

GROUP OF INTENSE FORMATION 2023-2024

General Information

Location	Eremeran Killara: 14 Lorne Avenue, Killara NSW 2071
Classes	Classes will be on Wednesday nights. The Group of Intense Formation (grfi), young supernumeraries will commence on 1 February 2023. Classes stop over the holiday periods. During all holiday periods grfi students go back to their centres for circle and confessions but continue doing their chats with the grfi local council.
Timetable	Evening Timetable: 6.00 Circle (40 mins) 6.40 Class (40 mins) 7.30 Meditation 8.00 Supper & Get together 8.30 Finish Confessions 6.00 - 8.30pm Recollection timetable: 6.00 Meditation 6.30 Personal prayer / confessions 7.00 Talk 7.30 Meditation 8.00 Benediction and Preces 8.15 Supper & Get together 9.00 Finish Spiritual Reading and Examination of Conscience are done privately. <i>The priest will be available during the whole recollection for confessions.</i>
Content: Includes short courses on the following topics	• Philosophy of the Human Person • Introduction to Philosophy • Philosophy of Nature • Faith and reason • Metaphysics • Natural Theology • Philosophy of religion • Ethics • Bioethics • Freedom • Affectivity • Dating, Engagement, and Marriage • Theology of the Body • Dialogue • Prayer • Specific formation on the vocation and spirit of Opus Dei
Dates	Annual course 2023: 28 Dec - 7 Jan 2023, Castlemaine 2024: 3 – 13 Jan 2024, Castlemaine 2025: TBA Retreat 2023: 15 – 18 June 2023, Kenthurst 2024: 15 - 18 August 2024, Kenthurst
Cost	Cost of the Group of Intense Formation: \$350
Parking	Limited off-street parking available for 2 hours, opposite Lorne Ave. Paid parking is available opposite the railway station for approximately \$5.00 a day. Some of this parking is free.