

# CAHS Sports 2025-26



## Fall Sports: August - October

<b>Football</b> Coach: Josiah Cruz <a href="#">Email Coach Josiah</a>	<b>Girls Volleyball</b> Coach: Jen Hernandez <a href="#">Email Coach Jen</a>	<b>Cross Country</b> Coach: Grace Agyan-Hall <a href="#">Email Coach Grace</a>
<b>Girls Flag Football</b> Coach: Dan Salas <a href="#">Email Coach Dan</a>	<b>Boys Beach Volleyball</b> Coach: Ariel Milo <a href="#">Email Coach Ariel</a>	<b>Boys Water Polo</b> Coach: Bryce Sammons <a href="#">Email Coach Bryce</a>
<b>Girls Tennis</b> Coach: Mercedes Cadiz <a href="#">Email Coach Mercedes</a>	<b>Girls Golf</b> Coach: Daniel Taylor <a href="#">Email Coach Daniel</a>	<b>Sideline Cheer</b> Coach: Emily Sickels <a href="#">Email Coach Emily</a>

## Winter Sports: November - February

<b>Girls Soccer</b> Coach: Dan Salas <a href="#">Email Coach Dan</a>	<b>Girls Basketball</b> Coach: Dana Jones <a href="#">Email Coach Dana</a>	<b>Girls Water Polo</b> Coach: TBA Email Coach TBA
<b>Boys Soccer</b> Coach: Rony Argueta <a href="#">Email Coach Rony</a>	<b>Boys Basketball</b> Coach: Perry Young <a href="#">Email Coach Perry</a>	<b>Mountain Biking</b> Coach: Carrie Hammond <a href="#">Email Coach Carrie</a>
<b>eSports</b> Coach: Luke Stevers <a href="#">Email Coach Luke</a>		<b>Roller Hockey</b> Coach: Kelly Logan <a href="#">Email Coach Kelly</a>

## Spring Sports: February - May

<b>Baseball</b> Coach: Mike Shaw <a href="#">Email Coach Mike</a>	<b>Boys Volleyball</b> Coach: Ariel Milo <a href="#">Email Coach Ariel</a>	<b>Boys Lacrosse</b> Coach: Russ Cantu <a href="#">Email Coach Russ</a>
<b>Softball</b> Coach: Jim Coyle <a href="#">Email Coach Jim</a>	<b>Girls Beach Volleyball</b> Coach: Jen Hernandez <a href="#">Email Coach Jen</a>	<b>Girls Lacrosse</b> Coach: Kamryn Herrera <a href="#">Email Coach Kamryn</a>
<b>Track &amp; Field</b> Coach: Tye Smith <a href="#">Email Coach Tye</a>	<b>Swim &amp; Dive</b> Coach: Kate Rivas <a href="#">Email Coach Kate</a>	<b>Boys Tennis</b> Coach: Mercedes Cadiz <a href="#">Email Coach Mercedes</a>
<b>Boys Golf</b> Coach: Daniel Taylor <a href="#">Email Coach Daniel</a>		<b>Stunt Cheer</b> Coach: Niki Gutierrez <a href="#">Email Coach Niki</a>

# CAHS Sports 2025-26

## Athletic Clearance

No athlete will be allowed to participate in any sport tryout, practice, or event until they have completed the Athletic Clearance process and received an email confirmation. Acquiring a **CLEARED** status requires completing the online portion & attending a preparticipation physical evaluation (PPE) performed by a qualified healthcare provider (MD, DO, NP, PA).

Parents of new Caiman athletes will create an account and upload the necessary forms. Parents of returning Caiman athletes will renew/update their previous account and upload a new PPE/medical eligibility form or transfer last year's form if valid (within 365 days). Each student requires their own account & is responsible for keeping an updated profile. The physical you upload must be dated to last through the entire season you are participating in.

Note: A printed copy of your [Preparticipation Physical Evaluation \(PPE\)](#) needs to be taken to your doctor's appointment. Once completed & signed you will upload the Medical Eligibility Form (last page) to your Home Campus account. All athletic clearance paperwork should be uploaded digitally to Home Campus - we have gone 100% digital!

Click [HERE](#) to get started! Here are instructions to assist: [PDF](#) or [VIDEO](#).

**Athletic Clearances expire at the end of every school year.** Medical Eligibility expires 365 days from your previous physical (PPE) and it's your responsibility to upload/update the necessary form to maintain eligibility. If you need any help with this process please email our department at [athletics@classicalacademy.com](mailto:athletics@classicalacademy.com).

***If you are planning to participate in a Fall sport you need your athletic clearance application submitted with a physical uploaded by Monday, July 28th, 2025. Please get this completed as soon as you can! Earlier is better!***

## Caiman Way Dates

Link: [Caiman Way Dates](#)

## Caiman Sports Website

Head to [caimansports.com](http://caimansports.com) to see schedules, rosters, and news updates!

## Athletic Department Contacts

Athletics Team Email: [athletics@classicalacademy.com](mailto:athletics@classicalacademy.com)

Athletic Director: Josiah Cruz - [jcruz@classicalacademy.com](mailto:jcruz@classicalacademy.com)

Assistant Athletic Director: Kelly Marion - [kmarion@classicalacademy.com](mailto:kmarion@classicalacademy.com)

Assistant Athletic Director: Cody Warwick - [cwarwick@classicalacademy.com](mailto:cwarwick@classicalacademy.com)

Assistant Principal: Alex Boshaw - [aboshaw@classicalacademy.com](mailto:aboshaw@classicalacademy.com)