

My Daily Routine

I wake up every morning at 7 a.m. The first thing I do is have a cup of coffee. It helps to wake me up before I start the day. Then I take a shower, shave, and get dressed. I eat breakfast. I usually eat cereal and milk. I try to leave my house at 8 a.m. I go to work by car. If the traffic is not bad, I get to work at 8:30. I start my working day at 9 a.m. At my job, I usually have to answer phones, meet with clients, and write reports. I get one hour off for lunch at 12:00. I usually go the sandwich shop across the street, and get a chicken and cheese sandwich. Then I go back to work until 5 p.m. After work, I often go out to coffee with my co-workers to relax and talk about the day. Then, I go home. I try to exercise a little bit every day, so I might go jogging for about 1 hour in the evening. I make dinner. I often cook noodles, because they are very easy to make. Then, after dinner, I read my book for about an hour. Then, it is time to get ready for bed.

Write about your daily routine below.

Remember, use "at" with specific times (at 6:00A.M., at 7:30)

But use "in" with morning, afternoon, or evening.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

