# General Meeting Sunday, Sept. 27th via Zoom

#### Minutes

6:00

Land acknowledgment and 4 ways test

6:05

- Guest speaker: City Councillor Catherine McKenney
- How to get involved in your community
  - Vote in your municipal elections
  - Ecology Ottawa
    - § Environment, climate action, transit
  - Alliance against homelessness
    - § Affordable housing
    - § Ottawa Housing Blitz
      - Take 100 people experiencing homelessness and match them with 100 landlords

6:37

- Shruti-Mental Health Initiative
  - o Partnering with Rotaract Ottawa South
  - Rotary action group and mental health initiative
  - Wellness box (toolkit to facilitate a mental health awareness program)
  - Requires online training (only a few hours)
  - We would deliver this program in high schools and youth groups before the district conference
  - Modules (ex; understanding depression, recognizing risk factors)
  - o If you're interested in this send a message to Shruti or Sarah
  - Meeting tomorrow (sept 28<sup>th</sup>) at 3 pm to learn more (message Shruti or Sarah for link)

6:42

- Anais-Halifax Helpers
  - Training is about 1 ½ hrs for conversation group
  - Tutoring for kids who have been affected by the pandemic
  - Conversation groups for new immigrants to practice English
    - § 1 hour a week
    - § 2 or 3 people from our club each week (rotating who goes every week)
  - Join slack channel #halifaxhelpers if you want to know more or participate

- Anais can present the training to us (okay if you can't make it, you can also do it online)
- o Will require a police check (Halifax Helpers will reimburse us)
  - § Do this as soon as you can if you're interested
- Planning to start project in sometime in October

### 6:50

- · Park clean up went great!
- · Rotary-Rotaract scavenger hunt starts Sept. 28th
  - o Find the locations and take a picture at them
- District conference Oct 16-18
  - o You can pick and choose the events you want to go to
  - Info in slack channel #Rotary
- Mira-fellowship
  - o Movie club for Rotaract every other month
  - o October movie is Corpse Bride
    - § On Starz (amazon prime)
    - § Rent on YouTube
    - § Can rent using cineplex app
- Download game on phone or non Mac laptop, AmongUs
  - o Could be fellowship or a fundraiser by donation

## 6:56

Happy Dollars

### 7:00

- · Committee meeting next Sunday!
- Meeting adjourns