

## 2022-2023 HIGHLIGHTS for JH/HS ATHLETIC TEAMS!

### FALL SPORTS SEASON:

#### GIRLS SOCCER:

Girls finished 1<sup>st</sup> in league, 2<sup>nd</sup> in Districts, and made it to the **TOP 8 in State!**

The girls won their first round game in State against Crosspoint, but then lost a close 1-2 defeat against the #1 seeded team, Kalama.

- **18-3 Record Overall**
- Claire Wickman- 8<sup>th</sup> grader won WIAA ATHLETE OF THE WEEK.
- TEAM G.P.A. was 3.409- WIAA Distinguished Team Award
- All-league awards listed above for fall high school athletes.
- Coaches: Toby Rainbow and Chad Bowman

#### 2<sup>nd</sup> Team All-League:

- Kyla Riddle- Soccer
- Paityn Kyle- Soccer

#### 1<sup>st</sup> Team All-League:

- Claire Wichman- Soccer
- Makenzie Ritchie- Soccer
- Addy Fazio- Soccer
- Georgia Crockett- Soccer
- Madelyn Chaney- Soccer- Goalie

#### High School Cross Country:

- 8 boys and 5 girls competed this year in high school cross country!
- All-league awards listed above for fall high school athletes.
- Team GPA for the girls- 3.725- WIAA Distinguished Scholastic Award
- Team GPA for the boys- 3.368- WIAA Distinguished Scholastic Award

#### 3 ATHLETES competed in State!

- Nate Pranter-12<sup>th</sup>
- Ben Graham- 12<sup>th</sup>
- Allie Robertson- 9<sup>th</sup> grader- **Allie finished 5<sup>th</sup> on the podium!**

**Cross Country King's Cross Invite:** Ben Graham WON the King's Invite for the SECOND YEAR IN A ROW! No other NWCS boy has ever won this invite. This puts him as 9<sup>th</sup> on the senior all time list. Girls' team was 3<sup>rd</sup> overall at the King's Invite. Allie Robertson placed 3<sup>rd</sup> of 72 and ranked 9<sup>th</sup> overall on the freshman girl's all-time list.

Head Coach: Brenda Chase.

Assistants: Juston Demke, Jamie Lake, Cody Taylor.

### **1st Team All-League:**

- Allie Robertson- Cross Country
- Nate Pranter- Cross Country

## **HIGH SCHOOL VOLLEYBALL:**

- The girls finished 7<sup>th</sup> in league and made it to the top 8 in Districts.
- **Team GPA- 3.913- WIAA OUTSTANDING Academic Award**
- **All-league awards listed above for fall high school athletes.**
- Head Coach: Dave Whitehead
- Assistants: Taci Van Leuven-Riddle, Ashlynn Smith

### **2<sup>nd</sup> Team All-League:** Morgan Barnett- Volleyball

## **HIGH SCHOOL FOOTBALL:**

- Football had a High School Varsity and Junior Varsity team this year!
- **3.249 Varsity Team GPA- Washington Distinguished Scholastic Award**
- Football finished 4<sup>th</sup> in the league!
- They had a big crossover football game win against Manson (41-0).
- **All-league awards listed above for fall high school athletes.**
- Head Coach: Marshall Hart
- JV Coach/Assist Varsity- Chris Waters
- Assistants: Aaron Spuler, Andrew O'Conner, Jon Perry, Larry Hart, Ron Jensen, Creghton Jarman, Sawyer Petre.

### **2<sup>nd</sup> Team All-League:**

- Hunter Lindsey- Football- Offensive Lineman
- Emmett McLaughlin- Football- Defensive Back
- Sam Young- Football- Linebacker

### **1st Team All-League:**

- Jacob Bell- Football- Punter

## JUNIOR HIGH SPORTS:

- We have 3 Junior High Fall Sports: XC, Volleyball, and 8-man football

### Junior High Volleyball:

- There were 3 JH volleyball teams this year! Varsity, JV, and C team!
- Varsity team went 7-2
- JV team went 9-0 and were undefeated!
- C team went 5-1
- Head Coach: Emily Slade / Assistant Coach: Kelsey Ward

### Junior High Cross Country:

- 8 boys turned out for JH XC
- 4 girls turned out for JH XC
- Eli Vliestra, an 8<sup>th</sup> grader, took 1<sup>st</sup> place in four different meets!
- JH Boys took 2<sup>nd</sup> place in league championships.
- Head Coach: Jamie Lake / Assistant: Cody Taylor

### Junior High Football:

- Team went UNDEFEATED and finished 1<sup>st</sup> in league.
- 6-0 Record
- Head Coach: Dan Ferguson
- Assistants: Jacob Klingensmith, Scott Ferguson, Craig McConnell.

## WINTER SPORTS SEASON:

### High School Boys Basketball:

- Coaches: Aaron Spuler, Matt Clark, Nolan Burns, Mark Williams
- Overall Team G.P.A.- 3.121- Distinguished Academic Award
- Boys finished 2nd in league this year
- 2-1 in Districts
- Won Crossover Regional Game vs Liberty Bell
- **Made it to the SEMI FINAL ROUND and were the TOP 8 teams in State!**

- **ASHER WEST**- ESN Sports Network 2nd Team All Tournament State Basketball
- **AVI WEST** (Center in the photo with the 1000 point ball) scored over a **1000 points** in his season so far as a sophomore!!!

#### **All League Honors for Boys' Basketball:**

- 2nd Team All League Honors: **Asher West and Nate Clark**
- 1st Team All League Honors: **Avi West**
- Special Honor: Selected for Basketball Showcase to the Denny Humphry/Jack-Blair Memorial All-Star Game- **Avi West**

#### **High School Girls Basketball:**

- Coaches: Geoff Tibbetts, Kevin Mulligan, Rosie McClain
- Team G.P.A.- 3.491 Distinguished Academic Award
- 2nd in League this year
- 3-1 in Districts
- Won Crossover Regional Game vs Tonasket
- **Made it to the TOP 12 teams in State!**

#### **All League Honors for Girls' Basketball:**

- 2nd Team All League Honors: **Paisley Cox and Georgia Crockett**
- 1st Team All League Honors: **Makenzie Richie**

#### **HS WRESTLING:**

- Coaches: Abraham Rocha, Tanner Bauman, Jacob Klingensmith
- Overall Team G.P.A.- 3.155- Distinguished Academic Award
- **WSWCA Academic Award- All State Honorable Mention- Joel Phillips**
- We had 10 High School Wrestlers this year!

### **Five of our wrestlers advanced to Wrestling Regionals!**

- Sam Young
- Jaxson Hamilton- 5th Place
- Aiden Indahl-6th Place
- Joel Phillips-5th Place
- Nakoa Rocha- 4th Place (State Alternate Qualifier)

(Unfortunately, Wyatt Waterbly & Mike Bauman were not able to continue to do injuries)

### **Congratulations to Nakoa for being a State Alternate Qualifier at State!**

### **HIGH SCHOOL CHEER:**

Cheer earned a 4<sup>th</sup> place trophy for Cheer at the end of the camp championships, another trophy for their dance, two blue ribbons at routine evaluations, and a Spirit Award for squad spirit!

### **HS BAND:**

**Our band students competed at the SFMEA Solo and Ensemble Competition.**

#### **Ratings:**

Josh Mathison - Superior

Silas Newton - Excellent

Justin Patrick - Excellent

Katie Coriell - Excellent

Berlin Galbavy - Excellent

Nathaniel Barker- Excellent

Geneva Barker - Excellent

NWCS Percussion Ensemble - Excellent

### Junior High Girls' Basketball:

- Coaches: Tim Hasen & Aunalee Whitman
- Junior High Varsity was 7-3
- Junior High JV was 8-1
- 18 Girls played!

### Junior High Boys' Basketball:

- Coaches: Tim Hasen & Jon Perry
- Junior High Varsity boys finished 3-7.
- Junior High JV finished 8-2.
- 20 boys played!

## SPRING SPORTS SEASON:

### HIGH SCHOOL BOYS' SOCCER:

- **1st in League!** (12-0 undefeated in league play)
- **1st in Districts!** (District Champions 2-0 in District Play)
- Boys' soccer team made it to the **State Play-offs!**
- **Boys won their first round of State vs Life Christian Academy!**
- **Boys lost their second round of State to Montesano HS (0-1)**
- 15-5 Overall Record thru State Play-offs
- Captains: Josiah Popa, Ben Kinsel, Seum Lee

TEAM G.P.A. was 3.137- WIAA Distinguished Academic Team Award

Coaches: Jacob Weaver, Payton Gray, Toby Rainbow

### 2022-2023 All State Honors:

1st Team:

- Forward- Ethan Jones
- Goalkeeper-Michael Siemens

2nd Team:

- Defender-Ben Kinsel
- Defender-Elijah Friedly

Honorable Mention:

- Lincoln Crockett

## **NEA Boys Soccer All-League Awards**

Offensive MVP	Lincoln Crocket
All League Forward	Ethan Jones
All League Defense	Elijah Friedly
All League Defense	Joisah Popa
All League Midfielder	Seum Lee
All League Goalie	Michael Siemens
Co-Coach of the Year	Jacob Weaver

## **2023 BOYS BASEBALL:**

- **2nd Place in League** (9-3 Record in league, 12-4 Overall Regular Season)
- **2nd Place in Districts** (1-1 in Districts) (13-5 Overall)
- **Made it to State Play-Offs!**
- Won first game in State to Ilwaco 2-0.
- Lost 2nd game in State to Brewster 2-8.
- 14-6 Overall Record including State Play-offs.

**TEAM G.P.A. was 3.186- WIAA Distinguished Academic Team Award**

Coaches: Dan Ferguson, Chris Waters, Geoff Tibbetts

## **All-League Awards!**

1st Team Pitcher-	Jacob Bell
1st Team Infielder-	Ryan Waters
1st Team Outfielder-	Emmett McLaughlin
2nd Team Catcher-	Zach Wing
2nd Team Pitcher-	Kaden Van Dyke

## **HIGH SCHOOL GIRLS' SOFTBALL:**

- **1st Place in League** (Co-Champions with Colfax)
- 14-2 League Record and 16-3 Overall in League
- **Won the District Championship**
- **Made it to the State Play-offs in Yakima!**
- **The softball team made it to the top 8 teams in State!**
- **Overall Record 21-5!**

TEAM G.P.A. was 3.741- WIAA Outstanding Academic Team Award

WIAA Athlete of the Week: Kaityln Waters

- 2nd Team- Katie Coriell
- 1st Team- Mackenzie Ritchie
- 1st Team- Abi Iverson
- 1st Team- Kaitlyn Waters
- Assistant Coach of the Year- Kaylee Arizmendi

Coaches: Ashlynn Smith, Kaylee Arizmendi, Mattea Nelson

### **HIGH SCHOOL GOLF:**

We had 15 golfers this year! (10 boys and 5 girls)

Coaches: Jeff Gullikson and Adam Gaines

TEAM G.P.A. was 3.18- WIAA Distinguished Academic Team Award

### **GOLFERS who Qualified for SUB-DISTRICTS:**

Dan Harrington  
Michael Culbertson  
Ayden Hardenbrook  
Trevin Patterson  
Gianna Harrington  
Ahyra Robins

### **GOLFERS who Qualified for DISTRICTS:**

Dan Harrington  
Gianna Harrington  
Ahyra Robins

### **GOLFERS who Qualified for STATE:**

Dan Harrington  
Ahyra Robins (2nd alternate for girl)

**Dan Harrington won 1st in STATE! 2B Boy's Golf State Champion!**

### **All-League Awards:**

All-League-Player of the Year- Dan Harrington  
All-League Player- Gianna Harrington



## **HIGH SCHOOL TRACK & FIELD:**

29 Track Participants this year! (15 boys and 14 girls)

BOYS TEAM G.P.A. was 3.189- WIAA Distinguished Academic Team Award

GIRLS TEAM G.P.A. was 3.821- WIAA Outstanding Academic Team Award

### **Congratulations to the 21 Track Athletes who made it to Regionals (May 19-20)**

- Barker, Geneva
- Barker, Natalie
- Barker, Nathaniel
- Blandi, Kaiya
- Clark, Jalan
- Davis, Hannah
- Dimmel, Elouise
- Fazio, Addy
- Graham Ben (Injured)
- Lamecker, Hayden
- Lamecker, Kale
- Meyer, Isabel
- Mirante, Audra
- Mitchell, Elizabeth
- Pitini, Eden
- Robertson, Allie
- Scott, Tristen
- Shamblin, Colby
- Stelly, Addy
- Vliestra, Eli
- West, Avi

### **Congratulations to the Track Athletes who Made it to STATE. (May 25-27)**

- Barker, Natalie- 4 x 100 relay
- Clark, Jalan- High Jump, Long Jump
- Davis, Hannah- Pole Vault, Alternate for 4 x 100 relay
- Dimmel, Elouise- 4 x 100 relay
- Fazio, Addy- 4 x 100 relay
- Pitini, Eden- 4 x 100 relay
- Robertson, Allie- 800m
- Shamblin, Colby- Javelin
- Stelly, Addy- Alternate for 4 x 100 relay
- West, Avi- High Jump

### **HIGHLIGHTS FROM STATE TRACK:**

#### **Athletes who made it to the Podium (Top 8 finishers):**

- **Colby Shamblin won 1st in Boy's Javelin for 2B Boys! STATE CHAMPION!** Colby threw 166.3" and this was a PR for him too.
- **Allie Robertson won 4th Place in 800m.** It was also a PR for her (2:27.28)
- **Hannah Davis won 8th place for the 2B Girls Pole Vault!**

#### **The rest of the track team did an amazing job competing and finishing strong!**

- Jalan Clark finished 9th in high jump with a jump of 5'10"
- Avi West finished 10th in high jump with a jump of 5'8"
- Relay team competed well (Eden Pitini, Elouise Dimmel, Natalie Barker, Addison Fazio, Alternate- Addy Stelly) 11th fastest time overall. 2nd best time (54.78)
- Jalan Clark finished 15th in the Boy's Long jump with a jump of 18'3".

#### **Junior High Girls' Softball:**

- There were 11 girls who played JH softball this year!
- Coach: Kelsey Draine
- The girls' record was 5-4-1 (5 wins, 4 losses, and 1 tie)

#### **Junior High Boys' Baseball:**

- There were 21 boys who played JH baseball this year!
- Coaches: Scott Ferguson, Craig McConnell
- The JV boys' record was: 2-4-1 tie.
- The Varsity boys' record was 5-2.

## SPRING K-6th Teams:

What a great spring with a plethora of K-6th NWC Athletic Teams!

Thank you to all of our amazing spring coaches and participants!

We had 11 soccer teams and 4 baseball teams!

Athletic Director-	Beth Wing <a href="mailto:bwing@nwcs.org">bwing@nwcs.org</a>	<a href="mailto:bwing@nwcs.org">bwing@nwcs.org</a>
Elementary Assistant-	Mandy <del>Rettedal</del>	<a href="mailto:mrettedal@nwcs.org">mrettedal@nwcs.org</a>
U6/U7 BOYS	Leslie Lloyd - <a href="mailto:lloyd@nwcs.org">lloyd@nwcs.org</a>	
U8 BOYS	<del>Sandu Codreanu</del> - <a href="mailto:lyubacodreanu@gmail.com">lyubacodreanu@gmail.com</a>	
U8 BOYS	Assist Nick <del>Wisnor</del>	
U9 BOYS	John Proffitt- <a href="mailto:johnproffitt3@gmail.com">johnproffitt3@gmail.com</a>	
U9 BOYS	Assist Mike Pea	
U7 GIRLS	Alan Jones- <a href="mailto:alanjones17construction@gmail.com">alanjones17construction@gmail.com</a>	
U7 GIRLS	Brian Stenberg- <a href="mailto:bstenberg@nwcs.org">bstenberg@nwcs.org</a>	
U9 GIRLS	Mike Pea- <a href="mailto:Mjpeaiii@gmail.com">Mjpeaiii@gmail.com</a>	
U9 GIRLS	Brian Stenberg- <a href="mailto:bstenberg@nwcs.org">bstenberg@nwcs.org</a>	
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