

AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I'm Zakaria and for my family I can not fail
- I'm Zakaria and I'm trying my best so I can't
- I'm zakaria and I will become the BEST, I'll become a BEAST

Core Values (2-3)

- Bravery
- Faith
- a relentless spirit

Daily Non-Negotiables (2-3)

- training
- daily checklist
- praying
- no hour wasted on social media

Goals Achieved

- running 10Km
- working at least 5h a day
- getting rid of laziness
- my first belt in kickboxing

Rewards Earned

- Improved stamina
- respect of loved ones
- self forgiveness

Appearance And How Others Perceive Him

- hard working
- relentless

Day In The Life

waking up at 5am doing my morning



then going to school



analyzing different type of good copy and performing my outreach
then training

