

Dear [Name],

I would like to ask for your approval to join the **Momentum 2026** offered by Core Confidence & **INSERT PARTNER IF APPLICABLE**. I have reviewed the topics being covered and believe that the workshop will have a positive impact on my performance and leadership capability, and it would benefit my career and our organisation.

About Momentum 2026

Momentum is a highly interactive workshop for women who are ready to stop circling the same questions and start building real forward movement in their careers.

The key learning outcomes include;

- Clarity about what's next and what's no longer serving you
- A personalised leadership compass to guide your choices
- A new perspective on the beliefs that have been keeping you stuck and the mindset shifts that will help you move forward with confidence
- A clear plan to shift gears without burning out or blowing things up
- A community of grounded professionals who are also in the thick of it

Momentum is a free, 2.5-hour workshop (8:00 - 10:30 AM AEST on Fri 19 June) designed to be highly interactive with a mix of explicit learning, coaching discussions, group breakouts and self-completed worksheets to help you get clarity into action and build real forward movement in your career.

They also offer Momentum VIP with extended coaching check-ins, 30-day peer pods, lifetime access to the replay, and a full resource kit to help me integrate and apply what I learn long after the session ends.

Attending Momentum will benefit me professionally and have a very positive impact on our organisation. Specifically, the goals that I would like to work should I be approved to attend would include:

1. [Write your goals here]
2. [Write your goals here]
3. [Write your goals here]

I genuinely appreciate you taking the time to read this proposal.

Best regards

[Your Name]