

# Welcome to UMaine!!!

An electronic version of this schedule with links to event locations and registration forms can be found at <a href="https://umaine.edu/international/isss/students/orientation/">https://umaine.edu/international/isss/students/orientation/</a>

# **Office of International Programs Hours**

We are excited to meet and get to know our incoming students! We know that students will be arriving at different times throughout the week. If you arrive on your own we would appreciate it if you check in with us briefly soon after arrival. Please feel free to drop in during these hours.

300 Stodder Hall: Monday-Friday 8:00 am to 4:30 pm. Closed Monday, January 15, 2024, for holiday

### **Group Communication**

#### Join our UMaine International Whatsapp Group!

This group is a place where students can learn about opportunities offered on campus, International community events, and much more. If you'd like to join, please send your request to <a href="mailto:internationaladm@maine.edu">internationaladm@maine.edu</a> using your @maine.edu email and include your name, major, and your Whatsapp phone number (with country code).

#### **Urgent or Emergency Communications After Hours**

From **January 8-14**, if you need to get in touch with a staff member from the Office of International Programs when the office is closed, you can use the following methods of communication if you have an *emergency or urgent need*. We will try to respond to your communication as quickly as possible or within 90 minutes.

For Residence Hall lockouts or questions, call the University of Maine Campus Police and they will connect you to your Resident Assistant: 207-581-4040

For other *urgent* matters requiring a response from OIP:

Email <u>umaineimmigration@maine.edu</u>. This email box will be monitored Monday to Friday during Orientation until 9pm. During the weekend it will only be checked 1-2 times daily.

Call 207-581-4040 this is the University of Maine Police Dispatch Officer. The officer will take your name and number and forward the message to an OIP staff member.

#### **Arrival Details**

If you return your <u>arrival form</u> to OIP and arrive on the designated arrival day (January 9) between 8 am and 9 pm, you will be met by a UMaine representative at the airport, bus station or hotel who will assist you in getting to campus.

#### **Arrival and Move In**

#### **On-campus Residents:**

We will get you into your room as quickly as possible.

Bed linens and towels will be provided for the beginning of your stay but must be returned by the end of the first week of classes to your Resident Assistant (RA). You will have an opportunity to buy linens and towels during our shopping trip.

#### **Off-campus Residents:**

If you are renting a room off campus you should go directly to your rented room.

#### Meals

Breakfast and evening meals will be provided by OIP during the Orientation. Breakfast vouchers will be distributed for the Bears Den dining facility in the <u>Memorial Union</u>. You will receive your voucher at the orientation sessions each day. Evening meals will be provided during our orientation activities. *Please register for the activities indicated on the schedule so that we can plan accordingly.* 

Lunch is on your own. If you eat on campus, plan to spend anywhere between \$6.00 to \$12.00 depending on your food choices. More information about meal plans can be found at <a href="https://umaine.sodexomyway.com/">https://umaine.sodexomyway.com/</a>.

Dining facility hours during the orientation week are limited. <u>Check here for the winter break dining schedule.</u>

Please note that during the spring semester orientation we may have to make changes to the schedule due to inclement weather. We will post in the Whatsapp group and email you if we make any unexpected schedule changes.

# **Orientation Schedule January 9-12**

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### Tuesday, January 9

### 12:00 pm to 3:00 pm Multicultural Student Lounge Open, Memorial Union

Don't want to spend the afternoon alone in your room??? Meet up with new and current students in the Multicultural Student Lounge, 3rd floor, Memorial Union. Snacks and board games will be on hand, a big screen TV and friendly faces to greet you.

### 5:00 pm New International Student Social - 57 Stodder Hall

Join OIP staff, new students and returning students for a hot meal in 57 Stodder Hall. This is the kick-off for the official International Student Orientation program and a great way to meet one another in an informal setting before the Orientation program begins. We will assist attendees with rides home if you live in the Orono/Old Town area.

#### Wednesday, January 10

Due to inclement weather some campus services will be closed today. The Bears Den will not be serving meals. We will update students via email when we have more information.

Vouchers distributed by an OIP will be accepted at alternate dining locations.

9:30 am OIP Official Welcome- Please join us online at https://maine.zoom.us/j/88033941361

We will have a brief welcome from the OIP and IEI staff and the International Student Association Executive Board members.

# 10:00 am Adjusting to US Culture- Please join us online at <a href="https://maine.zoom.us/j/88033941361">https://maine.zoom.us/j/88033941361</a>

This session will be a follow up to our online pre-arrival session. You will hear from a panel of current and former students who have a wealth of experience navigating the social and academic culture in the US and they will be happy to share tips and answer questions.

#### 11:15 am Break

# 11:30 am - 12:30 pm Classroom Culture and Advising - Please join us online at <a href="https://maine.zoom.us/j/88033941361">https://maine.zoom.us/j/88033941361</a>

Learn what to expect in an American classroom and how to be successful in the US higher educational system. Topics will include the importance of academic integrity, working with your adviser and more.

#### 12:30 pm Lunch on your own (see information about meals above)

Please note that the Shopping Trip departure has been delayed by 1 hour.

## 3:00 pm Shopping Trip - Meet at Union Central, Memorial Union - Registration Required\*

Students will be transported to a local department/grocery store where they can buy sheets, blankets, school supplies, food items and other necessities for their first weeks of the semester. We will meet at Union Central which is on the main floor near the exit to the bus pick up area. Look for an area with a fireplace and piano.

# 5:30 pm Dinner at Orono House of Pizza (OHOP)

This will be our last stop on the shopping trip or you can meet us at OHOP- 154 Park St.

### REGISTER FOR SHOPPING AND DINNER AT- https://forms.gle/omaanmtvDqM18s9s9

# Thursday, January 11

# 8:30 am - 9:30 am Breakfast, Bears Den in the Memorial Union

Vouchers distributed by an OIP representative at the Bears Den entrance from 8:30 to 9:15 am. You can find a table in the dining room or come directly to the Bangor Room where the sessions will be held.

# 9:30 am - 11:00 am Academic and Student Services Activity, <u>Memorial Union</u> Bangor Room

#### **Union**

US universities offer a variety of academic support services that will help you to be successful in your academic pursuits. This fun, interactive activity will help you learn more about the academic support services offered at UMaine

#### 11:00 am Break

#### 11:15 am - 12:30 pm Campus Safety, Memorial Union Bangor Room

Congratulations! You picked one of the safest schools in the US. However, college life anywhere presents circumstances that might put you and your friends at risk. Learn how to be safe and stay safe on campus and in the surrounding communities.

#### 12:30 pm Lunch on your own (see meal information above)

#### 2:00 pm - 3:00 pm Library Resources Tour- Fogler Library, Union Entrance

UMaine's Fogler Library is the largest research library in Maine with a current collection of 3.1 million print and digital volumes. The library also provides access to more than 155,000 online serials and over 300 online databases. Your research success will depend upon this valuable resource. Members of the Fogler staff will provide an introduction to their services and help you to become familiar with the available resources.

### 3:30 pm - 5:00 pm Open Gym at the New Balance Recreation Center

Join Nick, our International Programming Graduate Assistant and other new and current students for some fun at UMaine's Recreation Center. Bring your UMaine ID (MaineCard) to enter or if you have not yet been issued your MaineCard bring another valid photo ID. You will need to complete a waiver form at the front desk before entering the facility.

# 5:30 pm- Dinner and Game Night- 57 Stodder Hall Registration Required\*

Join the staff of OIP and Winnifred, the International Student Liaison for the Graduate School for a light meal and a fun filled evening of board games and other entertaining activities.

**REGISTER AT-** https://forms.gle/cLSTHWz9tjRWwXwe8

# Friday, January 12

#### 8:30am - 9:30 am Breakfast, Bear's Den in the Memorial Union

Vouchers distributed by an OIP representative at the Bears Den entrance from 8:30 to 9:15 am. You can find a table in the dining room or come directly to the Bangor Room where the sessions will be held.

9:30 am to 11:00 am Welcome and MANDATORY IMMIGRATION CHECK IN -Memorial Union Bangor Room or join by Zoom at https://maine.zoom.us/j/84890001252

This MANDATORY session will tell you all you need to know about how you can maintain your legal status in the US. You will also receive instructions on how to do the check-in procedure and document upload via our e-OIP immigration portal.

This session is for students who have *arrived* in the US. If you have a delayed arrival we will hold a makeup session that you can join.

#### 11:00 am Break

# 11:15 am - 12:30 pm Helpful Campus Services and Wrap Up, <u>Memorial Union</u> Bangor Room

This session will offer information about UMaine Dining Services, Cutler Health Center and other vital services on campus. We will also offer final thoughts and answer remaining questions on any topic.

12:30 pm Lunch on your own (see meal information above)

# 2:15 pm - 3:00 pm Exchange and Visiting Student Information Session, <u>Stodder Hall</u>, OIP Conference Room

This session is a chance for the Exchange and Visiting students to meet with our Education Abroad advisers and to understand and discuss issues that are particular to our exchange and visiting student program.

4:00 pm - 5:00 pm Planetarium Show, <u>Versant Power Astronomy Center</u> - Registration Required\*

All new students and family members are invited to come to the Versant Power Astronomy Center to experience a journey through time and space.

**REGISTER AT-** https://forms.gle/yGYeCpYAkA8Ar5RK8

5:00 pm Dinner with OIP- The Wooley Community Room in DTAV- Registration Required\*

OIP will provide a light meal after the planetarium show. If you are NOT attending the show but would like to join us for dinner please register

REGISTER AT- https://forms.gle/gbioB7uGFqYwBZMZA IF YOU ARE ONLY JOINING FOR DINNER