THE MASTER WAR MODE DAY PLAN + REPORT

□ The Mastery Checklist Explained to achiev...

▽/ ×	D /10	I/10	/20	Master Checklist:	Task Time:
/X	5 -	10 -	15 ·	Come up with 40 fascinations (only good ones)	70 minutes
✓ /	6 -	10 -	16 -	Practice short form copy (20 subject lines).	40 minutes
V I	6 -	10 -	16 -	Review one piece of copy (with questions)	25 minutes
✓ /	8 -	10 -	18 -	Financial Wizardry 1 video	20 minutes
VI	8 -	10 -	18 -	Watch Videos from the beginner campboot (update) until mission	70 minutes
V /	10 -	10 -	20 -	Watch 3 Video Arno About	30 minutes
✓ /	10 -	10 -	20 -	Watch the Daily Morning Power-Up Call (take notes)	20 minutes
V I	10 -	3 -	13 -	100 push-ups	15 minutes
VI	10 -	7	17 •	Watch new videos	25 minutes
V I	8 -	8 -	16 -	SSSS video	20 minutes
V /	10 ·	4 •	14 -	Tate confidential 1 video (helps me visualize the future)	20 minutes
V /	8 -	5 -	13 -	Read 10 pages	15 minutes
✓ /	7 -	10 -	17 -	Chess	20 minutes
✓ /	10 -	3 -	13 -	Shower	5 minutes
/X	7 -	9 -	16 -	Copy review video	90 minutes

☑/ ×	D/10	I/10	/20	Master Checklist:	Task Time:
/ X	7 -	9 -	16 -	Break down a piece of copy from your swipe file (or watch a video)	90 minutes
V /	10 -	3 -	13 -	Brush my teeth	4 minutes
V I	8 -	10 -	18 -	Gym Leg day	120 minutes
V /	10 -	2 ·	12 -	Prison	360 minutes
IX	8 -	7 -	15 -	Read swipe file breakout	30 minutes

Start The Day With Tasks Valued 20 Then Move Down

Total Hours Planned In The Day: 18/24

	DAY NUMBER + DATE + TIME
Day Number:	20
Date:	5.03.2023
Start Time:	5:00

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	Family
2.	This opportunity
3.	Discipline

1.	Financial Wizardry 1 video

2.	Watch V	ideos from the beginner campboot (update) until mission	
3.	Watch tl	he Daily Morning Power-Up Call (take notes)	
		Hour-By-Hour Tracking: Z [Plan+Measure=Improve]	
\$ Ta	sk:	\$ Task = Set The Task That I Intend To Complete This Hour?	
🔔 Sul	b-Task:	⚠ Sub-Task = What Is My Plan Of Action To Complete This Task For This Ho	ur?
/ Ref	lection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why	?
		MY MORNING WAR PLAN	
Watcl	h the Dail	ly Morning Power-Up Call (take notes)	
		⊚What Is The Main Goal For This Morning?⊚	
Watel	h the Dail	ly Morning Power-Up Call (take notes)	
		→ How Will I Start My Morning With Power? →	
Watel	h the Dail	ly Morning Power-Up Call (take notes)	

5 am: Task \$	Wake up and prepare food
Sub-Task's 🔔	Put the eggs to boil then wash your face and brush your teeth
Reflection /	
6 am: Task \$	Eat and watch Daily Morning Power Up Call (take notes)
Sub-Task's 🔔	Watch while eating
Reflection /	
7 am: Task \$	Go to prison watch new video
Sub-Task's 🔔	Concentrated effort
Reflection /	
8 am: Task \$	Prison watch tate confidential
Sub-Task's 🔔	
Reflection /	
9 am: Task \$	Prison play chess

Sub-Task's 🔔		
Reflection /		
10 am: Task \$	Prison	
Sub-Task's 🔔		
Reflection /		
11 am: Task \$	Prison	
Sub-Task's 🔔		
Reflection /		
		•
12 am: Task \$	Prison	
Sub-Task's 🔔		
Reflection /		

©END-OF-THE-MORNING REPORT©

What Did I Learn This Morning?

The 3-way close	
	XWhat Problems Did I Face This Morning?X
No problem	
	Phow Will I Solve These Problems For This Afternoon?
	MY AFTERNOON WAR PLAN
	What Do I Plan To Accomplish This Afternoon?
Watch 3 Video A	rno About and Financial Wizardry 1 video
	⊚What Is The Main Goal For This Afternoon?⊚
Watch 3 Video A	rno About and Financial Wizardry 1 video
	→ How Will I Start My Afternoon With Power? →
SSSS	
1 pm: Task \$	Prison
- ·	

Intention 🔔	
Reflection /	
	T
2 pm: Task \$	Escape from prison and go home and eat and SSSS video
Intention 🔔	Eat in 25 minutes
Reflection /	
3 pm: Task \$	Watch 3 Video Arno About and Financial Wizardry 1 video
Intention 🔔	Concentrated effort
Reflection /	
4 pm: Task \$	Gym Leg day
Intention 🔔	
Reflection /	
	·
5 pm: Task \$	Gym Leg day
Intention 🔔	
	•

Reflection /	
6 pm: Task \$	Eat and Watch Videos from the beginner campboot (update) until mission
Intention 🔔	Concentrated effort
Reflection /	
7 pm: Task \$	Watch Videos from the beginner campboot (update) until mission
Intention 🔔	Concentrated effort
Reflection /	
8 pm: Task \$	Break down a piece of copy from your swipe file (or watch a video)
Intention 🔔	Concentrated effort
Reflection /	
9 pm: Task \$	Eat and Come up with 40 fascinations (only good ones)
Intention 🔔	Concentrated effort

Reflection /	
10 pm: Task \$	Write the things for tomorrow and brush teeth
Intention 🔔	
Reflection /	
11 pm: Task \$	
Intention 🔔	
Reflection /	
12 pm: Task \$	
Intention 🔔	
Reflection /	
	End-Of-The-Day Report:



	≪What Did I Learn Today? ≪
The 3 way close	

XWhat Problems Did I Face In The Day?X
Knee pain
→ How Will I Solve These Problems Tomorrow? →
Don't really know
What Do I Plan To Do Differently Tomorrow? NEW
Breakout and copy videos
%What Do I Plan To Do The Same Tomorrow?
Eat, Gym, Write, Chess
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
∬What Tasks Were Left Undone?
Breakout and copy videos

Brain Dump:

I need to find a way how to manage things