

# **PIERCING POLICY**

REVIEWED: JANUARY 2026

Name of organisation: BIRKENHEAD COMETS CHEER

Designated person(s): Jodie Stott,

## **JEWELLERY IS NOT ALLOWED FOR TRAINING AT BCC**

### **EAR PIERCING**

- All earrings must be removed for training
- When ears are freshly pierced, ONE pair of stud earrings may be taped up for the 6 week healing period. Once that period has ended the earrings must be removed for all activities.

### **BELLY PIERCING**

Either:

1. The piercing is removed for all stunting/conditioning activity at cheer

Or:

2. Athletes may keep their piercing in but they must
  - a. wear a gymnastic leotard of their choice, which is
    - i. tightly fit to the body and
    - ii. Is a one piece that fastens / goes under the body
  - b. Have a waiver signed by the parents stating that:
    - i. Birkenhead Comets Cheer (BCC) is not liable for any injury resulting from an athlete wearing a belly piercing at cheer.
    - ii. Athletes are not covered under the insurance policy for any injury relating to their belly piercing
    - iii. Every competition company has a policy where NO piercings are allowed to be worn, and athletes will need to removed it in order to compete

**ALL OTHER PIERCINGS ARE NOT PERMITTED OR ACCOMMODATED AND MUST BE REMOVED.**

[\*\*PIERCING WAIVER FORM\*\*](#)