AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

-I'm Zakaria and for my family I can not fail
-I'm Zakaria and I'm trying my best so I can't
-I'm zakaria and I will become the BEST, I'll become a BEAST

Core Values (2-3)

-Bravery
-Faith
-a relentless spirit

Daily Non-Negotiables (2-3)

-training
-daily checklist
-praying
-no hour wasted on social media

Goals Achieved

-running 10Km
-working at least 5h a day
-getting rid of laziness
-my first belt in kickboxing

Rewards Earned

-Improved stamina
-respect of loved ones
-self forgiveness

Appearance And How Others Perceive Him

-hard working
-relentless

Day In The Life

waking up at 5am doing my morning



then going to school



analyzing different type of good copy and performing my outreach
then training

