The Graduate Management Admission Test (GMAT) is the world's most widely used graduate business school admissions test. It is administered by the Graduate Management Admission Council (GMAC) and is accepted by over 7,700 programs at more than 2,400 business schools globally.

In 2023, GMAC launched the GMAT Focus Edition — a modernized, streamlined version of the test designed to better reflect the skills needed in today's business world. It replaced the classic GMAT and is now the standard GMAT worldwide.

Why the GMAT Matters

- It is accepted by virtually all top MBA programs worldwide (Harvard, Wharton, INSEAD, ISB, etc.).
- A strong GMAT score can significantly strengthen your application and help you secure scholarships.
- It demonstrates your readiness for graduate-level business education.
- Many programs have a minimum GMAT score requirement for admission consideration.
- Your GMAT score is valid for 5 years, giving you flexibility in your application timeline.

GMAT vs. Classic GMAT

Feature	Classic GMAT	GMAT
Duration	3 hrs 7 min	2 hrs 15 min
Sections	4 (AWA, IR, Quant, Verbal)	3 (Quant, Verbal, Data Insights)
Geometry	Included	Removed
Sentence Correction	Included	Removed
Score Range	200–800	205–805
Review & Edit	Not allowed	Allowed within the section
Score Preview	Yes	Yes (accept/cancel)

Your Support System

You are not alone on this journey. Here is how to make the most of the support available to you:

Your Mentor - Tutor

- Reach out to your assigned coach for questions on strategy, study plan adjustments, and score analysis.
- Share your mock test scores and error log with your mentor regularly for personalized guidance.
- Schedule regular check-ins — weekly or bi-weekly — to track progress and address challenges early.
- At IMS, we have Myplans to connect with your mentors. (Access MyPage -> Myplan)
- Technical issues - write to IMS support.

Official GMAC Support

- For technical issues with your exam or registration: support.gmac.com
- For score reports and official materials: mba.com
- For test policies and accessibility accommodations: gmac.com

Balancing Work, Life, and Your GMAT Prep

While effective time management depends on your unique circumstances, the most successful approach is building a sustainable schedule. This involves identifying small, dedicated pockets of time within your daily routine and rigorously protecting them for focused study.

Always prioritize the quality of your preparation over the total number of hours. Consistent 30–60-minute sessions are far more effective than infrequent, exhaustive marathon study sessions.

To prevent burnout, it is essential to establish clear boundaries between your professional responsibilities, your studies, and your personal life. Maintain regular breaks and continue activities that support your well-being, such as exercise or connecting with friends and family.

Ultimately, achieving your target GMAT score is a result of long-term consistency rather than short-term intensity.

Best of luck on your GMAT journey!