

英語面接 STARメソッド練習問題

質問1

Describe a time when you had to deal with a difficult customer.

ヒント:

- What was the task you had to accomplish in this situation?
- What actions did you take to address the situation?
- What was the result of your actions?

質問2

Tell me about a time when you had to work under pressure to meet a tight deadline.

ヒント:

- What was the task you had to complete within the tight deadline?
- What specific actions did you take to ensure the task was completed on time?
- What was the outcome of the project, and how did you feel about your performance?

質問3

Describe a situation where you had to work with a difficult colleague.

ヒント:

- What was the task you had to complete while working with this colleague?
- What specific steps did you take to improve your working relationship?
- What was the outcome of the project, and how did your relationship with the colleague change?

質問4

Tell me about a time when you had to make a difficult decision.

ヒント:

- What was the decision you had to make?
- What factors did you consider when making your decision?
- What was the outcome of your decision, and what did you learn from the experience?

質問5

Describe a time when you had to learn a new skill quickly.

ヒント:

- What was the skill you had to learn, and why was it important?
- What steps did you take to quickly acquire the new skill?
- What was the result of your efforts, and how did you feel about your performance?

質問6

Tell me about a time when you had to work with a team to achieve a common goal.

ヒント:

- What was the goal you and your team were trying to achieve?
- What specific steps did you take to contribute to the team's success?
- What was the outcome of the project, and what did you learn from the experience?

質問7

Describe a time when you had to manage multiple priorities and deadlines.

ヒント:

- What were the specific tasks or projects that you needed to manage?
- What steps did you take to prioritize and manage your workload?
- What was the outcome of your efforts, and how did you feel about your performance?

質問8

Tell me about a time when you had to adapt to change in the workplace.

ヒント:

- What was the change or situation that you needed to adapt to?
- What steps did you take to adjust and adapt to the change?
- What was the outcome of the situation, and what did you learn from it?

質問9

Describe a time when you had to take the initiative to solve a problem or improve a process.

ヒント:

- What was the specific issue or process that needed improvement?
- What steps did you take to identify and implement a solution?
- What was the outcome of your efforts, and how did it benefit the company or team?

質問10

How do you handle stress and pressure?

ヒント:

- Discuss a specific example of a time when you faced a high-pressure situation
- What steps did you take to manage your stress?
- What was the outcome of the situation, and what did you learn from it?

質問11

Describe a time when you worked effectively as part of a team.

ヒント:

- Talk about a specific project or initiative where you collaborated with others
- Mention your role and contributions
- What was the outcome of your efforts, and how did you feel about your performance?

質問12

Can you provide an example of a time when you demonstrated leadership skills?

ヒント:

- Share a situation where you took charge
- Describe the actions you took to lead the team or project
- Discuss the results or impact of your leadership

質問13

Tell me about a time when you failed and how you handled it.

ヒント:

- Share a specific failure or setback you experienced
- Discuss how you took responsibility
- What steps did you take to learn from it?
- What was the outcome of your efforts, and how did you feel about your growth?

質問14

Can you give an example of a time when you demonstrated creativity or innovation?

ヒント:

- Share a specific instance where you used creativity or innovation to solve a problem or improve a process
- Explain your approach
- Highlight the positive outcomes or benefits