]

My Result Is -Hit 4k dollars in revenue until the end of the year

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## **Step 2: How Will You Measure Your Progress Towards Your Target Outcome?**

How will you know when you've achieved your outcome and how will you measure it? (e.g., Revenue generated, number of customers acquired, website traffic, etc.)

[Insert your answers here]

How will I measure my progress? - I will keep count of all the money I make.

What will it look and feel like? - I will feel a deep sense of pride and fulfillment

What will it allow me to do after I reach it? - I will manage to retire my father and live a good life.

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## **Step 3: How Close Are You To Your Outcome From Your Current Position?**

Describe your situation in detail. Where are you currently in relation to your outcome?

[Insert your answers here]

Where am I now? - I have made no money.

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## Step 4: What Are Your Checkpoints Towards Your Outcome?

What checkpoints do you need to achieve between your current position and your ultimate outcome? Break down your big result into smaller, actionable steps.

For example, if your goal is to launch an online business:

- Checkpoint 1: Conduct market research
- Checkpoint 2: Develop a business plan
- Checkpoint 3: Create a website
- Checkpoint 4: Launch a marketing campaign

[Insert your answers here]

My Outcome Is - 4k revenue

- Checkpoint 1: reach out to local businesses in my area
- Checkpoint 2: market research on their niche
- Checkpoint 3: create a successful campaign
- Checkpoint 4: Crush it for them
- Checkpoint 5: Scale up to a higher client
- Checkpoint 6: do my best to help them
- Checkpoint 7: crush it for them

- Checkpoint 8: make money
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## Step 5: What Known Roadblocks Will You Face?

What potential roadblocks could hinder your progress toward each checkpoint towards your outcome? How can you counteract these factors? What do you “know you don’t know”? How can you close the knowledge gap? (e.g., Lack of time, financial constraints, technical challenges, etc.)

[Insert your answers here]

What potential roadblocks could hinder my progress? - people will be judgemental because of my age

How will I overcome these roadblocks? - I will demonstrate that i am capable and cand help.

What do I know that I don’t know? -

How will I close this knowledge gap? -

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## Step 6: What Helpful Resources Do You Have?

What resources do you have that will allow you to overcome obstacles and achieve your outcome faster? (e.g. TRW, current personal network, experience in an existing industry, etc.)

[Insert your answers here]

I have access to and will use - TRW, personal; network



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## Step 7: What Specific Tasks Will Lead To Each Checkpoint?

Break down each mini-goal into specific tasks that need to be completed to achieve it.

For example, if your mini-goal is to conduct market research:

- Task 1: Identify target audience demographics
- Task 2: Conduct competitor analysis
- Task 3: Create surveys or questionnaires
- Task 4: Analyze data and draw conclusions

[Insert your answers here]

CHECKPOINT NAME reach out to potential clients

Task 1: reaserch

Task 2: Identify good client fits

Task 3: reach out

Task 4: schedule a call

Task 5: research their niche and top players

Task 6: convine them that i am a good fit

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## Step 8: When Will You Perform These Tasks?

Assign each task to a specific date and time on your calendar.

Be realistic about your time constraints and allocate sufficient time for each task.

- Use reminders and alerts to keep you on track and accountable.
- Prioritize tasks based on their importance and deadlines.

[Insert Your Google Calendly Link Here]

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## Step 9: Time To Execute and Review:

1. Execute your planned tasks according to the schedule.
  2. Regularly review your progress toward each checkpoint.
  3. Adjust your tasks and schedule as necessary based on your progress and any unforeseen challenges.
  4. Continuously refine your plan based on your experiences and feedback received.
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## Tips:

- Stay focused on your ultimate objective but be flexible in your approach to achieving it.
- Break down complex tasks into smaller, manageable steps to avoid getting overwhelmed.
- Get help from fellow Agoge Students, Experts, and Captains if needed to overcome challenges or answer questions.
- Maintain momentum by taking time to feel proud of your successes along the way.

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## EXAMPLE CONQUEST PLANNER - CHESS IMPROVEMENT

### Step 1: Define Your Objective

- Improve chess skills to sharpen my tactical and strategic thinking abilities

### Step 2: Establish Measurable Criteria

- Achieve a chess Elo rating of 1600 or higher via consistent wins against opponents of similar or higher rating by June 5th, 2024

### Step 3: Assess Current Position - Where are you currently in relation to your objective?

- Currently at a chess Elo rating of 1200 with basic understanding of chess principles and tactics

### Step 4: Identify Mini-Goals ("Checkpoints")

- Checkpoint 1: Improve Opening Repertoire
- Checkpoint 2: Enhance Tactical Skills
- Checkpoint 3: Develop Strategic Understanding
- Checkpoint 4: Increase Endgame Proficiency

### Step 5: Anticipate Known Obstacles

What potential obstacles could hinder your progress toward each mini-goal/checkpoint?  
How can you counteract these factors?

- Limited time for practice due to other commitments → frame chess as a reward for succeeding at other commitments. Prioritize key skills. Use the G work focus system to maximize time.

### Step 6: Identify Helpful Resources

- What resources do you have that can help you overcome obstacles and achieve your objectives faster?
  - Online chess tutorials, courses, and videos
  - Chess books focusing on specific aspects of the game
  - Chess software for analyzing games and practicing tactics
  - Several friends who are above 1600 elo

### Step 7: Plan Specific Tasks

### Checkpoint 1: Improve Opening Repertoire

- Task 1: Study and memorize key lines in 5 chosen openings (30 minutes daily)
- Task 2: Practice opening moves against chess engines or online opponents (30 minutes daily)
- Task 3: Review games to identify opening mistakes (30 minutes daily)

### Checkpoint 2: Enhance Tactical Skills

- Task 1: Solve tactical puzzles daily (30 minutes)
- Task 2: Study tactical motifs and practice applying them in games (20 minutes)
- Task 3: Analyze own games to identify tactical opportunities (20 minutes)

### Checkpoint 3: Develop Strategic Understanding

- Task 1: Study classic games by grandmasters (30 minutes)
- Task 2: Practice formulating and executing long-term plans in games (20 minutes)
- Task 3: Analyze own games to assess strategic decision-making (20 minutes)

### Checkpoint 4: Increase Endgame Proficiency

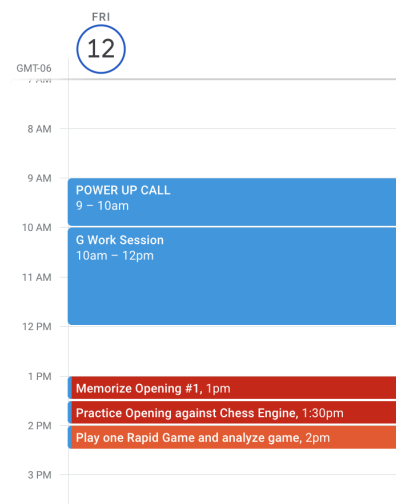
- Task 1: Study fundamental endgame principles (30 minutes)
- Task 2: Practice basic endgame techniques (20 minutes)
- Task 3: Play endgame scenarios against chess engines or practice partners (20 minutes)

## Step 8: Schedule Tasks

## CONQUEST PLANNER SCHEDULE

April 11th - April 24th: Checkpoint 1 - Improve Opening Repertoire

- Tasks:
  - Study and memorize key lines in chosen openings (30 minutes)
  - Practice opening moves against chess engines or online opponents (30 minutes)
  - Review games to identify opening mistakes (30 minutes)



Open -> Create a copy -> Keep each day's doc link below -> DAILY DOMINATION

Day 1:

Day 2:

Day 3:

Day 4:

Day 5:

Day 6:

Day 7:

Day 8:

Day 9:

Day 10:

Day 11:

Day 12:

Day 13:

Day 14:

Day 15:

Day 16:

Day 17:

Day 18:

Day 19:

Day 20:

Day 21: