



NCAR Sensei Network
Sensei Profile

Name:	Sima Sariaslani
Chapter/State/Time Zone:	Philadelphia & DC (EST)
School/Rank:	Sogetsu/Jonin Sanyo
Email:	simasariaslani@hotmail.com
Virtual/In-person/Both:	Both
Travel for Demos and Workshops (Y/N):	Yes
Kid/Youth programs (Y/N):	Yes
Additional Language:	English and Persian
Social Media/Website (optional):	https://sogetsu-sima-sariaslani.mystrikingly.com
Video example (optional):	https://youtu.be/Sik62W00kSI https://youtu.be/RfVqkvV6A0
Meet & Greet (optional):	Yes, just email me your phone number, dates and times so we can chat
Mentoring:	Yes
	<p>As a certified Sogetsu teacher, I have been teaching in person for many years, and via Zoom since the start of pandemic. I have performed demonstrations and workshops and have participated in exhibitions for more than 15 years. I use textbooks published by Sogetsu Headquarters for teaching students.</p> <p>In my Zoom sessions, we first read the lesson from the textbook. Then I show a video that I have made for the lesson. Students ask their questions before preparing their arrangements. I then critique each arrangement and suggest adjustments. Minor changes are made in the class. However, if modifications are extensive, students will do them offline and send me pictures via email for further critique. At the end of the class, I show the video for next week's lesson and answers students' questions. Students can also ask questions during the week by sending me emails. In classes with more than six students, I ask students to prepare their arrangements prior to the class to save time. Depending on the number of students, my classes take anywhere from 1.5 to 2 hours.</p>