Visions and Values

(Download this doc and save to your desktop.)

Consider the following list and think about the postgraduate values or activities that interest you and those that don't. Circle the ones that spark your interest, and cross out those that don't. Keep in mind that you can have things that might seem contradictory in the same category—for example: you might be interested in being in the U.S. *and* also open to being outside the U.S. Some may also seem silly at first, but they can still lead you to something that's important to you. Also remember that no value, vision, or dream is better than another: these are very flexible *and can and will change* as you continue on your path!

STEM	Social Science	Arts & Humanities
Interdisciplinarity	Teaching	Service/Community Engagement
Travel	Research	Meeting lots of people
Being part of a team	Experiential Learning (learn by doing!)	Exploring my options
Exploring the world	Working towards a specific goal	Grad/Prof degree: Absolutely!
Grad/Prof degree: Maybe	Grad/Prof degree: Eventually	Grad/Prof degree: No thanks!
Building your transferrable skillset	Community	Structure
Build your own adventure	Top down change	Grassroots change
Outside the U.S.	Inside the U.S.	U.S. citizenship not required
Gap year	Change-making	Stability/Certainty
I want/need to support family	Close to home	I want to be somewhere specific
I want a favorite spatula	I want to need extra pages in my passport	I'd like to be part of a cohort
I want to hone my language skills	I never want to see snow again!	I want to be somewhere that has all four seasons!

Postgrad Fellowships Planning

People I plan to speak with before the end of the spring semester:
• Fellowships team
• Advisor for Career Exploration (ACE)/Career advisor for my industry/field:
• Faculty mentors/advisors:
• Reference Librarians (if needed):
• Peers/personal support quad:

Deadlines to keep track of:	
• May: Opt-in for Postgrad Fellowships Summer Support	
• Early summer opportunities:	
- Levitt thesis fellowships	
- Schwarzman Scholars Program (China round)	
• July: Optional priority draft deadline for summer/fall deadlines	
• August: campus deadlines for	
- Fulbright	- Watson
- Rhodes (US/Canadian)	- Marshall
- McCall MacBain at McGill	
• Other late summer/early fall opportunities:	
- Schwarzman Scholars Program (US and global round): September	
- Knight-Hennessy Scholars Program: early October	
- National Science Foundation Graduate Research Fellowship Program (NSF GRFP): early to mid-October	

True things to remember:

You deserve amazing things.

You are greater than your challenges.

You are more than your GPA.

Your worth is not determined by your accomplishments.

You don't have to do this alone!