

NORTHERN VALLEY CENTRAL PRESS APRIL 2024 NEWSLETTER

VALLEY REGIONAL PROGRAM HIGHLIGHTS THIS MONTH

Each program engages in a combination of academic instruction and community-based instruction. Look at some activities students have participated in over the past month!

Highlights of the Month:

This month we honored and celebrated Autism Awareness and Acceptance Month across all programs.



We hosted our first **Bring your child to work day** at VRP!



Valley Program - Harrington Park:

- Miss Esola's class enjoying a community experience trip.



- We learned about the solar eclipse.



- Hawaiian and sunglasses day to show our school spirit!



- We made cloud dough together in Social Skills!



- Learning about Earth Day in Miss Esola's Class.



- Working on our community skills!



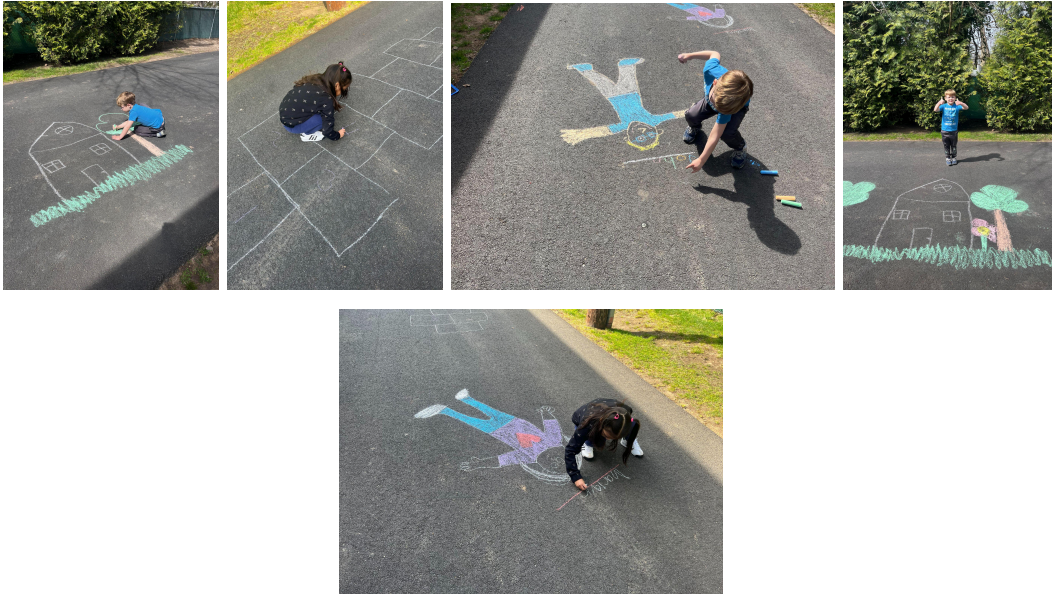
- Ms. Smith's class went on a spring nature scavenger hunt.



- Ms. Smith's class went on a community trip to Grants in Dumont!



- Ms. Woods took advantage of the nice weather and took OT outside to work on our skills!



- Ms. Smith's class finished their Earth Day unit by reading *The Lorax* by Dr. Seuss.



- In Ms. Bagnoli's class, students took a trip to the Apple Store to learn how to use Garageband! Students did a great job creating their own music independently. In April, students have also been maintaining their hydroponic plants and growing lettuce. They enjoyed learning about the solar eclipse and explored facts through a research project.



- Future engineers at work! 🚂 Building trains while mastering problem-solving, engineering, and teamwork skills. 🛠️🧑‍🎓 #STEMeducation
#TeamworkMakesTheDreamWork

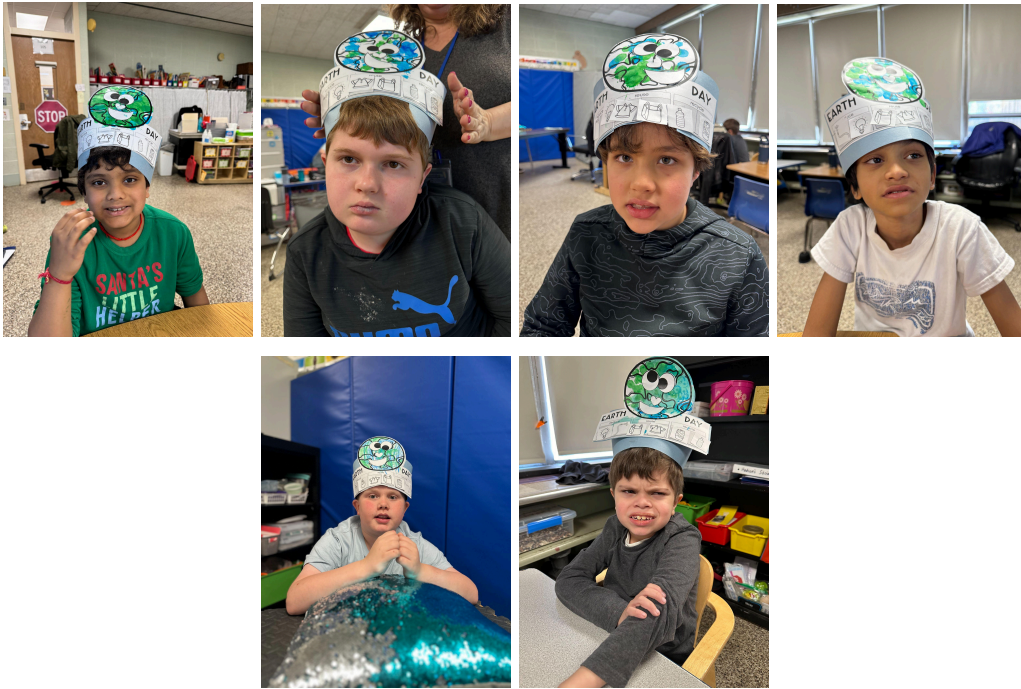


Valley Program - NVC:

- Had fun making a fruit caterpillar in OT/Speech group!



- Ms. Cheyenne's class talked about recycling and made hats for Earth Day!



- Worked on sharing materials in Ms. Cheyenne's class!



- Miss Maria's class did a great job following along while Miss Maria read *Going To The Doctor*.



- After learning about going to the doctor for a check-up, Miss Maria's class had fun pretending to be a doctor!



- Miss Maria's little shoppers!



- We had fun learning about dental hygiene!



- Miss Maria's Class had fun planting seeds for Earth Day!



- Once Upon A Time....Ms. Liz's Little Tots class learned all about fairy tales.



- Ms. Lisa's Class loved their visit with the therapy dogs today.



- Celebrating Bring Your Child to Work Day in Ms. Lisa's class.



- Ms. Laura's class went to the Metropolitan Farm.



- Ms. Marissa's class learned about planting and watering seeds!



- Ms. Marissa's class enjoying a visit from the therapy dogs.



- Working in the garden!



- Bring your child to work day!



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- Enjoying new additions to the Rec Room.



- Shopping at Wegmans!



- Special guest visitor in APE!



- Kickball in Ms. Ashley's class.

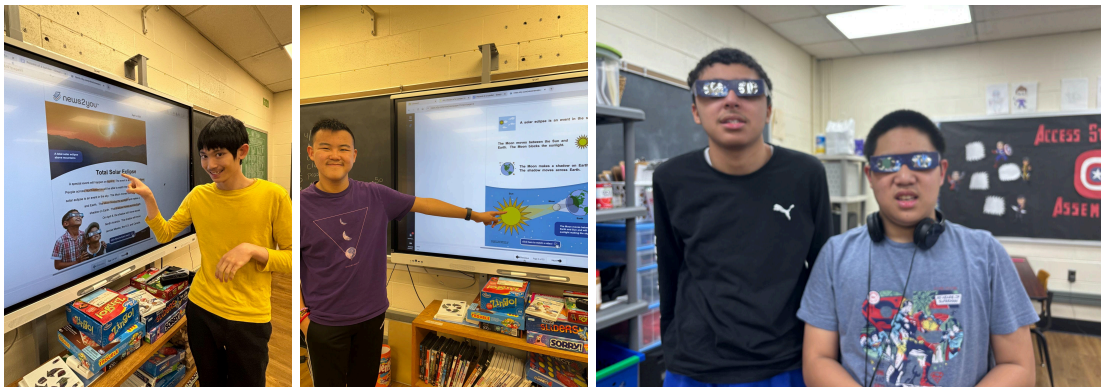


- Fun in APE with Ms. Jillian's class.



NVD ACCESS:

- Mrs. St. Laurent's Class learns about the Solar Eclipse.



Valley TIP:

- Mrs. Restituyo's Class is playing charades together for Fun Friday with the help of Ms. Brianna!



Summit Voyagers:

- Voyagers wearing blue to celebrate Autism Acceptance Month!



- Voyagers worked on preparing fresh herbs from the garden.



- Getting ready for spring planting.



- ACCESS Popcorn Fundraiser for the Valley Prom!



Health Office News:

- Is it an Allergy or Cold?

Allergies, Cold, Flu or COVID-19 Virus?				
Here's how to tell the difference between allergy symptoms and the novel 2019 Coronavirus.				
Symptoms	ALLERGIES	COLD	INFLUENZA	COVID-19
Symptoms begin	Gradually	Gradually	Abruptly	Within 14 days of exposure
Symptoms last	Allergy season	4 – 10 days	5 – 7 days	Varies by Person
Body aches	—	✓	✓	Sometimes
Chills	—	Less Common	✓	Sometimes
Dry cough	✓	✓	✓	✓
Exposure to germs	—	✓	✓	✓
Fatigue/Weakness	Sometimes	✓	✓	✓
Fever	—	Less Common	✓	✓
Headaches	✓	Less Common	✓	Sometimes
Itchy eyes	✓	—	—	—
Nasal Congestion	✓	✓	✓	Less Common
Nausea/Vomiting/Diarrhea	—	Sometimes	Sometimes	Sometimes
New loss of taste or smell	Sometimes	Sometimes	Sometimes	✓
Repeated shaking with chills	—	Sometimes	Sometimes	Sometimes
Runny nose	✓	✓	✓	Less Common
Sneeze	✓	✓	✓	Sometimes
Sore throat	Sometimes	✓	✓	Sometimes
Shortness of breath	Sometimes	Less Common	✓	✓
Symptoms get worse	—	—	✓	✓

Think You Have COVID-19?
 Stay home and away from others • Monitor symptoms • Rest • Cover coughs and sneezes •
 Wash hands with soap and water often • Treat symptoms

Contact your doctor if you have a fever, cough, difficulty breathing or existing chronic disease.

njhealth.org
 1.877.CALLNJH (1.877.225.5654)
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 Current as of 4/30/2020

National Jewish Health
 Breathing Science is Life.

Date Reminders:

- VRP Art Show at NVC- May 16, 2024; 4:30-6:45 PM
- PTO meeting immediately after!

Parent Resources:

- Please see the annual emergency preparedness checkup for Autism and Special Needs families by clicking the link below.

<https://www.september26.org/>